

DECEMBER UPDATES

WE are ready for any blizzard or snow storm. Our fleet of trucks are ready to plow even in the most harsh weather that Connecticut may have this winter. Our commercial snow plowing service is ready for your call any time of the day or night to get your parking lots and sidewalks clean! We provide full service snow removal, on or off site.

WE ALSO SALT!

ISSUE 16

HOLIDAY WISH

In warm appreciation of your business during the past year, we extend our very best wishes for a happy holiday season and our sincere thanks for your loyalty and goodwill throughout the year!



WE ARE...

 Locally Owned and Operated Since 1912

ALL US A

• Reliable

860

• Dependable Insured

WE PROVIDE...

- Professional and Friendly Service
- Personalized Services
- Competitive Rates

The Scoop ^{on} Shoveling Safety

* Snow shoveling is no different than any other physical activity. If you are physically unable to shovel consider hiring someone to perform snow removal for you.

- * Warm up before starting, start slowly, work at a steady pace, take frequent breaks, and stay hydrated.
- Choose a small shovel, it is better to push the snow when possible.
- Stand with your feet apart slightly and bend your knees as you lift.
- Wear multiple layers for insulation and to guard against frostbite.
- * Shovel often as the snow falls. SNOW CAN BE HEAVY!
- * Take a hot shower when you are done.

