

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Tilapia Roasted Potato Spinach Banana	2 Beef Stew Biscuit Apricots
LABOR DAY HOLIDAY CLOSED	6 Stuffed Peppers Mashed Potato Green Beans Ice Cream	7 Chicken Cacciatore Rice Pilaf Broccoli Peaches	8 Eggplant Parmesan Tossed Salad Mandarin Oranges	9 Meatloaf w/gravy Roasted Potatoes Whole Baby Carrots Lemon Meringue Pie
12 Fish & Chips Mixed Vegetables Apple	13 Spaghetti & Meatballs Zucchini Vanilla Pudding	14 Chicken Salad Sandwich Crushed Pineapple	15 Pot roast w/gravy Mashed Potato Carrot Coins Cookies	16 Turkey Pot Pie Biscuit Pears
19 Salisbury Steak Mashed Potato Beets Sherbet	20 Chicken Florentine Wild Rice Oriental Blend Vegetables Fruited Jell-o	21 Lemon Pepper Fish Baked Potato Stewed Tomatoes Orange	22 Roast turkey w/gravy Stuffing Peas & Carrots Cranberry Sauce Brownies	23 Beef Stroganoff Egg Noodles Broccoli Fruit Cocktail
296 Swedish Meatballs Mashed Potatoes Scandinavian Blend Veg. Citrus Fruit	27 Stuffed Shells w/sauce Italian Green Beans Lemon Pudding	28 Crabmeat Salad Sandwich Banana	29 Roast Pork w/gravy Sweet Potato Spinach Jell-o	30 Chicken Caesar Salad Tomato & Cheese Whole Wheat Roll Cake w/frosting

*Chances are with just ONE AD,  
you'll get MORE THAN  
ONE new customer!*  
**Advertise Here • 800-732-8070**

**COLDWELL BANKER**  
J H & H INC.,  
REALTORS®  
1260 Boston Post Rd • Westbrook  
 

www.coldwellbankerct.com  
**800.555.7471**  
*Senior Real Estate  
Specialist Available*  
**Expect more from  
a real estate company.**

**The Tradition of Burial at Sea  
Now Available in Connecticut.**

**SeaCeremony**

www.seaceremony.com 860-598-9090