Vol. XX

Number 2





The Lisbon Quarterly

A Newsletter for Lisbon Residents



Fall 2016 Community Activities and Reminders....

Farmers Market

Lisbon Meadows Park 3:30-6:30

September 8th - Book Drop for Slater Library Drop off your new or slightly used

Drop off your new or slightly used books to be donated to the Slater Library. Library cards to be issued between 4 - 6 pm. Bring ID.

September 15th - Orchard Pickings Quiet Corner Fiddlers will be appearing.

September 29 - <u>Autumn Bonfires</u> with free Smores and music by Jim Taylor

See Farmers Market Pg. 13

Senior Center Activities

A BIG welcome to Tom Szafranski who has been hired as the new Senior Van Driver replacing Vikki Lawhead who retired after sixteen years with the senior center. Thank you Vikki for your dedicated service to the Seniors.

REMINDERS:

 $\begin{array}{cccc} \underline{Medicare} & \underline{Open} & \underline{Enrollment} & \underline{is} \\ \underline{October} & 15^{th} & through & \underline{December} & 7^{th}. \\ \end{array}$

AARP Driving Classes – October 15th - \$15 Members/20 Non-Members – 9:30 am

ATTENTION Veterans...DD214's have to be on file in the Town Clerk's Office before October 1st to receive a \$3,000 exemption on your property. The filing is one time only and will be applied every year after the initial filing. An additional Veterans Exemption program is income qualifying. It opens on February 1st and closes on October

1st. The Veteran must be over 65 or totally disabled to receive the additional exemption.

See Senior Center Activities Pg. 13

Fall Festival - September 16th & 17th By Denise Howard

Come on out and enjoy the 31st Annual Lisbon Fall Festival on September 16th, 4:30 – 8:00 pm, and September 17th, 12PM-6PM. Admission is FREE. This event is held at the Lisbon Community Center, near the Lisbon Meadows Park.

This year marks the 31st Lisbon Fall Festival, and the committee has added many new events to this y ear's venue. This year the festival's main events will be held on Friday and Saturday, September 16th-17thth. It has been growing in size and this year promises to be one of the best yet. The Lisbon Fall Festival Committee has a mission to focus on bringing the community together while raising funds to heat the Community Center.

On Friday, September 16th, grab dinner and enjoy their famous chowder and fritters being served from 4:30–7:30 pm Grab some chowder and fritters and stay for a while for the first ever "open mic" night. Support local talent as they sing, make you laugh, or play an instrument, from 4:30-8:00 pm. Friday night guests will also enjoy a bonfire and a fire dancer from 6:30–7:30 pm, kicking off a great weekend of fun.

See Fall Festival Page 13 & 14

Quarterly Notes

By Kim Sperry

Save The Dates!

Saturday, September 17 the John Bishop House will be open during the Lisbon Fall Festival. Stop in to sample cuisine prepared over the open hearth, support our projects with a bake sale purchase, tour the house, and enjoy the bluegrass guitarist/singer Nick Anderson from the band Shady Creek. See Quarterly Notes Pg. 14

Hans L. Kvist 1940-2016

It is with great regret that we learned of the death of Hans Kvist. Those of us who worked with him in the town hall and fire department could not help but be touched by his thoughtfulness and kindness. Hans was first appointed by the Board of Selectmen to serve on the Conservation Commission February 17, 1981. At the December 23, 1985 meeting of the commission he was elected Chairman and served in that capacity for over 30 years. In addition to serving on the Conservation Commission, Hans was a Life member of the Lisbon Volunteer Fire Department with over 41 years of service to the community. Many of those years as the department's Secretary. He was truly a community leader who served as an example to all of us. His work on behalf of the residents of the Town of Lisbon will long be remembered. TWS



Lisbon Meadows Park, Route 169, Lisbon Every Thursday, 3:30 - 6:30 PM

September 8

Book Drop for Slater Library!

Clear your shelves and donate your gently used books to our local library! Don't have a library card? Stop by the LFM booth from 4-6 and sign up for one! (Be sure to bring ID with you). It's **FREE** and can be used

at ANY Connecticut library!

