



An affiliate of The Arc of Connecticut, and
The Arc of The United States

Mission:

The Arc of Quinebaug Valley, Inc. is a nonprofit human service agency committed to supporting individuals (and their families) with intellectual, developmental and other life affecting disabilities.

The Arc provides opportunities through advocacy and supports for work, play, and education so each person experiences personal growth, dignity, respect, choice, and greater independence to live life to its fullest.



"My husband and I are very proud of our son. Since working with The Arc, his confidence has sky-rocketed. He is proud of his accomplishments and loves the friends he has made."

-- Anonymous Parent

Other Programs Offered by The Education Services Department...

Extended Year Programs :

- Social Skills Training
- Community Experiences
- Daily Living Skills
- Functional Academics
- Exercise Program

Young Adult Transition Programs:

- Vocational Experiences
- Competitive employment skill training
- Social Skill Training
- Community involvement
- Activities of Daily Living
- Functional Academics

Educational Resource Program:

- Individualized classrooms
- In-school support staff

Circles of Support

- Facilitate creation and implementation
- **Disability Awareness Training**
- Trainings for volunteers, school peers and others.



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Extended Day Programs



Education Services



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Achieve with us.

Learning Tools for a Successful Tomorrow, Today...

The Arc of Quinebaug Valley, founded in 1952, is a nonprofit, human service agency committed to supporting individuals with intellectual and developmental disabilities.

A greater challenge ...

Local school systems, the Department of Children and Families, and the Department of Developmental Services have expressed concern over the need for increased educational supports for children with disabilities in our area.

In response...

In 2006, The Arc of Quinebaug Valley designed a new component to the services they have offered for decades. The multi-layered department known as Educational Services addresses the individualized needs of our children and young adults diagnosed with developmental disabilities and autism.

"The staff at The Arc has always worked cooperatively with our school and specifically with me and students in my class who attend Arc's Extended Day Program. We frequently communicate by email and phone, and an Arc representative attends all relevant school meetings. Working cooperatively with homework, and following through with IEP goals regarding social skills and independent living skills " — Sandra Kelley, Special Education Teacher



Extended Day Program

Because there isn't enough time in a (school) day...

The extended day program offers students, families, and schools, the forum to develop skills to succeed in the classroom, community and at home. The individualized program is designed in conjunction with The Arc, the student, the family, and their school aligning with the student's Individual Education Plan (IEP). The extended day program has strong focuses on:

- Social Skills Development
- Mentoring and Relationship Building
- Community and Personal Safety Skills
- Life Skills and Activities of Daily Living

Working relationships with: Licensed Behaviorist, Physical Therapist, Speech Therapist, and Music Therapist! Just to name a few!

What do we do?

Our experience has shown that a lack of understanding of social cues and knowledge of social rules can be the biggest challenge for our students in reaching their potential. With the team, we identify 3 or 4 social skills and develop them through out every activity.

Social Skills

The Arc has established relationships with local schools and use any opportunity that presents it's self to use peer mentors. Students are introduced to more opportunities with peer interaction.

Friends

We support students in their own communities and back at their schools so they can take part in sports, clubs, dances, and any other programs that interest or benefit the student and increase their inclusion.

Inclusion

Students learn how to be safe and responsible members of their community. Students practice community safety skills in natural settings under close supervision. Students also work on skills to increase their independence. Students practice life skills in a calm environment. No chore is too big or small.

Life Skills