

J U N E 2013

Estuary Café Sites (Daily, M-F): CLINTON – 54 East Main Street, OLD LYME – 26 Town Woods Road and OLD SAYBROOK – 220 Main Street,
WESTBROOK (Thursdays): – 866 Boston Post Road

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 STUFFED PEPPER MASHED POTATOES CARROT COINS ICE CREAM	4 CHICKEN PARMESAN PASTA BROCCOLI PEACHES	5 SPAGHETTI W/MEATBALLS TOSSED SALAD DRESSING JELL-O	6 ROAST TURKEY W/GRAVY CRANBERRY SAUCE STUFFING GREEN BEANS MANDARIN ORANGE	7 BEEF STROGANOFF WILD RICE MIXED VEGETABLES BROWNIES
10 SALISBURY STEAK MASHED POTATOES BEETS FRUIT COCKTAIL	11 BAKED FISH OF THE DAY SWEET POTATOES SPINACH APPLE	12 AMERICAN CHOP SUEY CAULIFLOWER LEMON PUDDING	13 EGGPLANT PARMESAN TOSSED SALAD W/DRESSING PEARS	14 FLAG DAY LUNCHEON BBQ CHICKEN POTATO SALAD COLE SLAW STRAWBERRY SHORTCAKE
17 STUFFED SHELLS ITALIAN BLEND VEG CITRUS FRUIT	18 CHICKEN ALFREDO PEAS AND CARROTS VANILLA PUDDING	19 TILAPIA MASHED POTATOES STEWED TOMATO ORANGE	20 ROAST PORK W/ APPLESAUCE ROASTED POTATOES MIXED VEGETABLES ASSORTED PIES	21 SWEDISH MEATBALLS OVER NOODLES WHOLE BABY CARROTS CRUSHED PINEAPPLE
24 CHICKEN TERIAYKI RICE PILAF ORIENTAL BLEND VEG SHERBET	25 MANICOTTI W/SAUCE ZUCCHINI JELL-O	26 LEMON PEPPER FISH TATOR TOTS WINTER BLEND VEG CAKE	27 MEATLOAF W/GRAVY MASHED POTATOES BROCCOLI BANANA	28 SPINACH SUPREME TOSSED SALAD W/DRESSING PEACHES
	Lunch is served at Noon. Reservations must be made <u>before</u> <u>11 am, the day before.</u> 860-388-1611	Lunch Cost: Age 60+, \$3.00 suggested donation. Under Age 60, \$11.25	Meals are support by <u>Senior</u> <u>Resources Agency on Aging with</u> <u>Title III funds available under the</u> Older Americans Act	