

## OCTOBER 2012

Lunch is served at Noon. Reservations must be made before 11 am, the day before. 860-388-1611

Meals are support by Senior Resources Agency on Aging with Title III funds available under the Older Americans Act.

| MONDAY                                                                          | TUESDAY                                                                          | WEDNESDAY                                                                       | THURSDAY                                                                      | FRIDAY                                                                |
|---------------------------------------------------------------------------------|----------------------------------------------------------------------------------|---------------------------------------------------------------------------------|-------------------------------------------------------------------------------|-----------------------------------------------------------------------|
| 1<br>STUFFED PEPPER<br>MASHED POTATOES<br>WHOLE BABY CARROTS<br>ASST. PUDDING   | 2<br>BAKED FISH OF THE DAY<br>SWEET POTATO<br>SPINACH<br>APPLE                   | 3<br>SPAGHETTI W/ TURKEY<br>MEATBALLS<br>TOSSED SALAD<br>W/ DRESSING<br>PEACHES | 4<br>MEATLOAF<br>ROASTED POTATOES<br>PEAS AND CARROTS<br>ASST. PIES           | 5<br>CHICKEN DIVAN<br>WILD RICE<br>BROCCOLI<br>JELLO                  |
| 8<br>COLUMBUS DAY<br><br>CLOSED                                                 | 9<br>SALISBURY STEAK<br>W/ GRAVY<br>MASHED POTATOES<br>ICE CREAM                 | 10<br>BBQ CHICKEN<br>RICE PILAF<br>BROCCOLI<br>CRUSHED PINEAPPLE                | 11<br>STUFFED SHELLS<br>W/ TOMATO SAUCE<br>ITALIAN BLEND<br>JELLO             | 12<br>BEEF STEW<br>W/ POTATO AND<br>MIXED VEGETABLES<br>APPLE SAUCE   |
| 15<br>LEMON PEPPER FISH<br>MASHED POTATOES<br>SLICED BEETS<br>SHERBET           | 16<br>CHICKEN FLORENTINE<br>WILD RICE<br>ZUCCHINI<br>COOKIES                     | 17<br>TUNA SALAD SANDWICH<br>ON WHEAT<br>3 BEAN SALAD<br>ORANGE                 | 18<br>TURKEY POT PIE<br>W/ POTATO AND MIXED<br>VEGETABLES<br>CAKE W/ FROSTING | 19<br>AMERICAN CHOP<br>SUEY<br>ITALIAN GREEN<br>BEANS<br>CITRUS FRUIT |
| 22<br>CHICKEN TERIYAKI<br>BROWN RICE<br>ORIENTAL VEGETABLES<br>MANDARIN ORANGES | 23<br>SWEDISH MEATBALLS<br>OVER NOODLES<br>CARROT COINS<br>BROWNIES              | 24<br>MACARONI AND CHEESE<br>STEWED TOMATOES<br>BANANA                          | 25<br>SPINACH STRATA<br>TOSSED SALAD<br>W/ DRESSING<br>VANILLA PUDDING        | 26<br>COWBOY CASSEROLE<br>BISQUIT<br>CALIFORNIA BLEND<br>JELLO        |
| 29<br>2 HOT DOGS + BEANS<br>MIXED VEGETABLES<br>CHOCOLATE PUDDING               | 30<br>CHICKEN PARMESAN<br>W/ TOMATO SAUCE<br>PASTA<br>BROCCOLI<br>FRUIT COCKTAIL | 31<br>SLOPPY JOE ON BUN<br>GREEN BEANS<br>ICE CREAM                             |                                                                               |                                                                       |