

The Lisbon Link

April/May 2018



Van availability Mon-Fri for Dr, Shopping, etc.

Lisbon is part of a Dial-a-Ride grant for medical appointments. 48 one way rides available 24/7 for \$24. Call 860-376-2329 for more information

To be added to our email distribution send message to:
kwashington@lisbonct.com

Newsletter is posted on the Town Hall website
lisbonct.com

An up-to-date, complete list of all activities can be found at
our senior center combined website:
seniorcenterct.org/lisbon

WEEKLY ACTIVITIES

11:30 Daily Lunch

MONDAYS

- **12:30 Drawing**

TUESDAYS

- **9:30 Exercise**
- **9:30 Quilting**
- **10:30 Rummikub**
- **12:15 Wii Bowling**

WEDNESDAYS

- **9:30 Caning,
Carving &
Basket Making**
- **12:30 Yarn Club**

THURSDAYS

- **9:30 Exercise**
- **10:30 Rummikub**
- **12:00 Bingo**

FRIDAYS

- **9:30 Crafting**
- **10:00 Pokeno**

LUNCH SPECIALS...PAGE 5
TRIPS.....PAGE 6

**See Calendar for
other events**

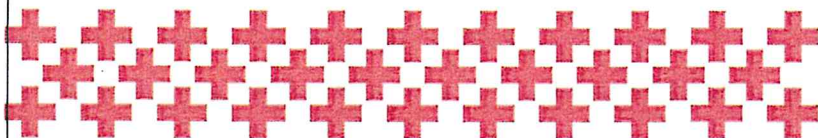
April 2018

SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT
1	2 <i>11am-4pm - Red Cross Blood Drive</i> 11:30 Lunch 12:30 Drawing	3 9:30 Exercise 9:30 Quilting 10:30 Rummikub 11:30 Lunch 12:15 Wii Bowling	4 9:30 Chair caning baskets/carving 11:30 Lunch 12:30 Yarn Club	5 9:30 Exercise 10:30 Rummikub 11:30 Lunch 12:00 Bingo	6 <i>9:00 Hairdresser</i> <i>9:30 AARP Driving</i> 9:30 Crafting 10:00 Pokeno 11:30 Lunch	7
8	9 11:30 Lunch 12:30 Drawing 7:00 pm COA	10 9:30 Exercise 9:30 Quilting 10:30 Rummikub 11:30 Lunch 12:15 Wii Bowling	11 9:30 Chair caning baskets/carving 11:30 Lunch <i>12:30 Shooting Stars</i> 12:30 Yarn Club <i>1:30 St. Joseph Bingo</i> <i>3:45 Texas Roadhouse</i>	12 9:30 Exercise 10:30 Rummikub 11:30 Lunch 12:00 Bingo	13 9:30 Crafting 10:00 Pokeno <i>11:30 Beef Stew</i> <i>12:00 Movie</i>	14
15	16 11:30 Lunch 12:30 Drawing	17 9:30 Exercise 9:30 Quilting 10:30 Rummikub <i>10:45 Groton Sr. Center</i> 11:30 Lunch 12:15 Wii Bowling	18 9:30 Chair caning baskets/carving <i>10:00 BP Clinic</i> 11:30 Lunch 12:30 Yarn Club	19 9:30 Exercise 10:30 Rummikub 11:30 Lunch 12:00 Bingo	20 <i>8:15 Foxwoods</i> <i>9:00 Hairdresser</i> 9:30 Crafting 10:00 Pokeno 11:30 Lunch <i>12:00 Paint-a-Lana</i>	21
22	23 11:30 Lunch 12:30 Drawing	24 9:30 Exercise 9:30 Quilting 10:30 Rummikub <i>11:30 Grinders</i> 12:15 Wii Bowling	25 9:30 Chair caning baskets/carving 11:30 Lunch 12:30 Yarn Club	26 9:30 Exercise 10:30 Rummikub 11:30 Lunch <i>12:00 Birthday Cake</i> 12:00 Bingo	27 9:30 Crafting 10:00 Pokeno 11:30 Lunch	28
29	30 11:30 Lunch 12:30 Drawing					

