

# **X TUESDAY TOPICS**

**First Tuesday of the month**

**September – June**

**at Slater Library**

**September 6<sup>th</sup>**

## **Dog Listener – Pat Wright**

Learn how to bring your dog peace and solve the problem of unwanted behaviors. Pat has studied across the world with experts in her field as well as time in the wild studying wolf behaviors. Some topics discussed are pulling on the lead, jumping up, aggression, separation anxiety, and excessive barking. (6 – 8pm)

**October 4<sup>th</sup>**

## **Breaking Branches Pictures presents: The making of “Slaterville:**

**America’s first Mill Village.”** Now in production, this two-part documentary is being produced and directed by Slaterville native, Christian de Rezendes. Slaterville is located in the Town of north Smithfield, Rhode Island. Research for the Jewett City/Norwich portion of this two-century long story brought him right here to our library, which was built from a trust in the name of John Fox Slater in 1884. (6:30)

**November 1<sup>st</sup>**

## **The Life & Legacy of Prudence Crandall: Local heroine, Educator and**

**Abolitionist** A Presentation by the Museum Curator, Kaz Kozlowski, and museum docent, Kendall Smith. Ms. Smith is the author and illustrator of an upcoming book based on the story of one African-American student who attended Crandall’s Academy. (6:30pm)

## **December 6<sup>th</sup>**

**Angels Among Us: an evening with Spirit.** Begin your holiday with a message from the angels. Join spiritual Intuitive, Jeanne Zuzel, for a wonderful evening of joy and discovery. Hear about angels and their presence in your life. All participants will receive a brief angel reading, if they wish, at the end of the presentation. (6:30)

## **January 3<sup>rd</sup> (2017)**

**Introduction to Holistic Weight Management:** Are you tired of yo-yo dieting and struggling to reduce your weight? If you answered yes, then join Holistic Nurse, Jeanne Zuzel R.N., MA, for an introduction to Holistic Weight Management. Learn about simple lifestyle changes that can ease your weight-loss journey and improve your overall health and well-being. (6:30)

## **February 7<sup>th</sup>**

**Andy & Judy, a folk duo with Heart!** Spend the evening tapping your toes with a loved one or the whole family! They write, compose and perform together with spectacularly captivating harmonies. Experience the sounds of the guitar, banjo and mandolin mixing behind stunning vocals and lyrics that will warm your heart on a cold winter evening. Gather everyone together and join us by the “fire” for this incredible event. (6:30pm)

## **March 7<sup>th</sup>**

**Aroma Therapy – the Therapeutic use of Essential Oils:** presented by Margaret Blumie, consultant/practitioner from “Here’s to Your Health!” Bring the beautiful fragrances of nature in to your home and reap the rewards of using genuine essential oils vs. the manufactured scents found in most common air fresheners and candles. Learn about the benefits of pure oils, where to get them and how to best use them in your home to promote good health for you and your family! All who pre-register will receive a free sample of Essential Oil to try at home. (6:30pm)

**April 4<sup>th</sup>**

**Clutter Control: a process not an event!** Take a new look at Spring Cleaning with Dave Downs. We all have Stuff! Why do we acquire and save more possessions than we need? What happens when our stuff starts to own us? Why can't we just throw things away? Dave explores the many reasons that our drawers and closets are bulging in an upbeat, entertaining program that offers solutions! (6:30 pm)

**May 2<sup>nd</sup>**

**Sustainable Backyard Gardens:** presented by Master Gardener, Margaret Blumie. Learn about the most recent "Hot Topics" in local horticulture. Get reliable information and resources for solutions to your gardening challenges. Hear about the role invasive species play and how they affect our ecosystem. Discover the best plants for a healthy New England and a carefree garden.

**June 6<sup>th</sup> the Big Finish!! (to be announced)**

**Pre-register and leave your number to get a reminder**

**call Slater Library at (860)376-0024**

**or stop in at 26 Main Street, Jewett City**