



American Association of Family & Consumer Sciences/  
Connecticut Affiliate

**New Beginnings Afternoon Meeting ~ Thursday, February 28, 2013**

Weather Date: Thursday, March 7, 2013

<http://www.churchextension.org/planning/New-Beginnings.cfm>

**Rocky Hill High School, Rocky Hill, Connecticut**

Please join the Connecticut Affiliate for a late afternoon meeting. *New Beginnings | New Possibilities*

## Program Schedule

3:30 p.m. **Registration**

*Networking & Tour of Facilities  
Welcome*

4:00 p.m. **Workshop I ~ Sustainable Table ~ Karen Redanz**

5:15 p.m. **Dinner & Updates**

6:15 p.m. **Workshop II ~ Sustainable Stitching ~ Debora Wolfe**

7:30 p.m. **Wrap – up / Evaluation**



<http://wbabdullah.wordpress.com>

## 2013 AAFCS/CT Late Afternoon Meeting Registration Form

website

Name \_\_\_\_\_ Phone (\_\_\_\_\_) \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

AAFCS Member # \_\_\_\_\_ e-mail address \_\_\_\_\_

**Workshop I ~ Sustainable Table ~ Karen Redanz**

**Workshop II ~ Sustainable Stitching ~ Debora Wolfe**

Join Karen Redanz and learn about her interdisciplinary program *The Sustainable Table*. Joined by her environmental science and anatomy and physiology colleagues they will answer your questions about their program. Information and resource will be shared on sustainable lessons, projects and activities. A demonstration and fasting of organic grass-fed beef sliders will end the presentation.

The sustainable theme can be carried over into your fashion or construction classes! Sustainable stitching allows you to crate items that will reduce waste (reusable coffee cozy, sandwich wrap, lunch and product bags). These quick projects way are good for filling “down time” in class and also a great way to use fabric scraps! Join us for ideas and patterns that can be implemented in your classes right away.

Dinner: *butternut squash soup/ balsamic glazed chicken w/roasted vegetables & brown rice/ tossed salad / dinner rolls / tiramisu cake*

Special Dietary Needs: \_\_\_\_\_

REGISTRATION: ☐ AAFCS Member ~ \$35.00  
☐ Non-Member ~ \$40.00  
☐ College/High School \$30.00  
Students School Attending \_\_\_\_\_

P.O. Pending # \_\_\_\_\_

Payment Enclosed \$ \_\_\_\_\_

Check # \_\_\_\_\_

☆☆Please return registration form, with check payable to AAFCS/CT Affiliate, by February 20, 2013☆☆

Mail to: **Becky Person**, 16 Niederwerfer Road, Broad Brook, Connecticut 06016 860.872.2847

OR e-mail to: [becknp@aol.com](mailto:becknp@aol.com) OR Print registration form from the website: **ctaafcs.org**

Additional Information Contact: Lois Neumann 860-463-9289 OR Laura McCabe 860-995-3307

\* If your school is paying by purchase order, complete the registration form and send, with purchase order number if available.

Directions to:

## ***ROCKY HILL HIGH SCHOOL***

50 Chaplin Avenue  
Rocky Hill, CT 06067

Main Office 860-258-7721

rockyhillps.com

### **I – 84 East**

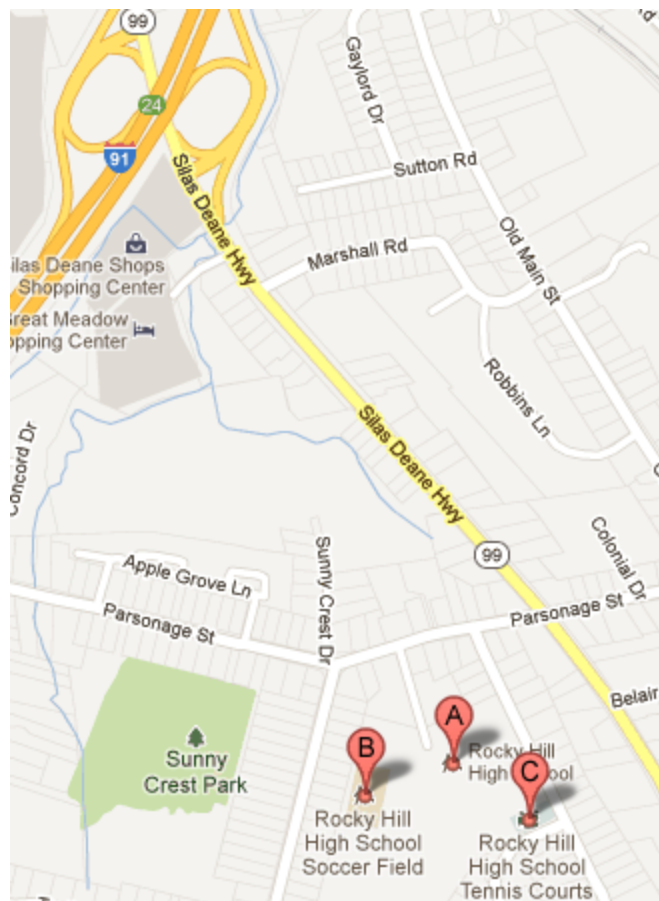
Take **Exit 52** and merge onto **I-91 South**  
Take **Exit 24** to merge onto **CT-99S / Silas Deane Hwy.**  
toward Rocky Hill  
Turn **RIGHT** onto Parsonage Street  
Take first **LEFT** onto Chaplin Street  
Destination will be on your **RIGHT**

### **I – 84 West**

**Charter Oak Bridge / NYC – CT-15 S**  
Merge onto **I-91 South**  
Take **Exit 24** to merge onto **CT-99S / Silas Deane Hwy.**  
toward Rocky Hill  
Turn **RIGHT** onto Parsonage Street  
Take first **LEFT** onto Chaplin Street  
Destination will be on your **RIGHT**

### **I – 91 North**

Take **Exit 24** to merge onto **CT-99S / Silas Deane Hwy.**  
toward Rocky Hill  
Turn **RIGHT** onto Parsonage Street  
Take first **LEFT** onto Chaplin Street  
Destination will be on your **RIGHT**



**Contact for more information & help if you need it the day of the workshop**

Lois Neumann 860-463-9289  
Laura McCabe 860-995-3307

SAVE the Dates:

Thursday, **April 4<sup>th</sup>** – Late Afternoon Workshop – **Fairfield High School** (weather date **04.11.13**)  
Thursday, **May 2<sup>nd</sup>** – Annual Spring Meeting – **Courtyard Hartford Marriott – Cromwell**

