

FEBRUARY 2012 MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Lunch Cost: Age 60+ - \$3.00 suggested donation Under Age 60 - \$6.25.		1 American goulash Whole Baby Carrots Applesauce	2 Chicken Sausage w/ apples Mashed Potatoes Mixed Vegetables Cake w/frosting	3 Crabmeat Salad Sandwich 3-Bean Salad Orange
6 Stuffed Peppers Mashed Potato Broccoli Ice Cream	7 Lemon Pepper Fish Rice Pilaf Green Beans Banana	8 Spaghetti w/turkey Meatballs Tossed Salad Dressing Chocolate Pudding	9 Meatloaf w/gravy Roasted Potatoes Peas & Carrots Fruited Jell-o	10 Chicken Parmesan Penne Pasta Mixed Vegetables Peaches
13 Salisbury Steak w/gravy Mashed Potato Winter Blend Veg. Crushed Pineapple	14 Chicken Cacciatore Brown Rice Peas & Carrots Cherry Pie	15 Tilapia Sweet Potato Spinach Apple	16 Turkey Pot Pie Biscuit Cookies	17 Pot Roast w/gravy Roasted Potatoes Broccoli Mandarin Oranges
20 President's day Holiday closed	21 Swedish Meatballs Mashed Potato Italian Green Beans Fruit Cocktail	22 Chicken Florentine Rice Pilaf Oriental Blend Veg. Butterscotch Pudding	23 Beef Stroganoff Egg Noodles Whole Baby Carrots Citrus Fruit	24 Roast turkey w/gravy Stuffing Butternut Squash Cranberry Sauce Brownies
27 Baked Fish of the day Wild Rice Peas & Carrots Orange	28 Estuary Burger on roll Cole Slaw Sherbet	29 Chicken Caesar Salad Tomato & Cheese Whole Wheat Roll Pears	Lunch is served at Noon. Reservations must be made <u>before 11 am, the day before.</u> 860-388-1611.	<i>Meals are supported by <u>Senior Resources Agency on Aging</u> with Title III funds available under the Older Americans Act.</i>