

May-11

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p> <p>Stuffed Peppers Mashed Potatoes Whole Baby Carrots Peaches</p> <p>Get your tickets for Tea by the Sea!</p>	<p>3</p> <p>Fish & Chips Cole Slaw Banana</p> <p>We serve breakfast! Mon - Fri from 7:45 to 9 am Saturdays from 8 am - Noon</p>	<p>4</p> <p>Chicken Thighs Rice Pilaf Green Beans Sherbet</p> <p>10 am Cribbage - weekly All levels welcome!</p>	<p>5</p> <p>Spaghetti & Meatballs Tossed Salad Jell-o</p> <p>12:45 Flower Arranging</p>	<p>6</p> <p>Roast Pork w/gravy Sweet Potato Broccoli Applesauce</p> <p>Health & Wellness Expo Tomorrow from 9 am - Noon</p>
<p>9</p> <p>Salisbury Steak Gravy Mashed Potatoes Mixed Vegetables Chocolate Pudding</p>	<p>10</p> <p>Chicken Cacciatore w/onions & peppers Wild Rice Winter Blend Veg. Cookies Noon Fashion Show 12:45 Osteoporosis</p>	<p>11</p> <p>American Chop Suey Italian Green Beans Citrus Fruit</p> <p>1 pm Book Chats <i>Pearl of China by Anchee Min</i></p>	<p>12</p> <p>Tilapia Roasted Potatoes Beets Apple</p> <p>Diabetes Screening from 7:30 - 8:30 am</p>	<p>13</p> <p>Chicken Sausage w/roasted apples Mashed Potatoes Peas & Carrots Cake</p> <p>5 pm Artist Reception</p>
<p>16</p> <p>Chicken Teriyaki Brown Rice Oriental Blend Veg Mandarin Oranges</p> <p>12:45 Fall Risks & Prevention</p>	<p>17</p> <p>Swedish Meatballs Mashed Potatoes Carrot Coins Vanilla Pudding</p> <p>Ping Pong players! Meet every Tues & Thurs!</p>	<p>18</p> <p>Stuffed Shells w/sauce Tossed Salad Dressings Fruit Cocotail</p> <p>Free hearing screens by appointment</p>	<p>19</p> <p>Roast Turkey w/gravy Cranberry Sauce Stuffing Green Beans Assorted Pies</p>	<p>20</p> <p>Meatloaf Roasted Potatoes Stewed tomatoes Crushed Pineapple</p> <p>12:45 Grandparents' Rights</p>
<p>23</p> <p>Estuary Burger Cole Slaw Pears</p>	<p>24</p> <p>Chicken Florentine Rice Pilaf Broccoli Ice Cream</p> <p>10 am Shoreline Knitters Meets weekly - all levels!</p>	<p>25</p> <p>Tuna Salad Plate Banana</p> <p>10 am Chronic Illness Support 12:45 Dealing with Change</p>	<p>26</p> <p>Pot Roast w/gravy Mashed Potato Mixed Vegetables Lemon Pudding</p>	<p>27</p> <p>Eggplant Parmesan Tossed Salad Pound Cake w/strawberry stopping</p>
<p>30</p> <p>MEMORIAL DAY HOLIDAY CLOSED</p>	<p>31</p> <p>Baked Stuffed Fish Mashed Potato Anitgua Blend Veg. Orange</p> <p>Mark your calendars! Volunteer Open House June 2 from 4 - 6 pm</p>			