

JUNE 2011

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Manicotti w/sauce Italian Blend Veg. Lemon Meringue Pie Massage Therapy by appointment (pg 5)	2 Chicken Ceasar Salad Tomato & Cheese Whole Wheat Roll Peaches 4 pm Shoreline Volunteer Open House All ages are welcome!	3 Beef Stew w/vegetables & potato Biscuit Fruited Jell-o
6 Stuffed Cabbage Mashed Potato Whole Baby Carrots Citrus Fruit 12:45 Arthritis Pain	7 Chicken Dijon Brown Rice California Blend Veg. Cookies 12:45 Hearing Loss	8 Lemon Pepper Fish Baked Potato Spinach Orange 12:45 Life's Aches & Pains	9 Beef Stroganoff Over Rice Broccoli Fruited Yogurt	10 Cheese Lasagna Rollette w/sauce Tossed Salad Dressings Pears 5 pm Marshview Gallery Artist Reception
13 Swedish Meatballs Egg Noodles Green Beans Mandarin Oranges	14 BBQ Chicken Wild Rice Scandinavian Blend Veg. Butterscotch Pudding	15 Tilapia Mashed Potato Stewed Tomatoes Banana 1 pm Hand & Foot (weekly)	16 Pulled Pork Sandwich Cole Slaw Jell-o	17 Meatloaf Roasted Potato Mixed Vegetables Assorted Pie 1 pm Father's Day Ice Cream Social & Trivia
20 Fish & Chips Antigua Blend Veg. Sherbet Mandarin Oranges 10 am Line Dancing (weekly)	21 Estuary Burger on Whole Wheat Roll 3-Bean Salad Crushed Pineapple First Day of Summer!	22 Chicken Salad Plate Potato Chips Fruit Cocktail 10 am Cribbage (weekly)	23 Spaghetti & Meatballs Tossed Salad Cake Call Deb to Reserve for the Hoedown Dinner!	24 Roast Turkey w/gravy Mashed Potato Peas & Carrots Cranberry Sauce Peaches
27 Chicken Teriyaki Rice Pilaf Oreintal Blend Veg. Apricots	28 American Chop Suey Broccoli Vanilla Pudding	29 Baked Ham Sweet Potato Italian Green Beans Applesauce 12:45 Lifting Loneliness	30 Stuffed Shells w/sauce Tossed Salad Brownies 5 pm Hoedown Dinner Reserve by June 23!!!!	Activity Date