



The Lisbon Quarterly

A Newsletter for Lisbon Residents



Annual Easter Egg Hunt - April 13, 10:00 AM - Lisbon Meadows Park

LISBON SENIOR CENTER

Lunch Specials

March 18 – Annual “St Patrick’s Day” Corned Beef & Cabbage luncheon with entertainment \$10 – 11:30

March 20 –

Spring Breakfast \$3 – 9:00

April 9 – Wings & fries special \$5 – 11:30

May 3 –

Make your own tacos \$5 - 11:30

Trips

March 21 – Phantom of the Opera at the Providence Performing Arts Center - \$50 for bus and ticket, lunch on your own at Cracker Barrel after the show. **Contact the Senior Center for ticket information:**
860-376-2329

Activities

April 12 – AARP driving class 9:30-2:30 - \$15 for AARP members, \$20 for non-members

April 18 – Blowout Bingo 10:00 Turkey grinders w/chips \$5 – 11:30

May 4 – Craft Fair 9am-3pm – booths available for rent \$20

Go online to read **The Lisbon Link**, the bi-monthly Newsletter for the Lisbon Senior Center
www.lisbonct.com

TOWN CLERK’S CORNER

Volunteers Needed for Boards

Our town is in need of volunteers to fill vacancy positions on the following elected and appointed boards:

Recreation Committee

4 Vacancies

Water Pollution Control

Authority

1 Vacancy

Planning and Zoning Commission

2 vacancies

Zoning Board of Appeals

2 vacancies

If you are interested in learning more about any of these positions, please contact the Selectman’s Office at 860-376-3400.

Annual Budget Referendum

Per Town Ordinance, the General Government & the Board of Education Budgets are voted on by a Referendum Vote within 2 weeks of the Annual Town Meeting. The 2019 Annual Town Meeting will be held on May 6, 2019 at the Lisbon Central School Cafeteria at 7:00 p.m. The date of the referendum will be set at the annual town meeting with **ALL** voting taking place at the Lisbon Town Hall from 6:00 a.m. until 8:00.

From the Assessor’s Office: Homeowner’s Tax Relief

Applications are currently being accepted for the program at the Assessor’s Office. To qualify, homeowners must be over 65 or totally disabled and have a qualifying income equal to or less than \$43,900 for married couples or \$36,000 for individuals. The program opens on February 1st and closes on May 15th each year and requires documentation of your income eligibility including tax returns, social security statements and other statements of all income sources. Veterans meeting these income guidelines may be eligible for additional benefits and are encouraged to apply. Please contact the Assessor’s office for more details.

Angel Johnstone, Assessor

860-376-5115

In this Newsletter

Pg. 2.....Farmers Market
Pg. 2-3... ..From the Town Historian
Pg. 4.....Adult Education Classes
Pg. 4.....Lisbon Trail Committee
Pg. 4.....Water Pollution Control Authority
Pg. 4.....Annual Easter Egg Hunt
Pg. 5.....Dr. Seuss Story Hour - Slater Library
Pg. 6.....Baby & Me - Slater Library



Market News

Amanda Moreno, Market Manager

The Lisbon Farmers' Market is now entering its eighth season! This year, Market vendors will have the flexibility of participating as a full time, part time or guest vendor. (Part time was not available in previous seasons). If you are interested in being a vendor, there is still time to apply as one! The market welcomes vegetable and fruit vendors; meat, poultry and seafood; dairy including cow/goat milk, ice cream, and cheese; baked goods including breads, pastries and pies; quality arts and crafts; pet treats; canned goods and preserves; soaps and beauty supplies; plants & cut flowers; herbs; honey and maple syrup; food truck vendors; specialty items; acoustic musical entertainment; and community services (informational). All Lisbon Farmers Market vendors must be CT Grown or produced. Go to lisbonfarmersmarket.com for more information on how to be a vendor, or contact Amanda Moreno, Market Manager, directly: lisbonfarmersmarket@gmail.com. For all who love to attend the market, we have some fun

“themed” markets lined up for you for the 2019 season! (Please check the Lisbon Farmers' Market website and/or Facebook page for more up-to-date information - this is a tentative schedule).

July 11 – Faeries & Elves

July 18 – Touch-a-Truck

July 15 – Military Appreciation

August 1 – Dog Daze of Summer

August 8 – Arts Week

August 15 – Back to School Blitz

August 22 – Sweet Week

August 29 – Scouting

September 5 – Food Drive

September 19 – Apple Fest

September 26 – Bonfire

The Lisbon Farmers' Market is held seasonally, end of June through late September, on Thursday afternoons 3:30 PM – 6:30 PM at Lisbon Meadows Park (by the “barn”).

