

# The Lisbon Quarterly

A Newsletter for Lisbon Residents



## Volunteers Wanted....

If you are a hard working enthusiastic, team player, the Recreation Committee needs you. Please forward a letter of interest to the attention of the Town of Recreation Committee, 1 Newent Road, Lisbon, Connecticut, 06351.

## Connecticut Trails Day 2018

For the fourth year, in conjunction with CT Trails Day, the Lisbon Recreation Committee will be sponsoring a "trail clean-up" as we continue to further rehabilitate the trails of Lisbon Meadows Park. Please wear appropriate attire for working outside in the woods (long sleeved shirt, pants, boots, water). Wheelbarrows, shovels and metal rakes are welcome!

The Boys of Summer are Back!!! Boston Red Sox vs Tampa Bay Rays Bus Trip - 8/19/18. See flyer on page 6 for more information.

Chad Johnson, Chair.

## LHS Quarterly Notes

By Kim Sperry

Grant season is here and we are pleased to announce that The 1772 Foundation, in partnership with the Connecticut Trust, has awarded Lisbon Historical Society \$10,000 for repairs to the foundation, sills, and framing at the Burnham Tavern. This is a matching grant so we will continue to fundraise through can and bottle redemption, bake sales and donations.

During a winter storm, the hay barn at Burnham Tavern collapsed. A crew of LHS volunteers, led by Ken Mahler, hauled away the rotten barn boards and asphalt shingles to a waiting dumpster. Buried under the old hay bales, which were not salvageable, we discovered

what looks like a late 1800s to early 1900s leather and brass tack for a horse plow. Before the modern foundation for the old barn is removed, we will conduct an archeological survey of the area.

**Save the Date:** June begins the summer open house program at the John Bishop House museum. We plan to open every Saturday from 9 a.m. to 1 p.m. Stop in for a guided tour whenever the open flags are posted. The Anshei Israel Synagogue is open by request; call Paula Adams, 860-887-8052 to make an appointment. See LHS Notes Pg. 3

## Lisbon Shooting Stars

By Karen Washington, Sr. Coordinator

The Shooting Stars is the support organization for the Lisbon Senior Center. Over the years it has purchased various tables and chairs, two pool tables (which it also maintains), a refrigerator and dishwasher, several television sets, sports equipment, craft supplies, etc. It also paid for minor building modifications like the built-in bookcases in the library. This is the sponsoring group for the day and overnight trips and luncheon outings. It subsidizes special meal events like the annual holiday gathering in December and activities with neighboring senior centers. Five monetary awards are presented every year to members of the graduating class of Lisbon Central School.

In order to accomplish all of this, several yearly fund raisers are planned and held. For many years there was a semiannual and then annual yard sale. This has given way to a semiannual craft fair. The first one was held at the beginning of May and the next one is

planned for the beginning of November and will include the highly successful pen turning event and quilt show. The students at Lisbon Central School look forward to the Christmas craft sale where they can purchase handmade items for gift giving. See page 3

## Bugs and Insects

By Marcia Shafer, Town Historian

Colonists who came to America by ships spent weeks and months on the ship with no means of refrigeration of fruits, vegetables, and meats. They also had no way of preventing illness or diseases due to very tight living quarters aboard the ship. They also had to share space with the animals they were bringing to the new world. Some of the illnesses were caused by insects produced from decaying food and animal carriers.

I speak of weevils, flies, mosquitos, body lice, fleas and cockroaches. Many of these existed in the time of dinosaurs and still exist today and there are more species than ever before. Most of these insects crawl or fly or have a host who carries them around. Most of them are looking for food sources-be they food, human, or pet hosts. See Bugs pg. 3

## Slate Library Programs:

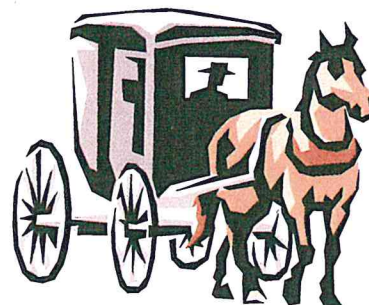
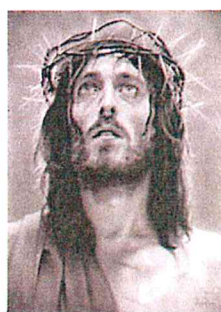
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The Lisbon Senior Center presents.....

