

American Association of Family & Consumer Sciences/ Connecticut Affiliate

Fall Meeting ~ Thursday, November 1, 2012 Weather Date: Thursday, November 8, 2012 Griswold High School, Griswold, Connecticut

http://www.churchextension.org/planning/New-Beginnings.cfm

Please join the Connecticut Affiliate for a late afternoon meeting. New Beginnings | New Possibilities

### **Program Schedule**

3:30 p.m. Registration

*Networking & Tour of Facilities Welcome [by Administration]* 

- 4:00 p.m. Workshop I ~ Iron Chef for Students ~ Debbie Bigelow
- 5:15 p.m. **Dinner & Updates**

6:15 p.m. Workshop II ~ Kristine Johnson of the CT Alzheimer's Organization

7:30 p.m. Wrap – up / Evaluation

http://wbabdullah.wordpress.com

2012 AAFCS	Meet	ting Registration Form Website
Name		Phone ()
Address		CityZip
AAFCS Member #		e-mail address
Workshop I ~ <i>Iron Chef for Students</i> ~ <i>Debbie Bigelow</i> Are you looking for ways to motivate your culinary students? Join us as Debbie Bigelow - Culinary Arts teacher at Woodstock Academy - walks us through the steps used to		Workshop II ~ Kristine Johnson of the CT Alzheimer's Organization Every story has an end, but in life every end is just a new beginning. Kristine will be speaking on Alzheimer's not only from the family side but also how to get our students involved. Get Connected and Fight Back! Look at how to empower families living with the diagnosis, services available as well as the introduction of Cognitive Thinking!
promote an Iron Chef competition among schools. This workshop will afford you the opportunity to participate in a mini - Iron Chef Competition. We hope you are ready for the heat in the kitchen!		
Dinner: Savory Oven Bake Special Dietary No	ed Chicken / Pasta / Salad /Apple Pie eeds:	
REGISTRATION:	AAFCS Member ~ \$35.00 Non-Member ~ \$40.00 College/High School \$30.00 Students School Attending _ <i>n registration form, with check payab</i>	P.O. Pending # Payment Enclosed \$ Check # <i>le to <u>AAFCS/CT Affiliate</u>, by October 19, 2012</i>
Mail to: Becky Pers	on, 16 Niederwerfer Road, Broad Br	ok, Connecticut 06016 860.872.2847 registration form from the website: <b>ctaafcs.org</b>
	Lois Neumann 800-4 Laura McCabe 860-	

\* If your school is paying by purchase order, complete the registration form and send, with purchase order number if available.

# Directions to:

## **GRISWOLD HIGH SCHOOL**

### 267 Slater Avenue Griswold, CT 06351

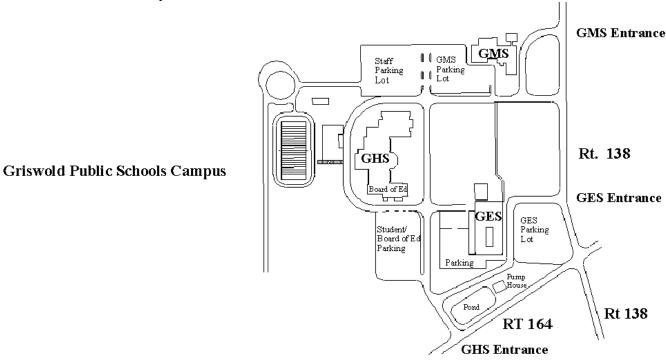
Main Office 860-376-7640

#### I – 395 South

- Take exit **85**
- At end of ramp, take **right**
- Follow to light
- Go straight through light and you will see all three schools on your left

#### I – 395 North

- Take exit **85** [for CT 164 toward CT 137 Preston City/Pachaug]
- Turn left onto CT- 164 / Preston Road
- Take first left onto CT 138 W/Slater Avenue
- Destination will be on your left



### Contact for more information & help if you need it the day of the workshop

Lois Neumann 860-463-9289 Laura McCabe 860-995-3307

SAVE the Dates:

Thursday, **January 31**<sup>st</sup> – Late Afternoon Workshop – **Bolton High School** Thursday, **April 4**<sup>th</sup> – Late Afternoon Workshop – **Fairfield High School** Thursday, **May 2**<sup>nd</sup> – Annual Spring Meeting – **Location TBD** 

