

MINUTES  
REGULAR MEETING  
COMMISSION ON AGING  
LISBON SENIOR CENTER  
MONDAY, APRIL 1, 2013  
7:00 P.M.

1. Call to Order

The regular meeting of the Commission on Aging was called to order by Leonora Szruba, Chairman, at 7:00 p.m.

MEMBERS PRESENT: Dorothy Coggins, Joseph Doran, Mary Grant, Judith Jencks,  
Fidelis Kershaw, Leonora Szruba

MEMBERS ABSENT: Edwin Brown, Cava Castagnaro, Carol Sadowski

OTHERS PRESENT: Thomas Sparkman, First Selectman

2. Reading of Previous Minutes

A motion was made by J. Doran, seconded by M. Grant, to approve the previous minutes with corrections to the spelling of the names of Joseph Doran and Carol Sadowski (and Leonora Szruba).

VOTE: UNANIMOUS MOTION CARRIED

A motion was made by J. Doran, seconded by M. Grant, to digress from the normal order of business and take up 6. Old Business a. Coverage

VOTE: UNANIMOUS MOTION CARRIED

6. Old Business

a. Coverage

1. Groups

2. After Hours Activities

After noting that Mrs. Jencks will be out of work for approximately four months after surgery for Carpal tunnel, Mrs. Szruba described some of the duties that would need to be covered during Judy's absence, i.e. under groups: Discussion Group, Book Club, Exercise Group, Wednesday A.M. Group, as well as the Walking Club and Pickleball after hours. She also advised that the person covering would need to be back-up, if needed, in the kitchen (certified food prep.); manage the Sandwich Program and supervise volunteers.

Mr. Sparkman advised the Commission that Joyce Kvist, a former employee at the senior center has agreed to work in Judy's absence. He noted that Joyce is familiar with the center and always has had a good rapport with the seniors.

3. Correspondence

1. Letter w/advertising flyer, Lorie R. V. Fenner, 3/27/13, Re: AHEPA 110-111, Senior Housing 370 Hamilton Ave., Norwich


2. C: Memo to Thomas Sparkman, First Selectman from Leonora Szruba, Chair., COA, Re: Re-assignment of Line Item from which to take the cost of the new time clock.

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3. C: Memo to Nate Walsh, Bookkeeper, from Leonora Szruba, Chair., COA, Re: Izbicki Plumbing Purchase Order
4. Bills and action thereon - None
5. Senior Coordinator's Report  
Judith Jencks, Sr. Coordinator/Municipal Agent, gave a verbal report regarding upcoming activities at the Senior Center which are listed on the two attached newsletter sheets. *To see the entire senior newsletter go to lisbonct.com, click on Town Departments then scroll down to Senior Newsletter.*
6. Old Business - See above
  - b. Sandwich Program  
In response to a question about how the Sandwich Program is working, Mrs. Jencks reported that it is going well and making money.
  - c. Budget Update  
There was no update as Mrs. Jencks advised that she was unable to attend the most recent Board of Finance on the budget.
7. New Business
  - a. Bookcases  
A motion was made by M. Grant, seconded by J. Doran, that we use the Helen Kilbosa memorial money for the bookcase project in the library (2-floor to ceiling bookcases).  
VOTE: UNANIMOUS MOTION CARRIED
8. Any other business which may properly come before the Commission  
Fidelis Kershaw led a discussion regarding how to increase attendance at the senior center suggesting that participating in the Farmers Market might be one way for the center to get exposure.
9. Adjournment  
A motion was made by J. Doran, seconded by F. Kershaw, to adjourn at 7:45 p.m.  
VOTE: UNANIMOUS MOTION CARRIED

  
Mariene LePine, clerk

APPROVED: \_\_\_\_\_  
Leonora Szruba, Chairman

RECEIVED FOR RECORD AT LISBON  
ON 4/02/13 AT 2:50pm  
ATTEST. LAURIE TIROGCHI, TOWN CLERK  


# the lisbon link

APRIL - MAY 2012

YARD-BAKE-BOOK-CRAFT SALE

APRIL 20 9:00-2:00

you name it - we'll try to sell it!!

accepting donations of clean - sellable items

looking for workers to set up the week of April 14-19 starting at 10:00

BAKED GOODS accepted Friday and early Saturday

This MAJOR fundraiser helps buy things for the senior center and supports a number of activities

*You Mean the World to Us!*  
*Thanks!*

The expression "We couldn't do it without you!" is so true here at the senior center. So many of the activities are volunteer run. So much is given to the center. So many hours are donated doing the little things most don't notice!

See Judy for your ticket for a free lunch the week of April 22-26 as we thank you for volunteering!

Bring a dish to share for POT  
LUCK on May 8 at 11:230

senior expo

may 23 9:30-12:30

backus tech center

Norwich industrial center

Wii bowlers challenged by Colchester

April 5th the Lisbon bowlers will host Colchester in a bowloff. There will be hooting and hollering - cheering and booing! Be here to enjoy a really fun day as a bowlers or as a cheerleader!!

Have you wondered what "Assisted Living" is? You've heard about it but are not sure what it is. We have a speaker on April 10th at 12:00.

Followed the Shooting Star meeting. Find out the latest about "the money".

BLOWOUT BINGO

APRIL 11 STARTING AT 10:15

\$5.00 for UP TO 6 cards

MAKE YOUR APPOINTMENT FOR THE  
FOOT CLINIC ON MAY 3RD



### **lunch bunch**

During the fair weather months the van takes riders out to lunch. The restaurant is a surprise. You pick from the menu and pay for your own lunch. It's a great afternoon. Talk to Vikki or Judy to sign up! Here's the

dates:

April 24

May 17

June 26

July 19

August 21

September 25

October 18



*spring* EXERCISE  
**PICKLEBALL** is back at the tennis court on 769 Monday and Wednesdays at 3:00. We'd love to have you join us!! Stop in and check it out.



Is there an interest in 3 on 3 **BASKETBALL**? Stop by April 9th at 2:30 in the senior center. We'll figure it out, pick teams, etc. then out to the basketball court behind the track on Tuesdays at 3:00 to play!!

Don't forget **WALKING!**

Read the flyer, fill out your registration form, bring it with you and start walking!



On rainy days use the stair stepper, treadmill or bike in the senior center.

Come listen and share with the **"Tongue Waggers"** on Mandays at 1:00. This small group shares opinions on most anything. Recently some topics were -the new pope - blame (have we become a society where someone is to blame for everything), candidates (both attracting and attacking them). Bring a topic you would like to talk about!

### **DON'T FORGET THE BOOK CLUBS**

**good readers** April 12 and May 10 at 10:30

**last friday book club** APRIL 26  
"THE SOLOIST" BY STEVE LOPEZ  
AND May 31 at 10:00 "SILVER GIRL" BY ELIN HILDERBRAND



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SAVE up to 10% off your auto insurance by taking the **AARP DRIVING CLASS**

May 24 starting at 9:30.

They break for lunch at 11:30. You can bring your own or order at the senior center.

Register by May 17 and pay the day of.

\$70.00 for AARP members. \$12.00 nonmembers.