May 2018

SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT
		1 9:30 Exercise 9:30 Quilting 10:30 Rummikub 11:30 Lunch 12:15 Wii Bowling	2 9:30 Chair caning baskets/carving 11:30 Lunch 12:30 Yarn Club	3 9:30 Exercise 10:30 Rummikub 12:00 Bingo	4 9:00 Hairdresser 9:30 Crafting 10:00 Pokeno 11:30 Cinco de Mayo Tacos	5 9am-3pm CRAFT SALE
6	7 11:30 Lunch 12:30 Drawing 7:00 pm COA	8 9:30 Exercise 9:30 Quilting 9:00 Pharmacist 10:30 Rummikub 11:30 Lunch 12:00 Birthday Cake 12:15 Wii Bowling	9 9:30 Chair caning baskets/carving 11:30 Lunch 12:30 Shooting Stars 12:30 Yarn Club	10 9:30 Exercise 10:30 Rummikub 10:30 Wrights Farm 11:30 Lunch 12:00 Bingo	11 9:30 Crafting 10:00 Pokeno 11:30 Lunch 12:00 Movie	12
13	14 11:30 Lunch 12:30 Drawing	15 9:30 Exercise 9:30 Quilting 10:30 Rummikub 11:30 Lunch 12:15 Wii Bowling	16 9:30 Chair caning baskets/carving 10:00 BP Clinic 11:30 Wings&Curly Fries 12:30 Yarn Club	17 9:30 Exercise 10:30 Rummikub 11:30 Lunch 12:00 Bingo	18 9:00 Hairdresser 9:30 Crafting 10:00 Pokeno 11:30 Lunch 12:00 Paint-a-Long	19 10:30 PROVIDENCE PERFORMING ARTS SOMETHING ROTTEN
20	21 11:30 Lunch 12:30 Drawing	22 9:30 Exercise 9:30 Quilting 10:30 Rummikub 11:30 Lunch 12:15 Wii Bowling	23 9:30 Chair caning baskets/carving 11:30 Lunch 12:30 Yarn Club	24 9:30 Exercise 10:30 Rummikub 11:30 Lunch 12:00 Bingo	25 9:30 Crafting 10:00 Pokeno 11:30 Lunch	26
27	28 11:30 Lunch 12:30 Drawing	29 9:30 Exercise 9:30 Quilting 10:30 Rummikub 11:30 Lunch 12:15 Wii Bowling	30 9:00 Foot Clinic 9:30 Chair caning baskets/carving 11:30 Lunch 12:30 Yarn Club	31 9:30 Exercise 10:30 Rummikub 11:30 Lunch 12:00 Bingo		

Give blood. Help save lives.



Blood Drive Lisbon Senior Center

Held in the Community Room
11 Newent Road
Lisbon, CT 06351

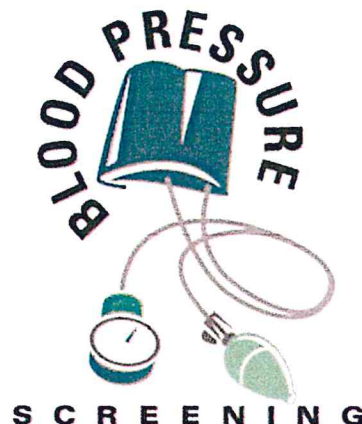
Monday, April 2, 2018
11:00 AM to 4:00 PM

Please call 1-800-RED CROSS (1-800-733-2767)
to schedule an appointment.
Or visit us online at REDCROSS.BLOOD.ORG

WEDNESDAY, APRIL 18TH

WEDNESDAY, MAY 16TH

10:00 – 12:00



Prescription

Medication

a w a r e n e s s



**INFORMATION
EVERY PATIENT
SHOULD KNOW!**

Tues, May 8th
9:00-11:00

Bring your current Prescriptions
& Over the Counter Medications

LISBON SENIOR CENTER
Call 860-376-2329
to schedule appointment

**A ShopRite pharmacist will be here to answer
your questions about your current prescriptions
and over the counter medications**

Wednesday, May 30th

9am-12pm

FOOT HEALTH CENTER

Dr. Thomas H. Walter, D.P.M

OPENINGS AVAILABLE

Call for appointment

860-376-2329

Bring insurance cards & photo ID. Most insurances accepted
(no Title 19 or Husky). Co-pays & deductibles apply. House
calls available for housebound patients. If non-covered:
cost is \$45 for initial visit and \$35 for follow up visits.

