

Our Professional Staff...



Empowers—builds self-esteem
Educates—advocacy and human rights
Provides—person centered supports
Promotes—health and wellness

Did you Know...?

The Arc Quinebaug Valley has been helping people with intellectual, developmental and other life-affecting disabilities lead happier, healthier and more fulfilling lives for more than 60 years.

Across the country, The Arc has more than 140,000 members and 700 State and Local Chapters. The Arc is the nation's 9th largest charity, providing services including: **Health Care, Education, Family Guidance, Employment Preparation, Independent Living Skills, Training, Recreation and Residential Services.**

The Arc's Advocacy Initiatives influence legislation, policies and funding. The nation's three top rating organizations: Philanthropedia, BBB/Wise Giving Alliance and the American Institute on Philanthropy have chosen **The Arc as one of the top non-profits serving the needs of individuals with disabilities.**

- **7 million** of our most vulnerable Americans have been hardest hit by economic strain
- **1 million** families are on a waiting list for services
- **62%** of caregivers report a decrease in services
- Local services are in danger of closing as more cuts are being proposed

Statistics: 2011 Family and Individual Needs for Disability Support Survey.

Achieve with us.

Education



- Mentoring
- Extended Year
- Ages 3-21 years old
- Extended Day
- Young Adult Transition program

~ Through contracts with area schools, supports are aligned with students' IEP (Individualized Education Plan) to teach Life Skills & Social Development

Residential



- Group Homes
- Individual Family Support
- Supported Living

~ Assists individuals and families in creating a safe home environment suitable to a person's needs. We help people develop skills needed to become active members of their Community.

Employment Services

- Individual Placement
- Rehabilitation Services
- Group Supported Employment
- Employment Network—Ticket to Work program
- Partnership with Lowe's and Rite Aid Distribution Centers



~ Supports include career exploration, interviewing skills and job training. Pre-employment training includes the development of work skills and positive interpersonal relationship building.

Retirement Services

Integrated with The Quinebaug Valley Senior Center, seniors have the opportunity to be with friends, participate in local events, and be included in community life. Daily scheduled activities offer new challenges and a sense of fulfillment and enjoyment.



Day Services



- Group Supported Activities
- Community Involvement
- Social skills Development
- Locations in Chaplin and Danielson

~ Supports provide opportunities for individuals to learn a variety of work skills and develop social skills through participation in the community.

Quinebaug Valley Self-Advocacy Group

Self-Advocacy is people with disabilities speaking up for themselves. This group, which meets the fourth Wednesday of every month, helps to teach people how to find their voice.



Jamie Lazaroff
Self-Advocate
Coordinator

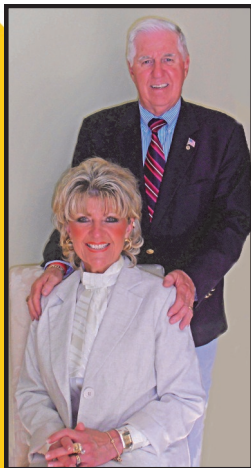
Ron and Donna Coderre of Putnam join The Arc Quinebaug Valley as the Annual Giving General Chairpersons for 2012-2013. Well-known as community activists for years in Northeastern Connecticut, they are anxious to assist with The Arc's philanthropic endeavors.

Donna Coderre has been employed at Day Kimball Hospital in the cardiology department as a cardiology technologist for more than 35 years. She has been involved in numerous activities with St. Mary Church and has worked on fundraising efforts on behalf of Habitat for Humanity. Donna also serves as a member of the Board of Directors of the Westcott-Wilcox Home in Danielson. In her spare time she enjoys reading and playing golf. Donna is a member of Phi Theta Kappa Honor society at Quinebaug Valley Community College.

Ron Coderre is the President and Principal of RPC Associates, LLC of Putnam, where he consults to local non-profits and provides marketing services to a number of local businesses and municipal agencies. He is a graduate of Assumption College in Worcester. He spent 26 years of his professional life as the Vice President for Philanthropy at Day Kimball Hospital. Ron is a past president of the Putnam Rotary Club, Northeastern Connecticut Chamber of Commerce and Putnam Business Association.

"We've been involved with The Arc Quinebaug Valley for many years. We admire the programs and personnel of the agency for the much needed services they provide to individuals with life-affecting disabilities, which they serve. It's an honor to be part of this energetic team as we embark on this important campaign," said Mr. and Mrs. Coderre.

As General Chairpersons of the Annual Campaign, Ron and Donna look forward to being very active in ensuring the success of the agency's fundraising efforts.



Our Mission Statement

The Arc of Quinebaug Valley, Inc. is a nonprofit human service agency committed to supporting individuals (and their families) with intellectual, developmental and other life-affecting disabilities. The Arc provides opportunities through advocacy and supports for work, play, and education so each person experiences personal growth, dignity, respect, choice and greater independence to live life to its fullest.



Erika and Lisa Salvias, of Putnam.

"Our daughter, Erika, has benefitted tremendously from the services that The Arc provides. The dedicated and professional staff and planning according to the individual's needs is certainly the foundation of this very successful and well-established program. The Arc makes positive experiences for our daughter and other individuals with disabilities in our community."

Our Board of Directors

President: Gene Michael Deary

Vice President: Jeffrey Rawson

Treasurer: Joshua Peach

Secretary: Mary Ellen Snyder

Directors: Keith Aubin, Francis Bousquet, Pamela Brown, Terence Chambers, Gary Cote, Julie Ann Dupont, Susan Johnston, Thomas Masso, Jason St. Onge.


The Arc™
Quinebaug Valley
Achieve with us.

60 Years of Excellence



**Improving Lives through Service,
Learning and Community**

**A LIFELINE of Hope
For Individuals and Families with
Life-Affecting Disabilities**

Goal: \$20,000

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