## JESUS is COMING to Lancaster, PA!

The amazing story of the Greatest Man that ever walked the Earth! We have already locked in excellent Orchestra Seating and the best Hotels in all of Lancaster County. This once in a lifetime performance will be the biggest Biblical Show ever to hit the stage at the Sight & Sound Theatre. Please Book your 2018 Amish Country trip as soon as possible, as this new show is sure to SELL OUT!

**3 Day Tour - June 5-7, 2018 2 SHOWS!**



### Package Includes:

- Roundtrip Deluxe Motor Coach
- 2 Nights at the lovely Eden Resort of Lancaster
- 2 Breakfast Buffets at the Hotel
- Smorgasbord Dinner at the famous Millers (#1 Dinner)
- Family Style at Amish Hometown Kitchen (#2 Dinner)
- Reserved Orchestra Seats for the Biblical Show "JESUS" at the amazing Sight Sound Theater
- American Music Theatre "Songs from the Silver Screen"
- Guided Amish Country Farmland Tour - Country Surprise and a visit to Eli's Roadside Stand for Pretzels & Root Beer
- Kitchen Kettle Village Shops (Jams, Relish & Cheese)
- Bird in Hand Farmers Market
- Shady Maple Complex
- Baggage Handling & Tax
- Driver's Gratuities

Musical  
Theatre



**\$415.** Double Occupan-  
cy

**\$395 Triple** Single \$545

DEPOSIT of \$50 per person  
is due at SIGN UP

Balance is due: May 7, 2018

Cancellation Protection  
is a option and available for:

**For more information:**  
**Karen Washington**  
**at (860) 376-2329**



AMERICAN  
MUSIC  
THEATRE

SIGHT & SOUND THEATRES

**2 SHOWS!**

**DEPARTS 8:15 a.m.**  
**Lisbon Senior Center**  
**11 Newent Road**  
**Lisbon, CT**  
**Returns at 7:30 p.m.**



#### LHS Notes from Page 1

**Wanted: New Members!** The Lisbon Historical Society's success is contingent upon the dedication of our members. We are a 501(c) 3 nonprofit volunteer organization; part of our mission is to promote an interest and foster appreciation of the rich history and culture of the town of Lisbon, and we are stewards of three important town owned properties. New members learn and teach open hearth cooking and 19<sup>th</sup> century living at the John Bishop House Museum. Burnham Tavern provides an education in restoration and 18<sup>th</sup> century tavern life. Opportunities exist to put your administrative talents to use as we elect officers to fill the positions of President, Vice President, Treasurer, and Secretary annually. Every winter we host a bash to thank our members and others who support us throughout the year. At \$5.00 a year, membership dues make it possible for everyone to sign on. Come to a business meeting on the second Friday of the month in the Lisbon Town Hall, 7:00 p.m. Call President Paula Adams at 860-887-8052 to talk membership, or chat with us at the can and bottle shed if you are curious about membership.

Many thanks go out to contributors to our can and bottle redemption program. Ken Mahler, who administers and organizes the can and bottle program, says that as long as CT is somewhere on the label, the bottle, or can is redeemable. Poland Springs water bottles with the red strip around the label, Gatorade, Snapple, tea beverages, wine bottles, plastic milk jugs, and all others that do not have CT in the list of states are recyclable and should be disposed of in your home blue bin for weekly pickup. Additionally, it is impossible for the bar code readers at the redemption centers to process crushed aluminum

cans and plastic bottles. We do our best to pop bottles back in to shape but those we cannot, and the crushed cans, subsequently end up in the recycling bins and over the year that amounts to a lot of lost nickels.

Keep abreast on upcoming events, open houses, cooking classes, and Burnham Tavern updates by visiting our Facebook page.