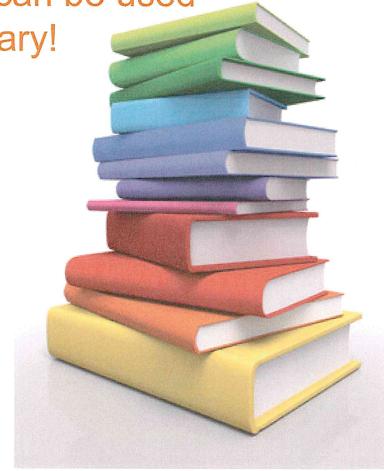
What you will find at the Market:

Locally grown vegetables & fruits; organic produce; meats & poultry; breads & pastries; flowers & plants; herbs; local honey; maple syrup; cheese; jams, jellies & preserves; eggs; iced teas & beverages; local artists & artisans; entertainment...

and MORE!



www.lisbonfarmersmarket.com



X TUESDAY TOPICS

First Tuesday of the month September – June at Slater Library

September 6th

Dog Listener - Pat Wright

Learn how to bring your dog peace and solve the problem of unwanted behaviors. Pat has studied across the world with experts in her field as well as time in the wild studying wolf behaviors. Some topics discussed are pulling on the lead, jumping up, aggression, separation anxiety, and excessive barking. (6-8pm)

October 4th

Breaking Branches Pictures presents: The making of "Slaterville:

America's first Mill Village." Now in production, this two-part documentary is being produced and directed by Slaterville native, Christian de Rezendes. Slaterville is located in the Town of north Smithfield, Rhode Island. Research for the Jewett City/Norwich portion of this two-century long story brought him right here to our library, which was built from a trust in the name of John Fox Slater in 1884. (6:30)

November 1st

The Life & Legacy of Prudence Crandall: Local heroine, Educator and

Abolitionist A Presentation by the Museum Curator, Kaz Kozlowski, and museum docent, Kendall Smith. Ms. Smith is the author and illustrator of an upcoming book based on the story of one African-American student who attended Crandall's Academy. (6:30pm)

December 6th

Angels Among Us: an evening with Spirit. Begin your holiday with a message from the angels. Join spiritual Intuitive, Jeanne Zuzel, for a wonderful evening of joy and discovery. Hear about angels and their presence in your life. All participants will receive a brief angel reading, if they wish, at the end of the presentation. (6:30)

January 3rd (2017)

Introduction to Holistic Weight Management: Are you tired of yo-yo dieting and struggling to reduce your weight? If you answered yes, then join Holistic Nurse, Jeanne Zuzel R.N., MA, for an introduction to Holistic Weight Management. Learn about simple lifestyle changes that can ease your weight-loss journey and improve your overall health and well-being. (6:30)

February 7th

Andy & Judy, a folk duo with Heart! Spend the evening tapping your toes with a loved one or the whole family! They write, compose and perform together with spectacularly captivating harmonies. Experience the sounds of the guitar, banjo and mandolin mixing behind stunning vocals and lyrics that will warm your heart on a cold winter evening. Gather everyone together and join us by the "fire" for this incredible event. (6:30pm)

March 7th

Aroma Therapy – the Therapeutic use of Essential Oils: presented by Margaret Blumie, consultant/practitioner from "Here's to Your Health!" Bring the beautiful fragrances of nature in to your home and reap the rewards of using genuine essential oils vs. the manufactured scents found in most common air fresheners and candles. Learn about the benefits of pure oils, where to get them and how to best use them in your home to promote good health for you and your family! All who pre-register will receive a free sample of Essential Oil to try at home. (6:30pm)

