



# The Lisbon Quarterly

A Newsletter for Lisbon Residents



## Farewells and Welcomes

By Thomas Sparkman, First Selectman

During the month of March, the Town of Lisbon will be losing two employees, both of whom have years of service to the community. Nancy Gosselin, our Town Treasurer resigned effective March 1<sup>st</sup> and Judy Jencks, Senior Coordinator/Municipal Agent for the elderly is retiring on March 20<sup>th</sup>. Nancy, a consummate professional, has been the Town Treasurer since 1985, an elected position where she was responsible for receiving, recording and reconciling of revenues and expenditures of Town funds, as well as maintaining the General Ledger, executing investments and producing monthly statistical reports. Judy Jencks became the Town of Lisbon Senior Coordinator/Municipal Agent in January of 1986. As the Senior Coordinator/Municipal Agent, Judy has been instrumental in planning, organizing and implementing recreational, social, health and nutritional programs for our senior citizens, and as Municipal Agent for the elderly has been a staunch advocate for the elderly. On behalf of the Board of Selectmen and the residents of the Town of Lisbon, I offer my personal gratitude to Nancy and Judy for their devoted service to the community.

It is my pleasure to welcome two new employees. On February 23<sup>rd</sup> Karen Washington, was hired as the new Senior Coordinator/Municipal Agent for the elderly. Karen brings with her experience working alongside a diverse population of retirement age

volunteers, as well as human resource administrative skills from her years at Pfizer and the William W. Backus Hospital. Chris Maynard was appointed by the Board of Selectmen to be the new Treasurer for Town of Lisbon, beginning March 1<sup>st</sup>. Chris, a Certified Public Accountant since 1997, brings with him years of experience in private and municipal accounting, as well as experience in banking. On behalf of the Board of Selectmen and the residents of the Town of Lisbon, it is my pleasure to welcome Karen and Chris, and wish them success in what I am sure will be a pleasant and rewarding experience in service to the community.

## Spring Recreation Activities

By Chad Johnson, Chairman

The Annual Easter Egg Hunt will be held in Lisbon Meadows Park on **Saturday, March 28<sup>th</sup> (weather permitting)**. The rain date is Sunday, March 29<sup>th</sup>. For more information contact Larissa Kelly at [kelly196870@comcast.net](mailto:kelly196870@comcast.net). Flyer Pg.4

The Recreation Committee is proud to be a sponsor of the **Third Annual Joe Kelly Memorial Road Race**. This year's event will be held on **Saturday, April 25<sup>th</sup> at 10:00 a.m.** at the Community Center at Lisbon Meadows Park. For more information and to register visit [www.joe-kelly.org](http://www.joe-kelly.org) or contact Andrea Kelly at [teamjkelly@gmail.com](mailto:teamjkelly@gmail.com).

For the second year, the Lisbon Recreation Committee is proud to be a part of **Connecticut Trails Weekend**. This year's event begins on **Saturday, June 6<sup>th</sup> at 8:00 a.m.** with a trail clean-up day and continues on **Sunday, June 7<sup>th</sup> at 11:00 a.m.** with a 5k trail run for adults as well as a ½ mile, and 1 mile fun run for the kids. Both events will be held at Lisbon Meadows Park. For more information visit [www.ctwoodlands.org/ct-trails-weekend](http://www.ctwoodlands.org/ct-trails-weekend) or contact Chad Johnson at [runninboy@comcast.net](mailto:runninboy@comcast.net).

The **Annual Red Sox Bus Trip** will be held on **Sunday, August 2<sup>nd</sup>**. Tickets are \$65 per person. For more information contact Jim Synott at [jimsynott@comcast.net](mailto:jimsynott@comcast.net). Flyer Pg. 5

The scheduling procedure for reserving the town athletic fields has changed once again for 2015. Please visit the recreation page of the Town of Lisbon website: [www.lisbon.com](http://www.lisbon.com) for more details.

Thank-you to all of our residents who participated in our successful winter programs this season including Women's and Co-Ed Volleyball, Men's Basketball, and our Youth Basketball Clinic. A special thank-you to our program directors for these events: Nancy Smigiel, Don Potts and Chris Fabry. Check the news board at Lisbon Meadows Park, stay tuned to the Town of Lisbon Website or like us on Facebook to keep informed about

upcoming programs and events including basketball and tennis camps for kids as well as adult fitness classes.