#### Shooting Stars from Page 1

As with many organizations in this day and age, the active membership is going down. The craft making sessions and monthly meetings are being attended by fewer and fewer people. If you feel the work of the Shooting Stars is worthwhile won't you consider attending one of our meetings? They are held after lunch (approximately 12:30) on the second Wednesday of each month. A new meeting format is being tried out – a round-table discussion type rather than an organized formal head table. We are also in desperate need of a recording secretary to take notes at both the Executive Board and general membership meetings.

It is always best to make your suggestions, ideas and criticisms known at a meeting so they can be properly considered. Please come and join us. We're a friendly bunch!

#### Senior Center Activities June - August

June 5<sup>th</sup> - American Chop Suey Lunch Special  
June 8<sup>th</sup> - Movie Day "The Help"  
June 13<sup>th</sup> - Birthday Cake  
June 15<sup>th</sup> - Paint-a-Long  
June 19<sup>th</sup> - Lighthouse Cruise  
June 21<sup>st</sup> - Summer Breakfast  
July 2<sup>nd</sup> - RED CROSS BLOOD DRIVE  
July 7<sup>th</sup> - Theater by the Sea "Mamma Mia!"  
July 13<sup>th</sup> - Birthday Cake

July 13<sup>th</sup> - Movie "Beauty and the Beast"

July 18<sup>th</sup> - Luau

July 20<sup>th</sup> - Paint-a-Long

July 26<sup>th</sup> - Senior Day at the Farmers Market

July 31<sup>st</sup> - Ham & Swiss on Croissant Lunch Special

August 2<sup>nd</sup> - Bushnell Theater Trip "The Lion King"

August 7<sup>th</sup> - HuKeLau Trip

August 10<sup>th</sup> - Senior Expo - Griswold Middle School

August 10<sup>th</sup> - Movie Day (TAB)

August 14<sup>th</sup> - Aqua Turf - Jimmy Mazz

August 17<sup>th</sup> - Paint-a-Long

August 29<sup>th</sup> - Picnic

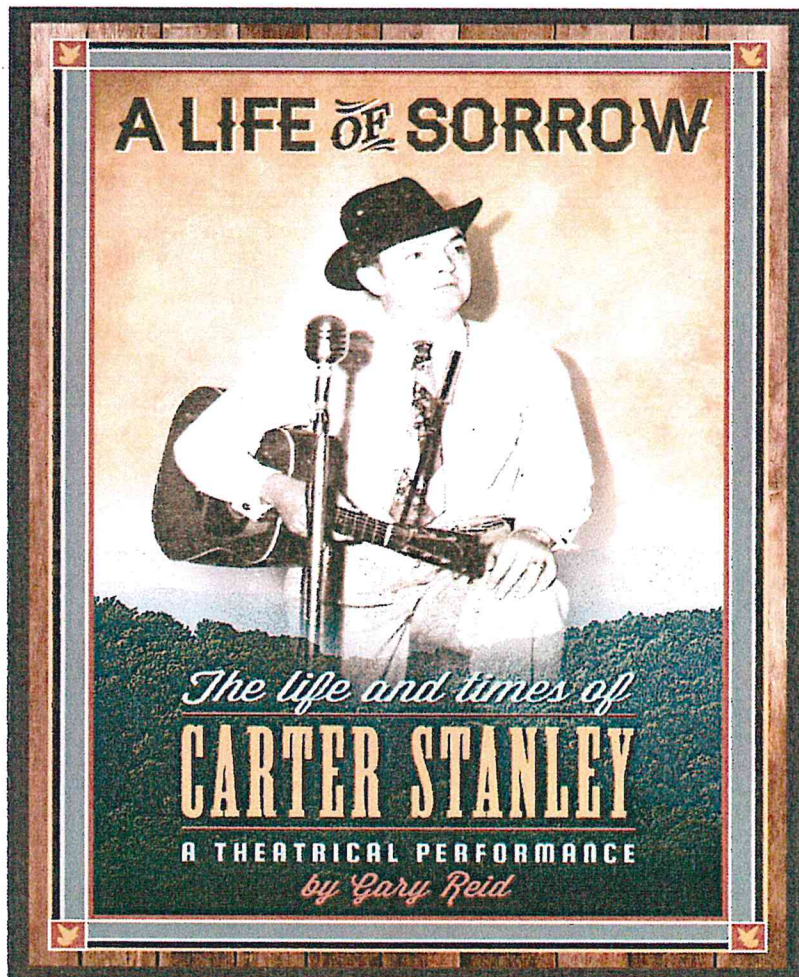
Call Karen Washington, Senior Coordinator/Municipal Agent, at 860-376-2329 at 860-376-2329 for more information or to sign up for a trip or activity.