April 4th

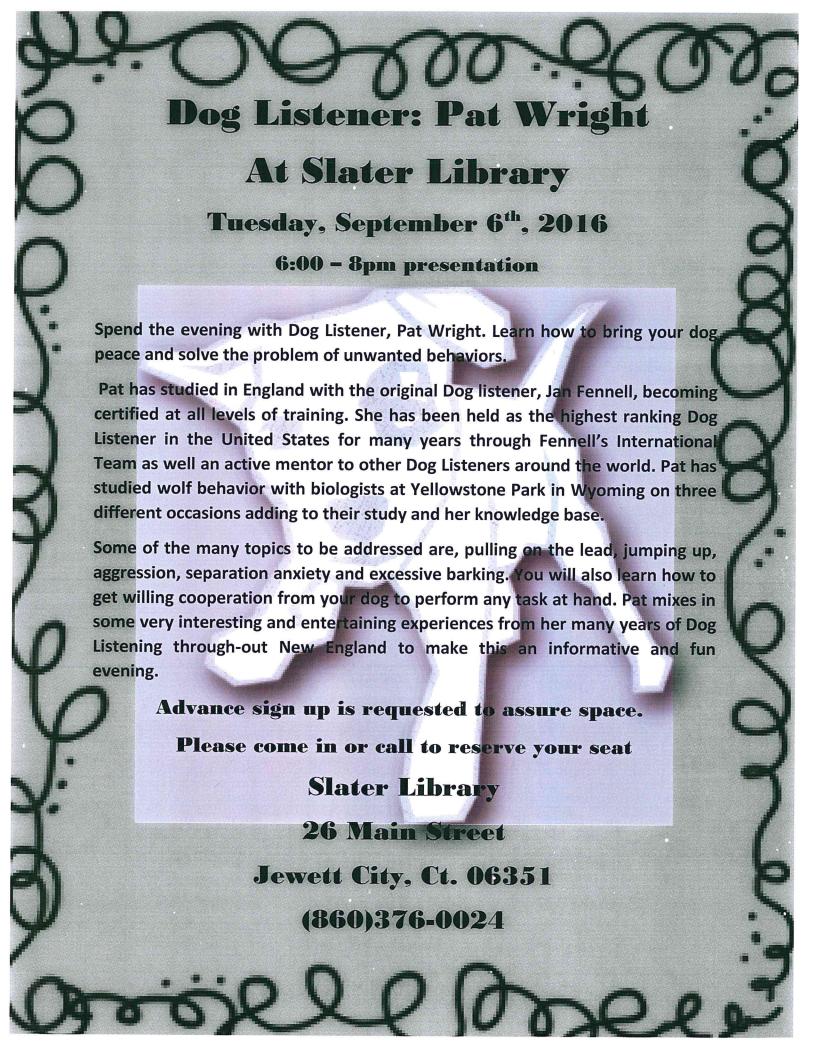
Clutter Control: a process not an event! Take a new look at Spring Cleaning with Dave Downs. We all have Stuff! Why do we acquire and save more possessions than we need? What happens when our stuff starts to own us? Why can't we just throw things away? Dave explores the many reasons that our drawers and closets are bulging in an upbeat, entertaining program that offers solutions! (6:30 pm)

May 2nd

Sustainable Backyard Gardens: presented by Master Gardener, Margaret Blumie. Learn about the most recent "Hot Topics" in local horticulture. Get reliable information and resources for solutions to your gardening challenges. Hear about the role invasive species play and how they affect our ecosystem. Discover the best plants for a healthy New England and a carefree garden.

June 6th the Big Finish!! (to be announced)

Pre-register and leave your number to get a reminder call Slater Library at (860)376-0024 or stop in at 26 Main Street, Jewett City



SLATER LIBRARY

TODDLER STORYTIME

For ages 2 and 3





****Interactive Stories, Playtime, Rhymes, Crafts****

11:00-NOON

Registration begins September 1st and is limited to Griswold

And

Lisbon

residents through September 6th.
Others may then sign up as space allows.
Call 860-376-0024 and ask for the Children's
Department to register.
There is no fee for this program.

SLATER LIBRARY

Baby and Me

With Melissa Leppon

STORIES AND SONGS

For ages 0 - 24 months

Babies and caregivers will gather for 30 minutes of songs, fingerplays, books and nursery rhymes and follow with an open play time.