We welcome your comments and suggestions. Contact us at [lisbonrec@gmail.com](mailto:lisbonrec@gmail.com) or visit us at our monthly meetings on the third Monday of each month, in the town hall, at 7:00 p.m. (8:00 p.m. during the summer months).

## 2015 Fall Festival Activities

By Leonora Szruba

Now that the worst of the winter seems to be over, the Lisbon Fall Festival/Community Center Committee has begun its regular schedule of meetings and is making plans for this year's activities.

A **Spring Bingo** will take place in the Community Center on Friday evening, **May 8<sup>th</sup>** while the **Fall Bingo** is scheduled for **Friday, October 2<sup>nd</sup>**. The **Annual Fall Festival** date is **Saturday, September 19<sup>th</sup>**, with the **Youth Dance** held the evening before – **Friday, September 18<sup>th</sup>**.

The Committee meets the 4<sup>th</sup> Monday of each month (except December and January) in the Lisbon Town Hall Conference Room immediately following the Selectmen's meeting, unless otherwise posted on the Community Center sign board.

The Committee is currently researching costs involved in insulating the building interior, aesthetically appropriate interior wall and ceiling treatments, and various types of heating and cooling systems. It is expected the preparation for and installation of a heating system to allow for year-round use of the building will need to be done

one step at a time as the funding is available. The Heat Fund balance is just over \$28,000 and donations are always welcome.

The Community Center will be available for use beginning April 1 and reservations are being taken by Lorraine Dawley (860 886-7595). Application forms are available at [lisbonfallfestival.org](http://lisbonfallfestival.org) or by following the link on the Town of Lisbon website. The Center is available to Lisbon citizens for parties, showers, recognition events, etc. for a minimum Heat Fund donation of \$50, and a refundable deposit of \$50. More information is available on [www.lisbonfallfestival.org](http://www.lisbonfallfestival.org).

## Historical Society Quarterly Notes

By Kim Sperry

Due to this winter's wild weather, we have put the annual fund raising Open Hearth cooking classes on hold until spring. Because we try to keep seasonally appropriate, the winter menu selection can be limiting, so spring and early summer classes will allow for wider menu options. Our adult classes feature a ten-item menu that our students prepare, from scratch, using implements and equipment circa 1810, cooking on the open hearth and in the fully functional bake oven. Students then savor their labor at a family style, and table dressed in linen and the good china. Every participant takes away their own cookbook especially written for the class that includes the menu plan and recipes. Instruction is under the guidance of the historical society members. For a preview visit YouTube and call Paula Adams, 860-887-8052 for registration information and class dates.

Work at the Burnham Tavern has ceased for the duration of winter. Restoration

Carpenter, Nick Anderson, was able to stabilize the front of the tavern without taking off the siding, or tearing apart the corners. The next priority is addressing the water damage and rot on the northeastern corner. Nick discovered during conversations that a colleague who has just finished a job near the coast on a house that had similar mortis and tenon planking, like Burnham Tavern. Constructed in this way these old structures have no studs. The house on the coast dates from circa 1740, the building technique is referred to as "ship's planking the outside," although ship planking does have ribs.

The Historical Society has been advised that the Burnham Tavern will be considered by the State Historic Preservation Board for nomination to National Register of Historic Places on March 30. If accepted the Tavern would join the John Palmer House, Anshei Israel Synagogue, Andrew Clark House and the Lathrop-Mathewson-Ross House on the National Register. Our other historic sites include the John Bishop House, Nathan Hale House, the railroad tunnel and Newent Church. For a small town we are rich in history and cultural resources, both public and private. Several of the properties are private residences; whose succession of owners have been stalwart caretakers and our deepest appreciation goes out to them.

Thanks once again to everyone who donates their cans and bottles, all the hands that sort seven days a week, and the men who truck to the redemption centers in Norwich, Willimantic, and our helpful local friends at the Lisbon Package store. This is truly a community effort. Please try to bring your glass in original 6, 12, 18, 20, packs, or in the 24 bottle cases even if the brands don't always match the glass!

Visit our webpage [www.99main.com/~chill/Historic.html](http://www.99main.com/~chill/Historic.html), Facebook page by typing Lisbon Historical Society in the "find friends" bar for information, or watch a cooking clip on YouTube. New members are welcome and needed, meetings take place the second Friday of the month in the Town Hall.