#### Bugs from Page 1

Flour is a common source of weevils which are small reddish brown beetles that may be able to fly. They can lay a few eggs a day for months so it will be difficult to clean up and get rid of them. In reading about them, it is recommended to monitor flour, cereal, grains, crackers, spices, and herbs, dried pasta, dried fruit, chocolate, candy, nuts, dried peas and beans. The best way to decrease the risks of this pest is to store the foods listed in hard, air tight containers.

Along these same lines the cockroach which can cause allergic reactions, trigger asthma attacks, and spread 33 kinds of bacteria including E. coli and salmonella. They can live almost a month without food and 2 weeks without water. They also can live up to a week without their head. There are about 4,000 species of cockroaches and 70 of these species are in the United States. See Page 8





This Adult/Teen program is brought to you as the last of our Tuesday Topic Program for the 2017/18 season. Sign up now to reserve your seat for The Life and Times of Stanley Carter and add your e-mail address to be the first on the list for future programs!

**June 5, 2018**  
**6:30 – 7:30pm**  
**at Slater Library**

Join us as  
**Gary Reid**  
brings this  
legend to life  
in a Theatrical  
Performance  
you don't  
want to miss!



Slater Library  
26 Main St. Jewett City  
860-376-0024

## Press Release

What: Theatrical performance – *A Life of Sorrow, the Life and Times of Carter Stanley*

When: Tuesday, June 5, 2018 @ 6:30 PM

Where: Slater Library, 26 Main St, Jewett City, CT 06351

Additional info: 860-376-0024 or <http://sites.google.com/site/slaterlibrary/>

Cost: FREE

The Slater Library of Jewett City, Connecticut, is hosting a performance of a one-man play called *A Life of Sorrow, the Life and Times of Carter Stanley*. The presentation will be the finale for the library's September to June 2017/2018 season.

For the uninitiated, Carter Stanley was an expressive singer and songwriter. As the front man for the legendary Stanley Brothers duo, he spent the best 20 years of his life pounding the pavement to take his gift to anyone who would listen. By 1966, he was tired. But... he had a story to tell!

Raised in the coalfields of Appalachia during the hardscrabble days of the Great Depression, the bright lights of a country stage raised the hairs on the back of a 10-year-old's neck! He had found his calling! A decade later, his musical expression of choice was a new phenomenon known to many as the high lonesome sound... what would come to be known the world over as bluegrass. Tormented by a parent's adolescent rejection... frustrated by the lack of commercial success -- still he held to his dream. He played the music, he wrote the songs, and ultimately... he self-destructed. *A Life of Sorrow* is the story of one man's musical journey. From the Clinch Mountains of Virginia, around the world, and back home again.

*A Life of Sorrow* is the creation of Roanoke, Virginia, actor Gary Reid. A bluegrass enthusiast and historian for over 40 years, he is regarded as the foremost authority on the music of the Stanley Brothers. In 2009, Reid conceived the idea of putting together a one-man show about Carter Stanley. To that end, he took two semesters of acting at Virginia Western Community College and has since appeared in more than 60 productions and events at regional community theatres as an actor, producer, and stage manager and has appeared in several short films and commercials. He was the second place finalist at the 2015 Sounds of the Mountains storytelling competition in Fincastle, Virginia. Launched in September 2014, *A Life of Sorrow* has enjoyed 43 performances at theaters, festivals, libraries, and museums in ten different states. Reid is excited to bringing the program to his hometown theater!

