

M A Y 2013

Estuary Café Sites (Daily, M-F): CLINTON – 54 East Main Street, OLD LYME – 26 Town Woods Road and OLD SAYBROOK – 220 Main Street,
WESTBROOK (Thursdays): – 866 Boston Post Road

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
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| <i>Lunch is served at Noon. Reservations must be made <u>before 11 am, the day before.</u> 860-388-1611 Lunch Cost: Age 60+, \$3.00 suggested donation. Under Age 60, \$11.25</i> | <i>Meals are support by <u>Senior Resources Agency on Aging</u> with Title III funds available under the Older Americans Act</i> | 1 TILAPIA ROASTED POTATOES SPINACH APPLE | 2 SPAGHETTI W/ MEATBALLS TOSSED SALAD PEACHES | 3 ROAST TURKEY W/GRAVY AND CRANBERRY SAUCE MASHED POTATOES GREEN BEANS VANILLA PUDDING |
| 6 STUFFED CABBAGE MASHED POTATOES WHOLE BABY CARROTS ICE CREAM | 7 CHICKEN FLORENTINE NOODLES BROCCOLI PEARS | 8 SALISBURY STEAK SPANISH RICE MIXED VEG JELL-O | 9 BAKED FISH OF THE DAY SWEET POTATOES PEAS BANANA | 10 MANICOTTI W/ TOMATO SAUCE TOSSED SALAD DRESSING PEACHES |
| 13 CHICKEN TERIYAKI WILD RICE ORIENTAL BLEND MANDARIN ORANGES | 14 AMERICAN CHOP SUEY CAULIFLOWER CHOCOLATE PUDDING | 15 LEMON PEPPER FISH MASHED POTATOES WINTER BLEND ORANGE | 16 TURKEY SANDWICH COLE SLAW ASSORTED PIES | 17 COWBOY CASSEROLE BISCUIT CARROT COINS FRUIT COCKTAIL |
| 20 CHEESE ROTELLE W/TOMATO SAUCE ITALIAN BLEND VEG SHERBET | 21 SWEDISH MEATBALLS NOODLES PEAS AND CARROTS CITRUS FRUIT | 22 CHICKEN CEASAR SALAD W/TOMATO AND CHEESE WHOLE GRAIN ROLL COOKIES | 23 CHICKEN SAUSAGE W/APPLE MASHED POTATOES BROCCOLI FRUITED JELL-O | 24 MEATLOAF W/GRAVY ROASTED POTATOES CALIFORNIA BLEND BANANA |
| 27 MEMORIAL DAY -CLOSED- | 28 FISH ROASTED POTATOES BEETS APPLE | 29 CHICKEN CACCIATORE W/ONION AND PEPPER BROWN RICE ITALIAN GREEN BEANS CAKE | 30 MEMORIAL DAY LUNCHEON ESTUARY BURGER LETTUCE AND TOMATO BAKED BEANS COLE SLAW ICE CREAM | 31 MACARONI & CHEESE STEWED TOMATOES CRUSHED PINEAPPLE |