

The Lisbon Link

April/May 2017

Save the Date

ANNUAL YARD SALE and Bake Sale

APRIL 22nd

9am - 2pm

Accepting donations

**You may request to be put on our
email distribution by emailing:**

kwashington@lisbonct.com

**Newsletter is posted on the Town
Hall website**

lisbonct.com

**An up-to-date, complete list of all
activities can be found at our senior
center combined website:**

seniorcenterct.org/lisbon



AT A GLANCE

Friday, April 7th

- 9:30 AARP Driving Class

Tuesday, April 11th

- 9:00 Enhanced Benefits
- 11:30 Nita's

Wednesday, April 12th

- 12:30 Shooting Stars

Tuesday, April 18th

- 12:00 Birthday Cake

Tuesday, April 19th

- 9:30 Newport Playhouse

Saturday, April 22nd

- 9:00-2:00 YARD SALE/Bake Sale

Tuesday, April 25th

- 10:45 Groton Senior Center

Wednesday, April 26th

- 9:00 Foot Clinic

Thursday, April 27th

- 10:00 Blowout Bingo

Friday, April 28th

- 10:30 Book Club
- 12:00 Joy of Painting w/Carrie

Friday, May 5th

- Tacos

Tuesday, May 9th

- 9:00 Enhanced Benefits
- 12:00 Birthday Cake

Wednesday, May 10th

- 12:30 Shooting Stars
- 1:30 St. Joseph Bingo

Wednesday, May 17th

- 11:30 Pot Luck Luncheon

Followed by – Pierce Campbell

Friday, May 19th

- 12:00 Joy of Painting w/ Carrie

Monday, May 22nd

- 10:45 Cracker Barrel


Tuesday, May 23rd

- 10:45 Make Your Own Pizza

Friday, May 26th

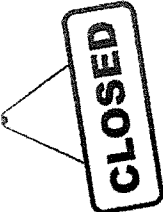
- 10:30 Book Club

April 2017

SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT
						1
2	3 11:30 Lunch 12:15 Pokeno 12:30 Drawing 7:00 pm COA	4 9:30 Exercise 9:30 Quilting 10:30 Rummikub 11:30 Lunch 12:15 Wii bowling	5 9:30 Chair caning/ carving 10:00 Shooting Stars EX 12:30 Yarn club	6 9:30 Exercise 10:30 Rummikub 11:30 Lunch 12:15 Bingo	7 9:30 Crafting 11:30 Lunch 12:00 AARP Driving	8
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May 2017

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Do you know how decisions affecting the Senior Center are made? Do you know who makes them? Do you know about the **TOWN OF LISBON COMMISSION ON AGING (COA)**? This is a small group of appointed volunteers who meet once a month (first Monday at 7pm) to discuss all manner of issues relating to our Senior Center. These folks work to develop the Senior Center budget; consider and revise (if necessary) the Policies and Procedures handbook and Commission by-laws; hear reports on attendance, programs and activities taking place at the Center; approve/ratify bills to be paid out of the Senior Center budget; make recommendations to the Board of Selectmen regarding Commission membership, building and transportation issues; suggest development of activities addressing Senior concerns and education. Come sit in on a meeting to see how we shape our Center for everyone it benefits.

If you are interested in being a part of this decision making arm of our town government, contact Karen at the Senior Center (860 376-2329 or kwashington@lisbonct.com) or Commission chairperson Lee Szruba (860 376-9510 or leeshrub@att.net). And you don't need to be a senior either!

ARE YOU DUE FOR A



Come in for a preliminary screening for state and/or federal benefits or supports eligibility. These program include energy assistance, Connecticut Home Care Program for Elders, Prescriptions, SNAP (food stamps), Medicaid (Title 19), Medicare, Veteran Benefits, Energy bills, Housing, Tax Relief, Supplemental Security Income and much more.

It is completely confidential. Your name or social security number is not required

Call today for your appointment - 860-376-2329



Friday, April 7th 9:30

\$15 for members/\$20 for non-members

Call 860-376-2329 to register.

HOMEOWNER'S TAX RELIEF PROGRAM

February 1 – May 15, 2017

Homeowners who are over 65 as of 12/31/2016 or totally disabled.

Meeting income guidelines (single \$35,200 married \$42,900)

2017 Grand List Additional Veteran's Applications

February 1 – October 1, 2017

Meeting income guidelines (single \$35,200 married \$42,900)

RENTER'S REBATE PROGRAM

April 1 – October 1, 2017

Applicants must have resided in Connecticut for any one-year period prior to filling an application for a partial rebate of his/her rent and utility bills

All proof of income must be provided in order to qualify for relief

POT LUCK

Wednesday, May 17th 11:30



Pierce Campbell

Followed by entertainment with

Pierce has been playing music full time for 25 years. He is a singer/songwriter playing acoustic and electric guitar, mandolin, tenor banjo, bass and harmonica and has released 5 solo CD's. As a solo artist he performs Celtic, Jazz, pop and folk music. He has released 5 solo CD's and was appointed the Connecticut State Troubadour by the CT Commission on Culture & Tourism for 2007 & 2008. He plays over 250 shows a year throughout the Northeast at municipalities, libraries, festivals, Irish pubs, coffeehouses, and senior centers. He also performs with the Irish group, The Kerry Boys, The Funky Butt Jazz Band playing New Orleans style jazz and the Pierce Campbell Jazz Duo/Trio playing classic and original vocal jazz.

