

January 2012

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 NEW YEAR HOLIDAY CLOSED	3 Spaghetti w/Turkey Meatballs Italian Green Beans Mandarin Oranges	4 Chicken Florentine Rice Pilaf Broccoli Pears	5 Meatloaf w/gravy Roasted Potato Zucchini Cake w/frosting	6 Stuffed Cabbage Mashed Potato Mixed Vegetables Ice Cream
9 Chicken Teriyaki Brown Rice Oriental Blend Vegetables Vanilla Pudding	10 Fish & Chips Carrot Coins Banana	11 Turkey Sandwich Lettuce & Tomato Cookies	12 Pasta Dinner Italian Blend Vegetables Fruited Jell-o	13 Beef Stew Biscuit Assorted Pies
16 MARTIN LUTHER KING HOLIDAY CLOSED	17 Estuary Burger On a roll 3-Bean Salad Lemon Pudding	18 Chicken Caesar Salad Tomato & Cheese Whole Wheat Roll Peaches	19 Pulled Pork Sandwich Cole Slaw Brownies	20 Tuna Fish Salad Lettuce & Tomato Crushed Pineapple
23 Salisbury Steak w/gravy Mashed Potato California Blend Vegetables Sherbet	24 Macaroni & Cheese Stewed Tomatoes Fruit Cocktail	25 Tilapia Rice Pilaf Spinach Apple	26 Chicken Alfredo Broccoli Jell-o	27 Roast Pork w/gravy Sweet Potato Cauliflower Cake w/frosting
30 BBQ Chicken Brown Rice Italian Green Beans Butterscotch Pudding	31 Cheese Rollette w/sauce Zucchini Pears	<i>Meals are supported by <u>Senior Resources Agency on Aging</u> with Title III funds available under the Older Americans Act.</i>	Lunch Cost: Age 60+ - \$3.00 suggested donation. Under Age 60—\$6.25	Lunch is served at Noon. Reservations must be made before 11 am, the day before. 860-388-1611