In addition to his theatrical endeavors, Reid is also a published author. After many years of research, his book *The Music of the Stanley Brothers* is now available! It traces Carter and Ralph Stanley's prolific 20-year recording history. Also noteworthy is Reid's work with Fred Bartenstein on *The Bluegrass Hall of Fame Inductee Biographies* book which earned a 2015 ARSC Award for Excellence in Historical Recorded Sound Research. For his work on both publications, Reid was the 2015 recipient for the International Bluegrass Music Association's Print/Media Person of the Year award.

As a long-time fan of the music of Carter and Ralph Stanley, Reid has spent years collecting memorabilia of the brothers and has all of their single and album releases as well as some 80 hours of live recordings and close to 500 photos. But, he says, "Can you ever have too much?" Reid enjoys meeting and talking with fans who knew or saw the Stanley Brothers in years gone by, and encourages them to bring photos to the show and share.

**"People need to see this!"** ... Roddy Moore, producer of the Blue Ridge Folklife Festival, Ferrum, Virginia.



**THE BOYS OF SUMMER ARE BACK!!!**



**BOSTON RED SOX VS TAMPA BAY RAYS  
BUS TRIP**

**(Sponsored by the Lisbon Recreation Committee)**

**SUNDAY, August 19, 2018, Time 1:35pm**

**Seats are in the Bleacher section 43, rows 8-13**

**Get your Tickets Early, First Come, First Served!!!**

**All tickets must be paid in full at time of reservation. Limited Tickets available!**

**Be aware this trip sells out FAST!!!!!!**

**Tickets are \$ 65.00/per person**

**(Tickets available to Lisbon Residents and their guests only through 7/15/18)**

**Motor Coach will leave Lisbon Meadows Park at 9:30am**

**and will arrive at Fenway Park at around 11:15 am.**

**The motor coach will leave 30 minutes after the final out.**

**Make Checks Payable to LISBON RECREATION**

**Please enclose the names and addresses of persons attending (required) along with your  
Contact number, email, and a check made out to Lisbon Rec. and mail to:**

**LISBON RECREATION COMMITTEE c/o LISBON TOWN HALL**

**RE: Red Sox Bus Trip**

**1 NEWENT ROAD – LISBON, CT 06351**

**ATTN: JAMES SYNOTT**

**Call: 860-822-1676 or Email [JimSynott@comcast.net](mailto:JimSynott@comcast.net) with questions**

# CThumanities a special Book Voyagers

## *ScienceTellers presents:*



### **The Wild West: The Mystery of the Golden Piano**

Grab your spurs and journey with us to the Wild West, where a legendary bank-robbing outlaw is back in town, about to strike again! After the Sheriff mysteriously vanishes, two young kids must saddle up to foil the heist. Discover how a mysterious piano plays an “instrumental” part in solving the crime.

**DATE:** Saturday, June 30, 2018

**TIME:** 11:00am

**PLACE:** **Slater Library**  
26 Main Street  
Jewett City, CT 06351  
(860) 376-0024



**NewAlliance Foundation**



CAROLYN FOUNDATION



COMMUNITY  
FOUNDATION  
of Middlesex County

Philanthropy • Leadership • Impact



Community Foundation  
of Eastern Connecticut

 **Chelsea Groton Foundation**

*Connecticut Humanities' Book Voyagers programs are made possible through the support of the Carolyn Foundation, the Chelsea Groton Foundation, the Community Foundation of Eastern Connecticut, the Community Foundation of Middlesex County, the Ensworth Charitable Foundation, NewAlliance Foundation, the State of Connecticut and the National Endowment for the Humanities.*

Flies are a nuisance as well and there are 18,000 species in America. Female houseflies can lay up to 600 eggs in their short lifetime of 21 days. Baby flies are called larvae and also known as maggots. These were and still are used to eat away damaged flesh which helps wounds to heal. Fruit flies are small in size and usually can be found around fruit and vegetables using them for their nest. House flies eat any wet or decaying matter and are especially attracted to pet waste because the odor is strong and it's easy for the fly to locate the waste.