Tuesdays

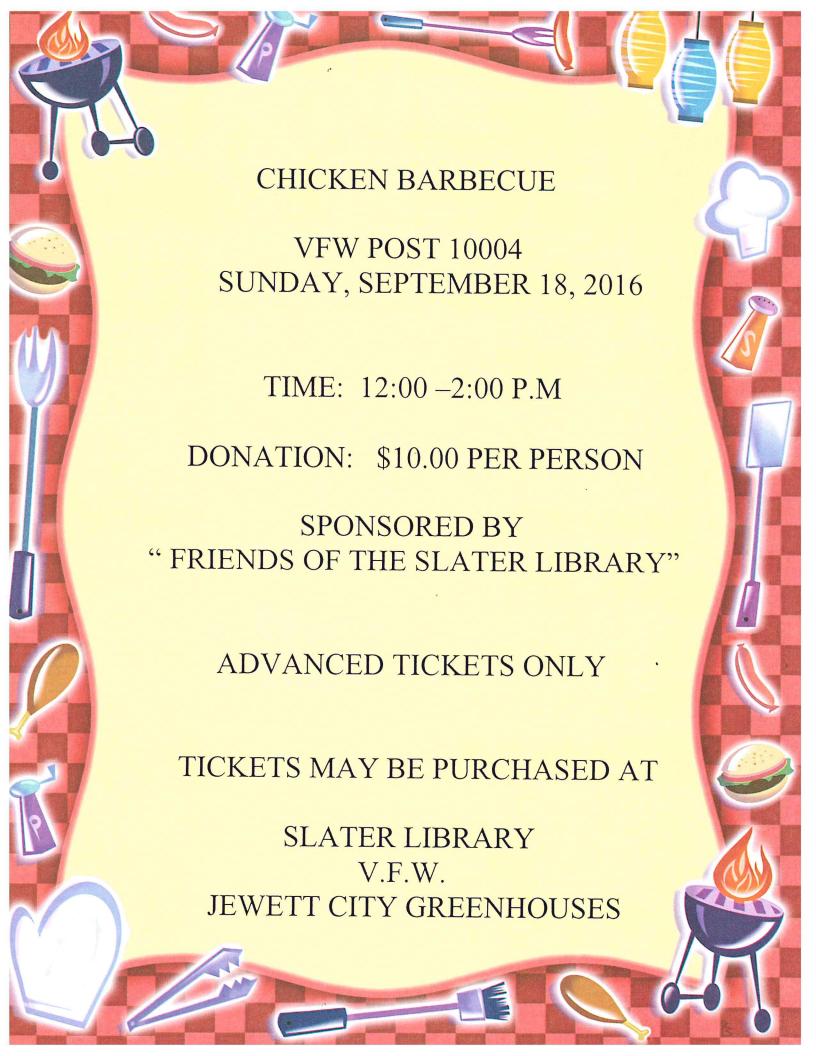
For 10 weeks

10:45 - 11:15

September 13th - November 15th

Registration begins September 1st and is open to residents of Griswold and Lisbon through September 6th. Others may then sign up as space allows.

Call 860-376-0024 and ask for the Children's Department to register



LISBON FALL FESTIVAL

Lisbon Community Center, Rte. 169, Lisbon

Friday, September 16th 4:30-8:00 PM

Chowder & Fritters, "Open Mic", Bonfire, Fire Dancer, and More

Saturday, September 17th 12:00-6:00 PM

Hot Dogs, Hamburgers, French Fries, Apple Fritters, & (
Doughboys, Karate & Dance Demonstrations, Diaper
Derby, Art Exhibits, Live Music, "Knocker Ball", and More!

Step back in time at the <u>Bishop House</u> with demonstrations and open hearth cooking!

 Over 30 Market Vendors and Local crafters

Games



Pancake Breakfast at Newent Congregational Church Starting at 7:30 A.M.

Don't Miss Out on the FUN!!

www.Lisbonfallfestival.org

bit.ly/LisbonFF2016

Questions? LisbonFallFestival@gmail.com

GPS Address: 19 South Burnham Hgwy., Lisbon, CT



The Lisbon Fall Festival

Diaper Derby

Saturday, September 17th, 2016

Diaper Derty

Lisbon Community Center

Who: All pre-walking babies

What: The shortest race around

When: Saturday, September 17th, 2016, 12:30-

1:00 PM

Why: Just because it's cute! And, the winner takes home a gift basket!

Cost: It's FREE to enter!