IMPORTANT DATES:

Homeowner Tax Relief program **CLOSES** May 15th

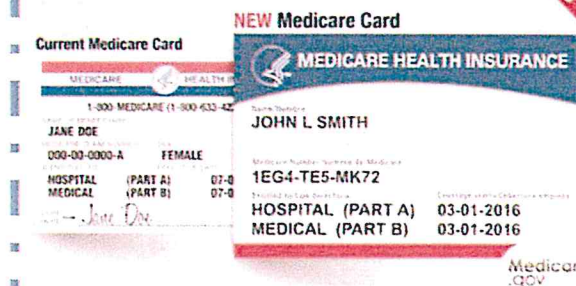
Renters Rebate **OPENS** May 15th

Contact our Assessors Office for details and
additional requirements at 860-376-5115

BE ON THE LOOKOUT. NEW MEDICARE CARDS ARE COMING
YOU WILL HAVE A **NEW** MEDICARE NUMBER
NO LONGER YOUR SOCIAL SECURITY NUMBER

New Card! New Number!

Mailing
in 2018



LUNCH SERVED DAILY

11:30 (order by 11:15) or call ahead!

Sandwiches • Salads • Homemade Soup

*** Weekly Specials***

Beef Stew w/Cornbread

Friday, April 13th 11:30



\$5.00 w/dessert

TURKEY GRINDERS

Tuesday, April 24th 11:30



w/chips

\$3.50



¡CINCO DE MAYO!
MAKE YOUR OWN TACOS
FRIDAY MAY 4TH 11:30
2 FOR \$3

WINGS



Wednesday, May 16th
11:30

\$5.00

w/curly fries

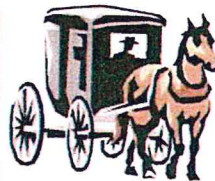
ALL TRIPS MUST BE PAID IN FULL WITHIN 2 WEEKS OF TRIP

The Lisbon Senior Center presents.....

JESUS is COMING to Lancaster, PA!

The amazing story of the Greatest Man that ever walked the Earth! We have already locked in excellent Orchestra Seating and the best Hotels in all of Lancaster County. This once in a lifetime performance will be the biggest Biblical Show ever to hit the stage at the Sight & Sound Theatre. Please Book your 2018 Amish Country trip as soon as possible, as this new show is sure to SELL OUT!

3 Day Tour - June 5-7, 2018 2 SHOWS:



Package Includes:

- Roundtrip Deluxe Motor Coach
- 2 Nights at the lovely Eden Resort of Lancaster
- 2 Breakfast Buffets at the Hotel
- Smorgasbord Dinner at the famous Millers (#1 Dinner)
- Family Style at Amish Hometown Kitchen (#2 Dinner)
- Reserved Orchestra Seats for the Biblical Show "JESUS" at the amazing Sight Sound Theater
- American Music Theatre "Songs from the Silver Screen"
- Guided Amish Country Farmland Tour - Country Surprise and a visit to Eli's Roadside Stand for Pretzels & Root Beer
- Kitchen Kettle Village Shops (Jams, Relish & Cheese)
- Bird in Hand Farmers Market
- Shady Maple Complex
- Baggage Handling & Tax
- Driver's Gratuities



\$415. Double Occupancy

\$395 Triple or Single \$545

DEPOSIT of \$50 per person is due at SIGN UP

Balance is due: May 7, 2018

Cancellation Protection is a option and available for:

For more information:

Karen Washington
at (860) 376-2329



AMERICAN
MUSIC
THEATRE

2 SHOWS:

AMISH COUNTRY



SIGHT & SOUND THEATRE

DEPARTS 8:15 a.m.
Lisbon Senior Center
11 Noyes Road
Lisbon, CT
Returns at 7:00 p.m.



