

# MAY 2011

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>2</p> <p>8:00 Billiards - <i>until 4 pm</i> 8:45 Kathy's Stretch Class 10:00 Line Dancing 12:30 Quilt Club 1:00 Cards 1:00 Computer Club</p>	<p>3</p> <p>7:45 Kathy's Weight Training 8:00 Billiards - <i>until 4 pm</i> 8:30 Stan's Watercolor Class 8:45 Kathy's Senior Fitness 9:00 Beading 10:00 Shoreline Knitters 12:30 Ping Pong 1:00 Cards 1:00 Intermediate Bridge</p>	<p>4</p> <p>7:45 Kathy's Weight Training 8:00 Billiards - <i>until 4 pm</i> 8:45 Kathy's Senior Fitness 9:00 Wood Carving 10:00 Cribbage 10:00 Massage therapy 1:00 Setback &amp; Cards 1:00 Hand &amp; Foot 1:00 Setback &amp; Cards 1:00 Wii Games</p>	<p>5</p> <p>7:45 Kathy's Weight Training 8:00 Billiards - <i>until 4 pm</i> 8:00 Blood Pressure Screening 8:45 Basic Nutrition with Alyssa 8:45 Kathy's Senior Fitness 9:30 Chess 10:00 Needlecrafters 1:00 Cards 12:30 Ping Pong 1:30 Better Breathers Support</p>	<p>6</p> <p>8:00 Billiards - <i>until 4 pm</i> 8:00 Haircuts Deb 8:30 Stan's Watercolor Class 8:45 Yoga 1:00 Mah Jongg 1:00 Pinochle, Setback &amp; Cards 1:00 Wii Games 2:30 Diet support Meeting</p>	<p>7</p> <p>8:00 Breakfast served until Noon 8:00 Billiards - <i>until 1 pm</i> 10:00 Chair yoga</p>
<p>9</p> <p>8:00 Billiards - <i>until 4 pm</i> 8:45 Kathy's Stretch Class 10:00 Line Dancing 10:00 Writers Group 12:30 Quilt Club 1:00 Cards 1:00 Computer Club</p>	<p>10</p> <p>7:45 Kathy's Weight Training 9:00 Roberta's Haircuts ( By Appt.) 8:30 Stan's Watercolor Class 8:45 Kathy's Senior Fitness 9:00 Beading 10:00 Shoreline Knitters 12:30 Ping Pong 12:35 Dr Houghton 1:00 cards 1:00 Intermediate Bridge 1:00 Phylis's Bridge</p>	<p>11</p> <p>7:45 Kathy's Weight Training 8:00 Billiards - <i>until 4 pm</i> 8:45 Kathy's Senior Fitness 10:00 Cribbage 10:00 Massage therapy 1:00 Setback &amp; Cards 1:00 Hand &amp; Foot 1:00 Setback &amp; Cards 1:00 Wii Games 1:00 Book Chats</p>	<p>12</p> <p>7:45 Kathy's Weight Training 8:00 Billiards - <i>until 4 pm</i> 8:30 Blood Pressure Screening 8:45 Kathy's Senior Fitness 9:30 Chess 10:00 Needlecrafters 10:30 Widow / Widowers 10:00 Needlecrafters 10:30 Widow / Widowers 12:30 Ping Pong 1:00 Setback &amp; Cards</p>	<p>13</p> <p>8:00 Billiards - <i>until 4 pm</i> 8:30 Stan's Watercolor Class 8:45 Yoga 1:00 Mah Jongg 1:00 Pinochle, Setback &amp; Cards 1:00 Wii Games 2:30 Diet Support Meeting</p>	<p>14</p> <p>8:00 Breakfast served until Noon 8:00 Billiards - <i>until 1 pm</i> 10:00 Chair yoga</p>