Register online at http://bit.ly/DiaperDerby2016 Contact us via email at lisbonfallfestival@gmail.com



Farmers Market from pg. 1

By Elaine Joseph

The Lisbon Farmers Market, now in its fourth year, is better than half way through a very successful season! We welcomed back numerous full and guest vendors from years past (Grants Berry Patch, Donna's Delicious Designs, Grace Gardens, Chocolate Rose Bakery, Broad Brook Maple Syrup, Muddy Turtle Traditions, Purring Kitty Pottery) and welcomed a whole slew of new vendors (Vincent Farms, Standish Brook Farm, Black Swan Baking Company, Colby Customs, Mom's Every Day Green Cleaning, JohnnyBGood Organic Garlic, Meadow Stone Farm Artisan Cheeses, Dragon's Blood Elixirs, Sea Uniquely Jewelry, A Twist of Color, Blue Bird Garden Design, Whiskers and Whimsey Bake Shop, Michele's Massage, local author Kathleen Krapf Karal) and many more to come later this season! We continue to bring our market goers some great music, too, including Sue Gallagher, Quiet Corner Fiddlers and guitarist Jim Taylor.

Like us on Facebook to get updates on vendors and events and on Instagram both at lisbonfarmermarket, and visit our website lisbonfarmersmarket.com

Senior Center Activities from pg. 1

September 23rd – Painting with Carrie – 12 noon - \$12 (supplies included)

September 21st – BIG E CT Day - \$25 payable to "The Shooting Stars" for the bus and ticket – Leaves Lisbon at 8:30 am sharp and the BIG E at 6pm sharp.

September 21st – Mystery Lunch with Tom and the Lunch Bunch – 11:30 am

September 27th - Fall Breakfast - \$3 – 9 am

<u>September 29th</u> – Flu Shots – 10 am <u>October 5th</u> – Ham & Bean Supper - \$5 – 11:30am– Entertainment to follow October 21st Free Elder Law & Estate Planning 6 – 7 pm.

October 21st – Essex Steam Train & Riverboat Excursion - \$55 includes a three course lunch aboard the train – bus leaves at 10:30am.

<u>October 22nd</u> – Pen Turning/Quilt Show/Bake Sale open to the general public

To register for activities and trips contact Karen Washington, Senior Coordinator/Municipal Agent at 860-376-2324 as soon as possible as seating may be limited.

*Lisbon Link - August/Sept

Fall Festival from Pg. 1

Saturday's events start at 10:00 am with a 3.5-mile road race, starting at the Lisbon Town Hall and finishing in front of the Lisbon Community Center. Come out early and enjoy a pancake breakfast at the Newent Congregational Church! Road Race applications are available at www.lisbonfallfestival.org. The Lisbon P.T.O. Color Run, a family fun event, starts at 11:30 and runs through Lisbon Meadows Park. This event is open to Pre-K – 8th grade children and parents who wish to accompany their kids. For more information and applications, visit INK"http://www.lcs.myfunrun.com/"ht tp://www.lcs.myfunrun.com/ or https://www.facebook.com/events/305 991669791008/.

The Lisbon Tunnelmen will be playing Vintage Baseball on a portion of the soccer field from 10:00 – 1:00. Another new event is the Diaper Derby, held at 12:30 for all pre-walking babies. Entry is free and the winning baby will receive a Baby Products Gift Basket.

Other events for the day include a Karate demonstration, dancing by "All The Right Moves", music by the E.B.

Green Band, and appearances from local school mascots.

The Lisbon Recreation Committee will once again host many kid and family friendly activities, including Knocker Ball! This was a huge hit at last year's festival. What is Knocker Ball? Glad you asked! It's a bunch of people running around wearing a big plastic inflatable ball and playing soccer. They often run into each other, bouncing off the other ball. Thus, "Knocker Ball"! It's hilarious! Check out this video for a brief look at KNOCKER BALL! https://goo.gl/V4CYQV Play or watch; it is sure to be a great time!

Chowder & Fritters, hamburgers, hot dogs and fries, popcorn, apple fritters, and refreshments will be available for purchase.

Don't miss out on the opportunity to step back in time with the Lisbon Historical Society at the John Bishop House, located next to the Community Center. Enjoy a guided tour, participate in some of their planned events, and try samples of their wildly popular open hearth cooking.

The event this year has expanded with over 35 local vendors, crafters, and artists. Meet the artists, crafters and vendors and do some early Christmas shopping. The Lisbon Fall Festival Committee is still looking for local artists and musicians. If you would like to participate, please contact Cyndy Goodwin Cockett via email at lisbonfallfestival@gmail.com.