WED, APRIL 11TH
LEAVING AT 3:45



\$5 for bus

CALL 860-376-2329 TO SIGN UP

**Bus trip to
Groton Sr Center
for LUNCH**



TUESDAY, APRIL 17TH
Bus leaves Lisbon
10:45am SHARP

Only \$1 for the bus!!



THURSDAY, MAY 10TH
LEAVING AT 10:30

\$21

SAT., May 19th



Providence Performing Arts

Bus leaves Lisbon at 10:30

**Lunch on your own
at Davenport's Restaurant**

Show is at 2:00

Price is \$50 for bus and show



FOXWOODS
RESORT ♦ CASINO

Bingo or just free time
Receive \$10 slot play and free buffet

Friday, April 20th

Bus leaves Lisbon at 8:15am

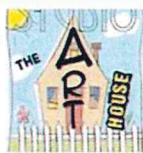
Bus leaves casino at approx 5pm

Games start at 10:30am

'10 for Bus

Paint-a-Longs w/

APRIL 20th @ noon



PAINTING ON WOOD

In Honor of Earth Day



May 20th @ noon

GARDEN ROCKS

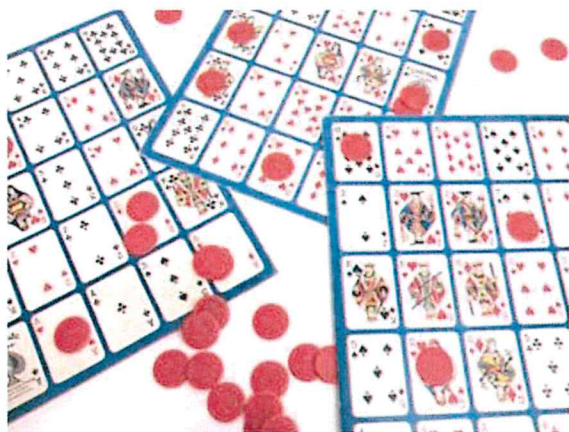


CREATE YOUR OWN WORK OF ART FOR YOUR GARDEN

w/our art instructor **CARRIE**

Only \$12 per class! - SIGN UP TODAY - Limited seats

POKENO



Fridays at 10am
Bring your pennies!

Hairstylist now available

Every 1st and 3rd Friday from 9-1

Offering haircuts, styles, and manicures!

Men's haircuts \$7, Womens \$9

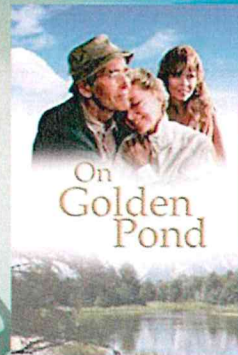
Manicures \$7, Basic Style \$9 and up.

Call Dawn 959-929-5709



2nd Friday Movies at noon

April 13th



May 11th



MOTHER'S DAY

Lisbon's Longevity Link

Published by
Lisbon Commission on Aging
Lisbon Senior Center
11 Newent Road
Lisbon, CT 06351

Issue April/May 2018

RETURN SERVICE REQUESTED

Lisbon Senior Center

Monday – Friday
9:00 am – 3:00 pm
860-376-2329

Board of Selectman

Thomas Sparkman
Robert Browne
William Surfus

Commission on Aging

Lee Szruba, Chairman

Senior Coordinator

Karen Washington

Van Driver

Tom Szafranski

Nutrition Site Server

Glenda White

The **Lisbon Senior Center** is for vibrant folks, looking for a club-like setting that includes socialization, activities, trips, classes, information, etc.

Transportation is available for Lisbon residents for the following: doctor and dentist appointments; banking; hairdresser or barber; shopping and pharmacy; to the Senior Center, etc. For a ride, call the Senior Center 860-376-2329 as soon as you have your appointment. For all other rides, call Monday of that week to set up a time with our van driver.

Restaurant style, made-to-order lunches are served daily at 11:30 am.

Help is available for paperwork, applications and insurance decisions.

Services are available for maintaining the health, independence and well-being of our town's treasured seniors.

Our **Sunshine Committee** sends cards to those who are enduring a loss or who are ill. Call Carolyn 860-376-9770 with the name and address of those who should receive a card.