Volunteer your time at the market!
Call 860-376-3400 if you would like to spend some time helping us!

From the Lisbon Town Historian Marcia Shafer

During Colonial times, farming, food, and the avoidance of famine were of the utmost importance. There were no chain stores or corner grocery stores to shop at. There wasn't any refrigeration or freezers except in the winter when the cold weather kept meat and other perishables chilled or completely frozen.

Colonists would store food in underground cold-storage, but the food would have to stay dry to prevent spoiling. If they had nowhere to store it, they hung the meat in a tree until they could smoke

it (preserve it). The meat would be hung in a high branch near the house so that wild animals or dogs couldn't reach it.

Men and even women had to hunt for meat with guns or traps, gather nuts, berries, and wild greens. Ships would bring spices and other dry goods from the “Old World” and the Caribbean Islands.

In Colonial America, winters were long and cold and if the food supplies ran low they had half rations, or famine.

When the Jamestown Archaeologists were digging and researching in 2012, a skeleton was found with a butchered skull and shin bone. This supported documented accounts of cannibalism. It was determined, however, that cannibalism was not wide-spread throughout the colonies.

When the British Colonists secured a hold in the New World, indentured servants came from England and worked off their debt to the people who paid their way. They worked hard to save enough to buy their own land and raise their own families. Slavery brought more man-power, and slaves eventually replaced the indentured servant.

Agriculture grew. Farming in colonial times was hard, physical labor. There was no mechanized equipment like there is today. Hand-held hoes, scythes, and axes were common

and important tools. Horses and oxen were used for clearing ground with wooden plows that the field hand had to walk behind.

Early crops consisted of the following: beans, squash, peas, okra, pumpkins, peppers, tomatoes, rice, potatoes and peanuts. Corn was used to feed both humans and livestock. Tobacco was an export that became a very valuable crop for monetary gains.

Colonists found good resources of protein from hunting, trapping, and fishing. Animals they hunted or trapped were rabbit, squirrel, possum, racoon, deer, bear and many fowls plus many types of fish and shellfish.

During the 1600's, the colonists brought horses, cows, goats, sheep and pigs to the Americas. As they brought more animals to the New World the farm animals became more plentiful and became sources of food, clothing, and more.

Horses were brought to North America to be used for transportation and for clearing land to plant crops.

Oxen were used to do the heavy work that today we use heavy equipment for. Oxen would have been used to move some of the large stones we see in old foundations, and were instrumental in the push westward in heavy Conestoga wagons.

Milking cows were used for their milk production which was then used to make butter, cheese, and cream. Their meat was used for

food. The hide of the cow was used as an outer covering to protect a person from the weather, and over time, the leather was used for footwear, too.

Various types of fowl, including chickens, geese, ducks, pheasant and grouse were kept to use their eggs and meat as food. Their feathers were kept for pillows and mattresses for the beds.

Goats were commonly kept for their milk to make cheese, and for meat for the table. They were hardy and rugged and thrived on weeds and grass. Sheep provided meat and wool.

Settling a new colony, tending to the family, building a home in the wilderness, having food for all to eat until the new crop was ready for harvesting in the late summer and early fall, and maintaining the safety of people and animals alike, was of the utmost importance to the brave people of the New World.

Without modern day tools and technology, it is a wonder that the Colonists were able to survive the New World and all its dangers, and prosper!

Norwich Regional Adult Education
Sam Chinigo – Marketing & Communications Manager

FREE classes for Lisbon residents age 17 & older! Whether it's obtaining a high school diploma, learning *English as a Second Language*, or *Citizenship Preparation*, NRAE has a multitude of programs available to help you take the next step to your future.

There are 4 different programs available for the pursuit of a high school diploma: The first program is called the *Adult High School Credit Diploma Program*, and allows adults to gain credits towards finishing their high school diploma by attending day or evening classes. Just want a GED®? NRAE offers *GED® Test Preparation*, and *Pre-GED®/ABE/Academic Prep* classes. Lastly, the *National External Diploma Program* is recommended for adults who are highly motivated & self-directed, have occupational skills, and have acquired life skill experience. Please call 860.823.4299 for more info.

In addition to academics, registration is going on now for enrichment classes starting March 5th. These 5-week classes include *Culinary*, *Cake Decorating*, *Confectionary Recreations*, *Personal Finance*, *Conversational Spanish*, *Career development*, *Health & Fitness*, among many others. It's a great way to get a group of friends together to learn a new craft or just to get your mind & body in shape. Registration going on now. Be sure to sign up quickly.