### **Eco-Tips for the New Year from the DEEP newsletter Pollution Prevention View, Winter 2015**

**Did you get some new electronic "toys" this holiday, like a new flat screen TV, laptop or tablet? Be sure to recycle your old ones-it's now free and convenient! Connecticut has a ban on throwing electronic waste in the trash since these devices can contain many toxic substances and heavy metals, including lead, mercury, plastic, copper, and brominated flame retardants. Lisbon's drop-off location is the transfer station on Roode Road (just off Route 12) in Plainfield.**

### **Laundry in the 1700's**

By Marcia Shafer, Town Historian

One day while I was doing laundry and appreciating the washing machine and dryer, I wondered what it must have been like for those in the 1700's and how they would have washed their clothes. We have all seen the movies and shows that depict people doing their laundry in the streams or later doing the laundry in a washtub. In an internet site that I will reveal later, the article indicated that in some areas of the world, laundry is still done in the stream even if the stream or river is frozen.

They may have used river rocks,

scrub boards, or washboards a.k.a. a bat to remove dirt. The bat was a long stick or paddle used to move or beat the dirt out of the clothing. They also may have used a slapping method or trampling motion using their feet. Stains were treated before they went to the river.

They would have made their own soap and soaked the clothing in it to whiten the clothing and remove stains. The soap was made from wood ashes, urine, animal fat, and they may have added some other ingredients such as potassium or sodium hydrochloride. According to one article I read, the rule is the lye is strong enough to make soap when a chicken feather begins to dissolve in the solution.

Generally laundry involved lengthy soaking and the laundry was not done every week. People tended to have a laundry session every few weeks or months. If you were a well-to-do family you hired someone to do your laundry for you. You may have had them do it on your property or they may have taken it to their home or business place to wash, dry, iron, and return to you.

Bucking was a form of soaking clothes in lye soap in large wooden tubs and stirring it with "dolly sticks" or wooden plungers to stir or beat the soaking items. To bleach and dry the clothes they used the sunshine. The women would spread the clothes on bushes or hedgerows on good weather days to dry the clothes and the sunshine was to help bleach the clothing. On bad weather days the clothes would be hung on wooden frames or ropes indoors to dry.

If you were well-to-do and had a large yard area, the clothes were spread out on the mown grass areas and were called bleaching ground or drying green when

the clothes were spread out to dry. Sometimes they sprinkled the clothing with water at intervals or dash of lye to lengthen the drying interval and enhance the bleaching process. According to the article, clotheslines existed in the 17<sup>th</sup> century but clothes pins were rare before the 18<sup>th</sup> century.

Washboards were at first, simply a board with grooves carved into them for a textured surface to help remove dirt. Later they were manufactured with a ridged or fluted metal in a wooden frame or made of glass in a wooden frame with a texture to the glass. The washboards became more prominent by the late 1700's. Bars of soap bought in a store became more available in the late 1800's.

When was the washing machine invented? The article that I will refer to at the end, indicated that in the mid 1700's the labor saving machines introduced. The machine consisted of a tub or vessel with a curved bottom which contained the soap suds and the cloth to be cleansed. A frame with legs or paddles attached, was lowered into the wooden tub and was moved by a wheel and crank that helped to agitate and compress the clothes against the tub. This device was from Britain and by the 1790's many inventors were devising ways of perfecting the machine.

The site I obtained my information from was a site called OLD AND INTERESTING with the address site of [oldandinteresting.com/history](http://oldandinteresting.com/history). It has many interesting topics of discussion regarding items used around the home from the past. The Bishop House has a washing machine and it is a wooden frame. You might stop by some time and check it out as well as the rest of the house. [lisboncthistorian@yahoo.com](mailto:lisboncthistorian@yahoo.com).

# LISBON RECREATION ANNUAL EGG HUNT

Saturday, March  
28th

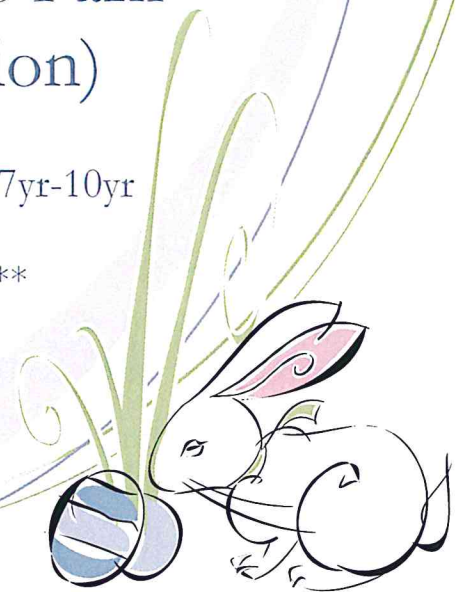
(Rain Date Sunday, March 29<sup>th</sup> @10AM)