Bring a dish to share

LUNCH SERVED DAILY

11:30 (order by 11:15)

Sandwiches • Salads • Homemade Soups

*** Weekly Specials***

BLOWOUT BINGO

Thursday, April 27th 10:00
Turkey Grinder \$5 or
Salad Plate \$3
Call to sign up



MAKE YOUR OWN TACOS

Friday, May 5th 11:30

2 for \$3.00

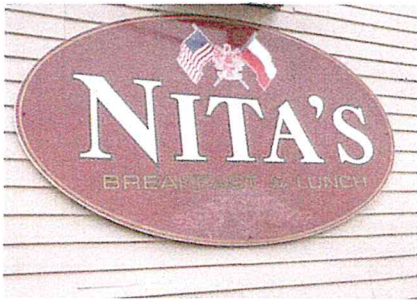
MAKE YOUR OWN PIZZA

Tuesday, May 23rd
10:45



\$3.50

*******LET'S GO!*******



TUESDAY, APRIL 11TH

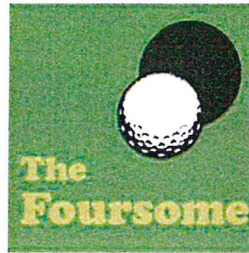
LEAVING AT 11:30

Lunch on your own

Cash Only

Bus \$5

NEWPORT PLAYHOUSE



w/buffet lunch & cabaret

WED, APRIL 19TH

\$60 includes bus, meal & show

Bus leave at 9:30

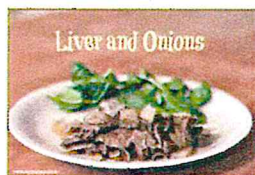
MONDAY, MAY 22ND
LEAVING AT 10:45



\$5 for bus

CALL 860-376-2329 TO SIGN UP

**Bus trip
to the Groton Senior Center for:**



TUESDAY, APRIL 25TH

Bus leaves Lisbon

10:45am SHARP

**Lunch special
other delicious items available
including a full salad bar!!
Only \$1 for the bus!!**

Join the **LUNCH BUNCH** w/Tom & the Senior Van
He will take you to a mystery restaurant – Always a pleaser!!

April 26th

May 31st

Van leaves @ 11:30-Call 860-376-2329

Limited seating

Save the date:

Lighthouse tours: Classic Tour 6/13, Sights & Sounds 6/21

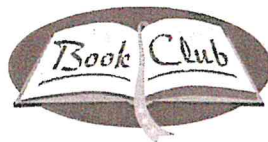
Essex Steam Train & Riverboat: July & October (date tba)

Aqua Turf (Welcome to Mowtown) 9/12

Bourne Scallop Festival: 9/22

Aqua Turf (Cher & Elvis: Two Legends) 11/14

Stay tuned for more fun trips to be announced



"Last Friday Book Club

Friday, April 28th

The Silver Suitcase – Terrie Todd

Friday, May 26th

The Pilgrimage – Mark Shirver

10:30am

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March 15th



Memorial Day

Last Monday in May



AMERICAN
ANTHEM
CEMETERY
CEREMONY
COMMEMORATE
DECORATION
FALLEN
FLAGS
FLOWERS

FREEDOM
GRAVE
HALF MAST
HEROES
HOLIDAY
HONOR
MAY
MEMORIAL
OBSERVANCE

PATRIOTIC
REMEMBRANCE
SACRIFICE
SALUTE
SERVICE
SOLDIERS
TAPS
VETERANS
WAR

The Joy of Painting w/Carrie

FRIDAY, April 28th

FRIDAY, May 19th

12:00

TAKE HOME YOUR OWN

UNIQUE FINISHED PIECE OF ARTWORK

\$12 (all supplies)



Call 860-376-2329 to SIGN UP TODAY

**Come play bingo with Lynn Bellware from
St. Joseph Living Center!**



Wednesday

May 10th

1:30 PM

**our prizes
include useful**

**items such as laundry detergent,
toothpaste, deodorant, kitchen towels,
fabric softener, pens, pads, envelopes,
kitchen pot holders, holiday decorations
etc.....Each prize bag has three to four
useful items for your home. I even bring a
snack.**

Please sign up for a headcount

All of this is free!!!!

Lisbon's Longevity Link

PRST STD

Published by
Lisbon Commission on Aging
Lisbon Senior Center
11 Newent Road
Lisbon, CT 06351

**U.S. POSTAGE PAID
NORWICH, CT
PERMIT#86**

Issue April/May 2017

RETURN SERVICE REQUESTED

Lisbon Senior Center

Monday – Friday
9:00 am – 3:00 pm
860-376-2329

Board of Selectman

Thomas Sparkman
Robert Browne
William Surfus

Commission on Aging

Lee Szruba, Chairman

Senior Coordinator

Karen Washington

Van Driver

Tom Szafranski

Nutrition Site Server

Glenda White

The **Lisbon Senior Center** is for vibrant folks, looking for a club-like setting that includes socialization, activities, trips, classes, information, etc.

Transportation is available for Lisbon residents for the following: doctor and dentist appointments; banking; hairdresser or barber; shopping and pharmacy; to the Senior Center, etc. For a ride, call the Senior Center 860-376-2329 as soon as you have your appointment. For all other rides, call Monday of that week to set up a time with our van driver.

Restaurant style, made-to-order lunches are served daily at 11:30 am.

Help is available for paperwork, applications and insurance decisions.

Services are available for maintaining the health, independence and well-being of our town's treasured seniors.

Our **Sunshine Committee** sends cards to those who are enduring a loss or who are ill. Call Carolyn 860-376-9770 with the name and address of those who should receive a card.

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 "like" us on
facebook

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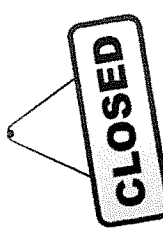
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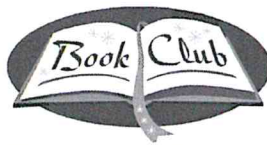
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