For more information, go to the following website:

www.norwichpublicschools.org

Lisbon Trail Committee

The Trails at Burnham Tavern remain open during the winter months, offering an opportunity to enjoy a walk through the woods of deciduous and coniferous trees, along pastures, fallow fields and ice crusted streams. With the rapid changes in weather there are a few wet spots so do wear your waterproof boots. And, like any experience in nature, attempt to only leave footprints as proof of your visit.

Over 200 volunteer hours were dedicated to designing and creating the more than a mile and half of trails which opened in October of 2018. Through a generous grant from The Last Green Valley and in cooperation with the Lisbon Historical Society informational signage was created and trail blazes were installed, highlighting the historical nature of the property as well as the varied uses of the land over time.

The trails can be accessed through a pedestrian entrance on North Burnham Highway (Rt 169) opposite Sergeants Way or via an entrance at 62 Kimball Rd where road side parking is available.

Lisbon Water Pollution Control Authority

The WPCA marked the departure from the authority in December 2018 of Bob LaChapelle. Over nearly 18 years, Bob served as Chairman, volunteering countless hours, night and day, to overseeing the maintenance and expansion of the commercial sewer system. Among the major WPCA maintenance projects were the replacement of manhole structures along busy Route 12 and a comprehensive internal inspection of the system via video.

As Chairman, Bob also dedicated significant time working with developers and contractors on the expansion of the sewer system to service new commercial customers in the Crossing at Lisbon and elsewhere in the Route 12/River Rd. sewer district. Bob also spearheaded the WPCA's transfer of contracted system maintenance and monitoring services from private contractors and the Jewett City Department of Public Utilities Sewer Division to Norwich Public Utilities. This change allowed for more comprehensive, cost-effective support for the system.

Bob's final effort on behalf of the WPCA was monitoring the complete replacement of the two pumps at the station off Route 12 at the end of 2018. This replacement strengthened the long-term viability of the sewer system that is the backbone of Lisbon's commercial district. Many thanks to Bob for his years of dedicated service!

* The Lisbon WPCA is an internally funded entity responsible for overseeing the efficient and economical operation of two public

sewer systems in the Town of Lisbon, the Route 12/River Rd. commercial sewer district and the Versailles Sewer District. The Route 12 system is connected to the Jewett City sewer treatment plant. The Versailles Sewer District, serving legacy Lisbon residential customers, is operated in conjunction with the Sprague Water and Sewer Authority through a connection to the Norwich sewer system. Member vacancies exist on the WPCA and anyone interested can attend the regular meetings held the first Thursday of the month at 7 PM at Town Hall or contact Chairman Ken Robb at krobb1958@mac.com

ANNUAL EGG HUNT Lisbon Recreation

**Saturday
April 13, 2019
10:00 a.m.**

**Lisbon Meadows Park
(near the Pavilion)**

**Age Groups:
Under 4; 4-6; 7-10**

**Please Bring Your
Own Basket!**



Dr. Seuss Story Hour

Saturday, March 2, 2019

12:30-1:30 PM

Slater Library

26 Main St. Jewett City, CT

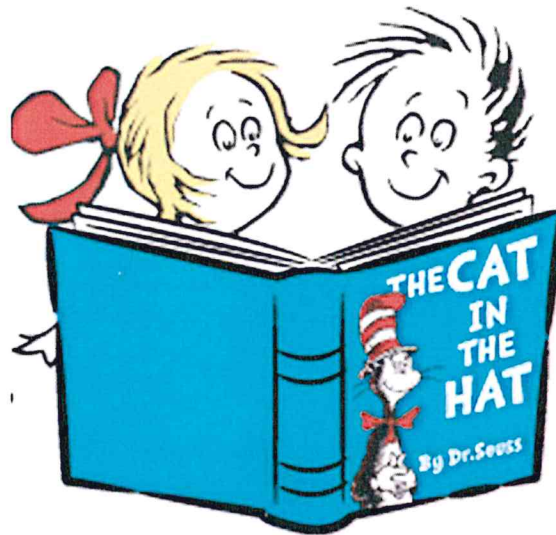
Dr. Seuss STORIES and REFRESHMENTS and CRAFTS

This annual event is sponsored by the
Friends of Slater Library

Registrations welcome but not required

Hope you can join us!

(860) 376-0024



SLATER LIBRARY WINTER 2019

Baby and Me With Melissa Lennon STORIES AND SONGS

For ages 0 – 24 months

Babies and caregivers will gather for 30 minutes of songs, finger plays, books and nursery rhymes and follow with an open play time.

Tuesdays



10:45 am – 11:15 am

March 5th – May 14th (no class 4/16)

Registration begins February 18th and is open to residents of Griswold and Lisbon through February 23rd. Others may then sign up as space allows. There is no charge for this program.

Call 860-376-0024 and ask for the Children's Department to register.

Slater Library, 26 Main St. Jewett City, CT 06351