**10AM SHARP!**

Lisbon Meadows Park  
(near the pavilion)

Age Groups: Under 4    4yr-6yr    7yr-10yr

\*\* Please bring your own basket \*\*



SPONSORED BY THE LISBON RECREATION  
COMMITTEE



**THE BOYS OF SUMMER ARE BACK!!!**



**BOSTON RED SOX VS TAMPA BAY RAYS  
BUS TRIP**

**(Sponsored by the Lisbon Recreation Committee)**

**SUNDAY, Aug 2, 2015, Time 1:35pm**

**Seats are in the Right Field Grandstand, Section 3, Rows 1-4**

**Get your Tickets Early, First Come, First Served!!!**

**All tickets must be paid in full at time of reservation. Limited Tickets available!**

**Be aware this trip sells out FAST!!!!!!**

**Tickets are \$ 65.00/per person**

**(Tickets available to Lisbon Residents only through 7/1/15)**

**Motor Coach will leave Lisbon Meadows Park at 9:30am**

**and will arrive at Fenway Park at around 11:15 am.**

**The motor coach will leave 30 minutes after the final out.**

**Make Checks Payable to LISBON RECREATION**

**Please enclose the names and addresses of persons attending (required) along with your  
Contact number, and a check made out to Lisbon Rec. and mail to:**

**LISBON RECREATION COMMITTEE c/o LISBON TOWN HALL**

**RE: Red Sox Bus Trip**

**1 NEWENT ROAD – LISBON, CT 06351**

**ATTN: JAMES SYNOTT**

**Call: 860-822-1676 or Email [JimSynott@comcast.net](mailto:JimSynott@comcast.net) with questions**

**"Municipal Solid Waste"** means solid waste from residential, commercial & industrial sources, excluding solid waste consisting of significant quantities of hazardous waste as defined in section 22a-115, land-clearing debris, demolition debris, biochemical waste, sludge & scrap metal. CGS 22a-207(23)

**UNACCEPTABLE WASTES at the  
WHEELABRATOR LISBON INC. FACILITY**

**Recyclable Materials**

- Cardboard
- Glass and Metal Food & Beverage Containers
- Leaves or Grass Clippings
- Newspaper
- Office Paper
- Scrap Metal
- Storage Batteries (from motor vehicles)
- Waste Oil
- NiCd Rechargeable Batteries (consumer product)

**Covered electronic device or "CED"** means desktop or personal computers, computer monitors, portable computers, CRT-based televisions and non-CRT-based televisions or any other similar or peripheral electronic device specified in regulations adopted pursuant to section 22a-638.

**Hazardous Waste**

**Explosives**

**Liquid Wastes**

- Gasoline, kerosene, turpentine
- Waste or hydraulic Oil
- Solvents
- Paints
- Alcohol
- Acids
- Petroleum
- Caustics
- Sewage or process wastewaters
- Leachate
- Sewage sludge
- Inflammable or volatile liquids

**Demolition Debris**

- Aggregate, brick, stone, cement, gravel, sand, structural clay products
- Soil
- Asbestos
- Roofing materials
- Plaster
- Other non-combustible demolition debris

**Motor Vehicles and Motor Vehicle Parts**

**White Goods (includes CFC containing appliances)**

**Tires**

- Tires mounted on rims
- Tires whose rims exceed 16 ½ inches

**Miscellaneous Materials**

- Old Glory (American Flag)
- Pathological and biological waste
- Ashes
- Radioactive materials
- Human or animal remains
- Animal products
- Offal (Internal organs of a butchered animal)
- Agricultural and farm machinery and equipment
- Tar
- Asphalt
- Sludge (except as approved with a special waste application)
- Sealed drums
- Pressurized containers
- Tree stumps
- Tree logs greater than 3 feet in length or 1 foot in diameter or width.
- Agricultural or other vegetative waste in such quantities as to cause the facility to operate outside of its BTU design parameters or in violation of any manufacturer's warranties
- Special Waste (except as approved with a special waste application)
  - water treatment, sewage treatment or industrial sludges, liquid, solids and contained gases; fly-ash and casting sands or slag; and contaminated dredge spoils;
  - scrap tires;
  - bulky waste, as defined in this section (Land clearing debris/waste resulting from C&D activities) (except material approved with a special waste application);
  - asbestos;
  - residue;
  - biomedical waste