<p>16</p> <p>8:00 Billiards - <i>until 4 pm</i> 8:45 Kathy's Stretch Class 10:00 Line Dancing 12:30 Quilt Club 1:00 Cards 1:00 Computer Club</p>	<p>17</p> <p>7:45 Kathy's Weight Training 8:00 Billiards - <i>until 4 pm</i> 8:30 Stan's Watercolor Class 8:45 Kathy's Senior Fitness 9:00 Beading 10:00 Shoreline Knitters 12:30 Ping Pong 1:00 Cards 1:00 Intermediate Bridge</p>	<p>18</p> <p>7:45 Kathy's Weight Training 8:00 Billiards - <i>until 4 pm</i> 8:45 Kathy's Senior Fitness 9:00 Wood Carving 10:00 Cribbage 10:00 Massage therapy 1:00 Setback &amp; Cards 1:00 Hand &amp; Foot 1:00 Setback &amp; Cards 1:00 Wii Games</p>	<p>19</p> <p>7:45 Kathy's Weight Training 8:00 Billiards - <i>until 4 pm</i> 8:00 Blood Pressure Screening 8:45 Basic Nutrition with Alyssa 8:45 Kathy's Senior Fitness 9:30 Chess 10:00 Needlecrafters 1:00 Cards 12:30 Ping Pong 1:30 Better Breathers Support</p>	<p>20</p> <p>8:00 Billiards - <i>until 4 pm</i> 8:30 Stan's Watercolor Class 8:45 Yoga 12:45 Attorney Stillman 1:00 Mah Jongg 1:00 Pinochle, Setback &amp; Cards 1:00 Wii Games 2:30 Diet Support Meeting</p>	<p>21</p> <p>8:00 Breakfast served until Noon 8:00 Billiards - <i>until 1 pm</i> 9:30 Stephanie Haircuts - By Appt. 10:00 Chair yoga</p>
<p>23</p> <p>8:00 Billiards - <i>until 4 pm</i> 8:45 Kathy's Stretch Class 10:00 Line Dancing 10:00 Writers Group 12:30 Quilt Club 1:00 Cards 1:00 Computer Club</p>	<p>24</p> <p>7:45 Kathy's Weight Training 8:00 Billiards - <i>until 4 pm</i> 8:00 Cholesterol Screening 8:30 Stan's Watercolor Class 8:45 Kathy's Senior Fitness 9:00 Beading 10:00 Shoreline knitters 12:30 Ping Pong 1:00 Cards 1:00 Intermediate Bridge</p>	<p>25</p> <p>7:45 Kathy's Weight Training 8:45 Kathy's Senior Fitness 9:00 Wood Carving 10:00 Cribbage 10:00 Massage therapy 10:00 Chronic Support 1:00 Setback &amp; Cards 1:00 Hand &amp; Foot 1:00 Setback &amp; Cards 1:00 Wii Games</p>	<p>26</p> <p>7:45 Kathy's Weight Training 8:00 Billiards - <i>until 4 pm</i> 8:30 Blood Pressure Screening 8:45 Kathy's Senior Fitness 9:30 Chess 10:00 Needlecrafters 10:30 Widow / Widowers 12:30 Ping Pong 1:00 Setback &amp; Cards</p>	<p>27</p> <p>8:00 Billiards - <i>until 4 pm</i> 8:00 Haircuts Deb 8:30 Stan's Watercolor Class 8:45 Yoga 1:00 Mah Jongg 1:00 Pinochle, Setback &amp; Cards 1:00 Wii Games 2:30 Diet support Meeting</p>	<p>28</p> <p>8:00 Breakfast served until Noon 8:00 Billiards - <i>until 1 pm</i> 10:00 Chair yoga</p>
<p>30</p> <p>CLOSED Memorial Day Holiday</p>	<p>31</p> <p>7:45 Kathy's Weight Training 8:00 Billiards - <i>until 4 pm</i> 8:30 Stan's Watercolor Class 8:45 Kathy's Senior Fitness 9:00 Beading 10:00 Shoreline knitters 12:30 Ping Pong 1:00 Cards 1:00 Intermediate Bridge</p>		<p>Classes are subject to change <u>without notice</u> Please call ahead to confirm Day and Time</p>		