## Fall Cross Country Running Series

The Lisbon Recreation Committee is sponsoring a fall cross country running series each Sunday morning in October (5<sup>th</sup>, 12<sup>th</sup>, 19<sup>th</sup>, 26<sup>th</sup>) at 10:00 a.m. at the Lisbon Meadows Park pavilion. There will be ½ and 1 mile runs for kids, and a 5 kilometer run for adults. The program is free of charge. No pre-registration is necessary but contact Chad Johnson at 860-617-1144 or email to runninboy@comcast.net with any questions.