

The Arc Quinebaug Valley has been helping people with intellectual, developmental, and other life-affecting disabilities lead happier, healthier, and more fulfilling lives for more than 60 years.

Across the country, The Arc has more than 140,000 members and 700 State and Local Chapters. The Arc is the nation's 9th largest charity, providing services including: Health Care, Education, Family Guidance, Employment Preparation, Independent Living Skills, Training, Recreation, and Residential Services.

The Arc is one of the top non-profits serving the needs of individuals with disabilities.

- The Arc Quinebaug Valley provides services to about 170 individuals with life-affecting disabilities per year.
- The Arc employs approximately 200 people in Northeastern Connecticut, and contributes \$3.5 million in wages to the local economy. More than 61 percent of our employees are women and 7 percent are minorities.
- A Connecticut household must earn \$48,619 to afford a two-bedroom rental, according to the Southeastern Connecticut Housing Alliance. Starting wages at The Arc are \$11 per hour, or \$22,880 per year, just 47% of the wage needed.
- There is a public transportation route in Northeastern Connecticut for people who use wheelchairs or have mobility issues. It does not provide door to door transport so people must get to a bus stop on the fixed route or live within three quarters of a mile of the fixed route. If qualified, there is a door to door service which operates on a medical priority basis, so individuals who may need a ride to work can be bumped from day to day.
- In 2012, The Arc drove more than 594,000 miles to transport people to their jobs, day programs, and other activities such as medical appointments, errands, and recreational activities. Transportation costs exceeded \$332,400, the vast majority for which The Arc was not reimbursed.

Achieve with us.

Our Goal: \$20,000

Your support will help The Arc maintain and grow programs that have a direct impact on the lives of individuals and families. As the State of Connecticut continues to privatize its services, The Arc must be prepared to provide for the needs of our citizens with disabilities.

"Our success is measured by the quality of services we provide and the smiles on the faces of the many wonderful people who entrust us with their precious commodity: the people they love."

Gene Michael Deary, President of the Board of Directors



In Memory of Terry Chambers

Terry was a dad who believed in providing a "whatever it takes" approach. We must assure that every person has the resources and opportunities they need to reach their greatest potential.

He advocated strongly for this organization both as a member of the Board of Directors and in the community at large. He was also Chairperson of the Facilities Action Team, It was Terry's dream to create a positive, nurturing environment where all could feel safe, have choices of meaningful activities, and to fulfill their goals and dreams.

With this year's Giving Appeal, The Arc is proud to honor Terry and all the families who have worked tirelessly for more than 60 years to provide equal opportunities on behalf of their children.

Our Services

Education: Through contracts with area schools, supports are aligned with a student's IEP (Individualized Education Plan) to teach Life Skills and Social Development. Programs for students ages 3-21 years old include Extended Day, Extended Year and Young Adult Transition Program.



Employment Services: Supports

include career exploration, interviewing skills and job training. Pre-employment training includes the development of work skills and positive interpersonal relationship building. The program includes individual placement, group supported employment and a partnership with Lowe's and Rite Aid Distribution Centers.



Retirement Services: Integrated with The Quinebaug Valley Senior Center, seniors have the opportunity to be with friends, participate in local events, and be included in community life. Daily scheduled activities offer new challenges and a sense of fulfillment and enjoyment.

<u>Day Services:</u> Supports provide opportunities for individuals to learn a variety of work skills and develop social skills through participation in the community. Our programs are located in Chaplin and Danielson.

Residential: Assists individuals and families in creating a safe home environment suitable to a person's needs. We help people develop skills needed to become active members of their community. The Arc offers group homes, individual family support and supported living.

Quinebaug Valley Self-Advocacy Group: Self-Advocacy is people with disabilities speaking up for themselves. This group, which meets the fourth Wednesday of every month, helps to teach people how to find their voice.



Campaign Chairpersons

Ron and Donna Coderre of Putnam return as the General Chairpersons for The Arc Quinebaug Valley 2013-2014 Giving Appeal. Last year the couple led the campaign for the first time and was moved by the generosity of the community in its support of The Arc and its programs. Well known as community volunteers for years throughout Northeastern Connecticut, they are anxious to assist once again with The Arc's philanthropic endeavors.

"As General Chairpersons
last year we attended a variety of programs and functions at The Arc. We were moved by the spirit and commitment of the participants and staff. It's comforting to know that our area is fortunate to have quality programs to care for the needs of individuals with developmental disabilities," said Mr. and Mrs. Coderre.

Donna Coderre has been employed at Day Kimball Hospital as a certified cardiology technologist for more than 35 years. She's involved in numerous activities with St. Mary Church and has worked on fundraising efforts for Habitat for Humanity. Donna also serves as a member of the Board of Directors of the Westcott—Wilcox Home in Danielson. In her spare time she enjoys reading and playing golf. Donna is a member of Phi Theta Kappa Honor Society at Quinebaug Valley Community College.

Ron Coderre is the President and Principal of RPC Associates, LLC of Putnam, where he consults on fundraising matters to non-profit organizations and provides marketing services to a number of area businesses and municipal agencies. He's a graduate of Assumption College in Worcester, where he earned advanced degrees in rehabilitation counseling. Mr. Coderre spent 26 years of his professional life as the Vice President for Philanthropy at Day Kimball Hospital. He's a past president of the Putnam Rotary Club, Northeastern Connecticut Chamber of Commerce, and Putnam Business Association.

"It's an honor to work with the energetic team at The Arc Quinebaug Valley as we embark on this important campaign. We've recruited a group of enthusiastic individuals who are volunteering to move this year's campaign to the next level. The support we received last year was uplifting and we look forward to greater success this year," said Mr. and Mrs. Coderre.

As General Chairpersons of the Giving Appeal, Ron and Donna promise to be very active again in ensuring the success of the agency's fundraising efforts.

Our Mission Statement

The Arc Quinebaug Valley, Inc. is a nonprofit human service agency committed to supporting individuals (and their families) with intellectual, developmental, and other life-affecting disabilities. The Arc provides opportunities through advocacy and supports for work, play, and education so each person experiences personal growth, dignity, respect, choice, and greater independence to live life to its fullest.



Evan at his work study at Aubuchon Hardware

"I can't begin to express the difference The Arc Quinebaug Valley has made in my son Evan's life. They have provided experiences that expanded his social skills and job training opportunities. His personality has blossomed and his vocabulary has doubled. He is beginning to understand that he has options and that *all* his choices matter. That's much to be proud of in less than two years.

If you ask Evan he will say he enjoys the birthday parties, shooting hoops, and making friends. I can honestly say that I have found partners who care as much as I do that Evan leads the richest life possible."

Lisa Hennessey, Proud Mother of Evan

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Quinebaug Valley

Achieve with us.



Strengthening Families and Community

A LIFELINE of Hope For Individuals with Life-Affecting Disabilities

Goal: \$20,000

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