The Lisbon Fall Festival Committee needs YOUR help! They are a volunteer organization and are always looking for new volunteers on the committee, or for people who can spare just a small amount of time to help them with major events. They are asking for volunteers for set-up and tear down for the Fall Festival, as well as volunteers who can help cook or help with concessions. Contact Cyndy Goodwin Cockett at 860-710-1640 or lastcarnival@comcast.net if you can assist with the Lisbon Fall Festival.

Stay in touch with the Lisbon Fall Festival and future events by following them on Facebook! Visit https://www.facebook.com/groups/lisboncommunitycenter/ and click on the Events tab!

The Lisbon Fall Festival Committee is raising the funds required to install a heating system in the Lisbon Community Center with events like the Fall Festival and Bingo. A heating system in the Community Center will make this spacious and affordable location available year-round for your events. To learn more about using the Lisbon Community Center, visit www.lisbonfallfestival.org and click on "Community Center". You may also make reservations by contacting Lorraine Dawley at 860-866-7595.

Quarterly Notes cont. Pg. 1

Sunday, Oct. 16, Walktober, 1 pm. A three-part walk beginning with an easy hike in the woods on an abandoned colonial road, stopping at the remains of several home sites and stone structures; tour the 1858 Newent Congregational Church (established in 1723), learning its history and link to the 1810 John Bishop House; and finally a museum tour and an open hearth cooking demonstration at the John Bishop House. A nifty walk to Discover Newent! Go to www.tlgv.org to discover other walks within the heritage corridor this fall. Town Historian Marcia Shafer and yours truly represented the Lisbon Historical Society at the Norwich Historical Society's inaugural History Day on the Norwichtown Green. Visitors from west of the Connecticut River, Rhode Island, as well as newcomers to the greater Norwich-New London area stopped by to learn about the other Lisbon, the one on scenic byway as most folks are familiar with the shopping center Lisbon. Handouts about the John Bishop House, Burnham Tavern, and the Anshei Israel Synagogue were also made available. The gathering of 30 plus organizations is testament to eastern Connecticut's rich cultural heritage and resources.

Routine maintenance continued at the Bishop House and synagogue during the summer. Upcoming due diligence projects at the Burnham Tavern, as recommended in the Conditions and Assessment Report include removing concrete facing over the original stone foundation; stabilizing the "L" in the back and reattaching it's roof to the main structure; joining attic rafters; and securing the tavern from further leaks.

As we uncover the fireplaces, we will assess their condition and chimney. While mowing the fields not under cultivation, LHS member Kevin Shafer came across a field of milkweed teeming with butterflies. Plans are underway to clear the brush so that this newly discovered habitat is visible from the road.

International corporations continue to add smaller craft breweries to their inventory, which adds new labels to CT redemptions. As long as CT is somewhere on the label or top the bottle or can it is good. Gatorade, Snapple, tea beverages, wine bottles, plastic milk jugs, and all others that do not have "CT" in the list of states on the container are <u>not</u> redeemable, those items should

be disposed of via our town-wide blue bin recycling program. Many thanks go out to our contributors, sorters, and especially Ken Mahler who administers and organizes the program.

A new web page is under construction, please visit, and like us on Facebook by typing Lisbon Historical Society in the "find friends" bar while we rebuild. Look for postings on the annual Holiday Open House, cooking classes, special events, and Burnham Tavern updates.

From the Town Clerk's Office

ELECTIONS

Voting Locations:

At the Special Town Meeting of August 3, 2016, the Town passed an Ordinance Concerning Referendum Voting on Local Questions. This ordinance will allow the town to consolidate polling places for town ONLY Referendum elections. Please note: The Town still has 2 polling locations for all other elections. Those living in CT Assembly District 45 still vote at the Senior Center (Polling District 2) while those in CT Assembly District 47 vote at Town Hall (Polling District 1).

Presidential Election - Tuesday, November 8, 2016 (2 polling locations)

In-Person Voter Registration
Deadline- Tuesday, November 1, 2016
- Last day to register to vote Registration Session at Lisbon Town
Hall from 9am to 8pm.

Absentee Ballots - Available Friday, October 7, 2016 - Applications available at the Town Clerk's Office or at www.lisbonct.com/townclerk. For overseas ballots, please contact the Town Clerk.