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Diary Entry By: JEFF BARNHART



Hello Gents-

It is that time of the year, where traditions carry on and old friends catch up for some good old fashion laughs, many adult beverages and of course some friendly but fierce competition.

My track record at the ECI has been sporadic at best but I am very much looking forward to this year. Last year, I was coming off the birth of my beautiful daughter Ellie Alice. My attentions throughout the summer were definitely different than previous and my time on the course was minimal. But, I can say even with a mere three rounds under my belt the swing never felt better. I was hitting the ball great and putting up some decent scores.

This year my focus is to get myself back on the course more often. It all starts at the ECI. I picked up a club this morning, and chipped some balls around the back yard, kept my head down, and glad to report that there was no broken windows. That is of course unlike Mr. Zirolli's warm up while preparing for the 2003 golf season when he took out the front doors at Kennedy Hall! Good work bud!

My approach is similar to last year; less is more at the range. Keep the game simple. Keep a dip close and a drink even closer. Looking forward to sharing a couple laughs and who knows maybe a birdie or two. But, par/bogey will really do. See you all this weekend.

Best-

Jeff Barnhart