Fleas are another pesky insect which does not fly—they jump. They like to live on any warm blooded animal but prefer humans, cats, dogs, opossum, rats, and other rodents. They can be found on shoes, pant legs, or blankets. Fleas were the cause of the Bubonic Plague and can also transfer tapeworms.

Another pesky insect is the mosquito or in Colonial America, musketas. They can cause itching and irritating bites, and infectious disease transmissions. Then there is the whiny hum of their buzzing wings. They can be the cause of malaria, elephantiasis, encephalitis, yellow fever and dengue. Parasites may attach themselves to a female mosquito and enter a host as they feed. Other cases may be caused by a virus entering the mosquito as it feeds on an infected host and transmits by the mosquito's saliva to a victim.

Imagine you are on a ship with many other people coming to America and you are so crowded and there is no bathroom facilities like the cruise ships of today. As portrayed on television you are packed in tightly and the person next to you has head and body lice. This was and still is a common problem for school children and some adults as well. The three kinds of lice

are head, body, and pubic lice. It is obtained by person to person contact or using their personal grooming tools or clothing. You may notice when you have them if you feel a ticklish or itching in your hair or other body parts. You may get sores from scratching and the skin becomes infected by bacteria from on the skin. Head lice are most active in the dark. Cakes of lye soap made from ashes were one of many treatments as well as combing out the nits (eggs). Today you can go to the pharmacy and purchase chemical shampoo or body shampoo. You must wash all clothing and bedding coming in contact with the person.

The aforementioned insects were mentioned in the article, "The Bugs that Bugged the Colonists", on the Colonial Williamsburg site. There is much more information there but due to space constraints, I am limited to what is in my article. This article gives some insight into colonial life and their pesky pests.

One kind of insect that is a nuisance to anyone who has a home built of wood and especially a home built by the colonists, is the carpenter ant. If that home doesn't have the humidity controlled or has bark still on the beams or posts they seem to find that wood very easy. Most of these homes also have stone foundations and dirt floors. These are perfect mediums for the carpenter ants to destroy a beautiful home built 200 to 300 years ago and they can be destroyed by an insect.

Carpenter ants are another challenge to fight from the insect world. They do not actually eat the wood they remove during their nest building; they take it outside and deposit it in small piles outside the piece of wood they are living in. Carpenter ants eat living and dead insects, meat, fat, and sugary food of all kinds including nectar from plants. They will nest any place they can find water and moldy or damp wood including tree

stumps, firewood, and the plants in your yard or around your house. They enter through wet and damaged wood but they also are known to adapt to their environment. When they dig tunnels through the wood it weakens the posts, beams, and floors that hold the house together.

The carpenter ant measures one-quarter inch for a worker ant to three quarters of an inch for a queen carpenter ant. Each queen has a colony in a nest built in the wood. She feeds them saliva and does not leave the nest or feed herself until they are born. When the ants are mature they go to work to gather food for the next generation to be born. The colony of carpenter ants population grows rapidly thus the effects seen by their damage to colonial homes that are not taken care of properly.

Keep tree branches and other plants cut back from the house so that the ants don't travel on the tree or plant and keep all cracks or little openings around the base of the house and foundation sealed as this is another entrance for them to come into the framing of the house. Especially keep firewood and building materials stored away from the house. These ants like to build their nests in stacks of wood.

#### Discount Deals

**"Whether you're a senior, a student or a library devotee, Connecticut has loads of freebies and bargains." many libraries offer free passes to museums, theaters and state attractions (you must be a library card holder). For students there are deals on HBO GO, insurance, new cars, music, travel, software, hardware, Fed Ex, movies, cellphone plans and shopping. For the seniors there are deals at Rite Aid, on airfare, rail, car rentals, retail and cellphones. See the March issue of Connecticut Magazine for the article.**