

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Stuffed Cabbage Mashed Potato Mixed Vegetables Pears	2 BBQ Chicken Brown Rice Green Beans Vanilla Pudding	3 Tilapia Sweet Potato Broccoli Orange	4 Meatloaf Roasted Potato Peas & Carrots Fruit shortcake	5 Sliced turkey Sandwich Lettuce & Tomato Peaches
8 Stuffed Shells w/tomato sauce Italian Blend Vegetables Ice Cream	9 Swedish Meatballs Egg Noodles Peas & Carrots Mandarin Oranges	10 Chicken sausage w/apples Mashed Potato Mixed Vegetables Jell-o	11 Fish of the Day Roasted Potato Spinach Banana	12 Pot Roast w/gravy Mashed Potato Whole Baby Carrots Assorted pies
15 Fish & Chips Beets Crushed Pineapple	16 Chicken Florentine Rice Pilaf Winter Blend Vegetables Butterscotch Pudding	17 Beef Stroganoff Mashed Potatoes Antigua Blend Vegetables Fruit Cocktail	18 Cheese Rollette w/sauce Tossed Salad Pound Cake	19 Pulled Pork Sandwich Cole Slaw Applesauce
22 Salisbury Steak Mashed Potato Broccoli Sherbet	23 Lemon Pepper Fish Wild Rice Carrot Coins Apple	24 Chicken Caesar Salad Tomato & Cheese Whole Wheat Roll Citrus Fruit	25 Roast Pork w/gravy Mashed Potato Sonoma Blend Vegetables Cookies	26 Roast Turkey w/gravy Cranberry Sauce Stuffing Green Beans \Fruited Jell-o
29 Estuary Burger on a roll 3-Bean Salad Mandarin Oranges	30 Manicotti w/sauce Italian Green Beans Chocolate Pudding	31 Chicken Teriyaki Brown rice Oriental Blend Vegetables Apricots		

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