

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				Pot Roast w/gravy Roasted Potato Spinach Melon ¹
INDEPENDENCE DAY HOLIDAY CLOSED ⁴	Salisbury Steak w/gravy Mashed Potato Whole Baby Carrots Ice Cream ⁵	Chicken Florentine Brown Rice Broccoli Pears ⁶	Eggplant Parmesan Tomato Sauce Tossed Salad Mandarin Oranges ⁷	Roast Pork w/gravy Sweet Potato Green Beans Cake ⁸
Stuffed Pepper Mashed Potato Mixed Vegetables Chocolate Pudding ¹¹	Chicken Caccitore Wild Rice Winter Blend Vegetables Fruited Jell-o ¹²	Tilapia Baked Potato Stewed Tomato Banana ¹³	Beef Stew w/ potato and vegetables Fruit Shortcake ¹⁴	Manicotti with sauce Salad Peaches California Blend Veg Applesauce ¹⁵
Estuary Burger on a roll 3 Bean Salad Citrus Fruit ¹⁸	Lemon Pepper Fish Mashed Potato Beets Apple ¹⁹	Turkey Pot Pie Biscuit Sherbet ²⁰	Spaghetti & Meatballs Italian Blend Vegetables Chocolate Cake ²¹	Chicken Caesar Salad Tomato and Cheese Crushed Pineapple ²²
Chicken Teriyaki Rice Pilaf Oriental Blend Veg Fruit Cocktail ²⁵	American Chop Suey Italian Green Beans Cookies ²⁶	Tuna Salad Sandwich Orange ²⁷	Roast Turkey with Gravy Mashed Potato Scandinavian Blend Veg Assorted Pies ²⁸	Sausage Patty on a roll Peppers and Onions Cole Slaw Potato Chips Apricots ²⁹

GLADEVIEW HEALTH CARE
"Right on the Water"
 REHAB: PHYSICAL, SPEECH, OCCUPATIONAL & CARDIAC
 LONG TERM CARE • SHORT TERM CARE
 HOSPICE CARE • RESPITE CARE
 Spacious Rooms • Family Support Services
860-388-6696 Old Saybrook, CT

COLDWELL BANKER
J H & H INC.,
REALTORS®
 1260 Boston Post Rd • Westbrook
 

www.coldwellbankerct.com
800.555.7471
*Senior Real Estate
 Specialist Available*
**Expect more from
 a real estate company.**

**Robinson, Wright & Weymer
 Funeral Home, Inc.**
Serving All Faiths in the Community since 1894
Burial • Cremation • Pre Need
Pre Arrangements Honored from any other Funeral Home
*Family Owned and Operated
 Director / Owner P. Samuel Fulginiti*
 34 Main St
 P.O. Box 105
 Centerbrook, CT 06409
860.767.8000