



An affiliate of The Arc of Connecticut, and
The Arc of The United States

Mission:

The Arc of Quinebaug Valley, Inc. is a nonprofit human service agency committed to supporting individuals (and their families) with intellectual, developmental and other life affecting disabilities.

The Arc provides opportunities through advocacy and supports for work, play, and education so each person experiences personal growth, dignity, respect, choice, and greater independence to live life to its fullest.



"My husband and I are very proud of our son. Since working with The Arc, his confidence has sky-rocketed. He is proud of his accomplishments and loves the friends he has made."

-- Anonymous Parent

Other Programs Offered by The Education Services Department...

Extended Day & Year Programs :

- Social Skills Training
- Community Experiences
- Daily Living Skills
- Functional Academics
- Exercise Program

Educational Resource Program:

- Individualized classrooms
- In-school support staff

Circles of Support

- Facilitate creation and implementation

Disability Awareness Training

- Trainings for volunteers, school peers and others.

Other Programs Offered by The Arc...

Employment Programs Include:

- Individual Placement
- Group Supported Employment
- Bureau of Rehabilitation Services (BRS)
- Self Employment Initiative

Residential Services:

- Establishes safe homes suitable to a person's needs and desires.



Come visit our participant
operated businesses
The Arc Emporium
on Main St. in Putnam

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-or-

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Education Services



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www.qvarc.org

Achieve with us.

Guidance, Respect, and Opportunity With community, Team, and Heart!

The Arc of Quinebaug Valley, founded in 1952, is a nonprofit, human service agency committed to supporting individuals with intellectual and developmental disabilities.

A greater challenge ...

Local school systems, the Department of Children and Families, and the Department of Developmental Services have expressed concern over the need for increased educational supports for children with disabilities in our area.

In response...

In 2006, The Arc of Quinebaug Valley designed a new component to the services they have offered for decades. The multi-layered department known as Educational Services addresses the individualized needs of our children and young adults diagnosed with developmental disabilities and autism.

Guiding Principles...

- To practice inclusion and interdependence
- To promote worthiness, capacity, and gifts
- To communicate respectfully
- To build strong community partnerships
- To promote self advocacy, awareness, and individuality

"This program has changed my son's life. I have seen many positive changes in him. He tells me he feels appreciated, needed and loved, and to him that acceptance has made all the difference" - Ms. Vanessa Leandry

Everyone has the potential to learn...

The Young Adult Transition Program offers



Young Adult Transition Program

students, families, and schools, the forum to develop skills to succeed in the world post-formal education. The individualized program is designed in conjunction with The Arc, the student, the family, and their school aligning with the student's Individual Education Plan (IEP). The Young Adult Transition program has strong focuses on:

- Vocational Experiences and Competitive employment skill training
- Social Skill Training and Development
- Community involvement, Mentoring, and Positive Relationship Building
- Life Skills, independent living skills, and healthy living programs
- Functional Academics
- Self Advocacy

Working relationships with: Licensed Behaviorist, Physical Therapist, Speech Therapist, and Music Therapist! Just to name a few!

The Arc provides:

Our experiences show that students learn best in natural settings. The Arc teaches workplace readiness skills in structured work environments. Students build relationships in their own communities at work placements and vocational exploration programs. The Arc provides 1:1 job coaching and on-site job skill assessments.

Job Skills

Social Skills

A lack of understanding of social cues and knowledge of social rules can be the biggest challenge for our students in reaching their potential beyond their school years. With the team, we identify 3 or 4 social skills and develop them through out every activity. Our students are always striving to put out a good image in the community

Life Skills

Students learn safety skills in natural settings under close supervision. Students also work on skills to increase their independence. Students partake in cooking lessons in our fully stocked kitchen, are coached on and practice personal hygiene, as well as participate in healthy living programs that include individualized daily exercise plans. Students work on managing money with bi-weekly paychecks and have supervised access to community shopping experiences. All students have daily chores that

Self Advocacy

replicate home settings.

Every student is encouraged to advocate for themselves. Staff foster student's self awareness and are inspired to explore their interests and individuality.

