

Connecticut Affiliate Spring Conference
Transforming Your Life
through FCS – **YES!**

See you at the *Radisson* Hotel Cromwell on April 27, 2017!



PRESIDENT'S MESSAGE

Dear Members of AAFCS-CT,

Wow! I am excited for our upcoming conference on April 27th in Cromwell. We have something for everyone. We have dynamic speakers for each breakout session. You are going to have trouble deciding which speaker to go to. Our keynote speaker, **Corinne Hoisington**, is nationally known for her captivating and informative talks. While the speakers are going to be fascinating, we also have many vendors attending with their products. You will have the opportunity to talk with a representative from RealityWorks® about their new products. Along with textbooks publisher's representatives. And others! If you are interested in personal products many vendors are going to be there including LulaRoe, Jamberry, Scentsy, and Lipsense. In addition, there will be a silent auction and door prizes. One of the door prizes is a sewing machine donated by New England Sewing Center.

So mark your calendars! Put your paperwork in for this Professional Development. I will see you April 27th in Cromwell.

Best,

Lori

Lori Peck
President, AAFCS-CT
loripeck@charter.net or lpeck@ridgefield.org



For more details on everything the conference has to offer, see inside!

Breakout Sessions ~ **Transforming Your Life** through FCS – **YES!**

Breakout #1

Option 1: So. Much. Tech. #VirtualRealityLearningExperiences

Corinne Hoisington

The real world is not flat after all, so why constrain our classrooms to experience the digital world on a flat screen? The shift from 2D to 3D is as natural as adding color to movies and television was in the 1950's. In many ways, it is even more impactful. Virtual and Augmented Reality is changing education. What started out as something that was simply "cool" has become a way to engage learners like never before. Join us to experience ten different virtual reality classroom activities including an Oculus Rift!

Option 2: King Arthur Flour Bake for Good Kids Program

Paula Gray

Learn how easy (and fun!) it is to bring our very popular free BFGK Self-Directed Program to YOUR students. We'll show you how it works, how to access helpful information, and practice some roll shaping skills! Take home BFGK Program materials.

Option 3: United Nations Current Initiative 2030 Agenda for Sustainable Development

Anita Ferron

In its adoption, world leaders are committing to 17 Global goals which set to end extreme poverty, fighting inequality and justice, and fixing climate change. Anita is currently representing a NGO (non-governmental organization) AAFCS at the UN as well as IFHE (international Federation of Home Economists). Join a conversation about where, what and how the United Nations helps countries begin to solve many issues.

Breakout #2

Option 1: Transform your Imagination into Reality

Corinne Hoisington

Every course is adding more technologies to seamlessly transform imagination into reality by using augmented reality, storyboarding technologies such as Sway and more! From wearable technologies that display schedule notifications on your wrist to virtual conference holograms that float in front of your eyes, be prepared to move your teaching reality into new realms of possibilities! Envision a world that technology can adapt to the natural ways we communicate and learn. That world begins now!

Option 2: Building Connections: Cultural Competency and Inclusive Practices

Kristin Van Ness

We spend a lot of time navigating social relationships in our personal and professional lives. Although we may have the best intentions, sometimes our efforts can create more distance and tension. For this workshop, we'll learn some practical strategies to build connections with others and create inclusive environments. We'll also discuss resources you can use with both your students and colleagues.

Option 3 Using FCCLA to Build Your FCS Program

Belle Garafola and Linda Mushala

Listen to our state co-advisors share how to start up a FCCLA chapter in your school and how it can benefit your program including increasing enrollment. All your questions answered so you will be energized to go back to school and either begin a new chapter or improve your current program. Learn from the enthusiastic experts.

Breakout #3

Option 1: The Role of the Student Creator – Transformative Learning

Corinne Hoisington

***Warning: This workshop is for instructors who can handle extreme excitement and engagement.

So when we say transformative learning powered by technology, we are talking about authentic, project-based learning, where students have agency, ownership, and commitment to a relevant goal. Digital tools allow students to take on the role of creator, problem solver, and learner-teacher working alongside peers and instructors to accomplish something bigger than themselves. Engage. Inspire. Assess. Technology can serve as an extension of the student's thinking -- a place to explore ideas, research questions, test hypotheses, compose thoughts, and come to conclusions – in other words, to learn!

Option 2: Say YES to FCS!

Janice Uerz and Becky Person

Listen my children and you shall hear of the". . . YES connections to address the FCS Educator shortage. Becky Person and Janice Uerz will share steps that the Connecticut Affiliate has taken to inform educators and students of the where and how to become an FCS educator. Middle School → High School → College (Bachelors and Masters Programs) → to a Career that engages in the FaCS of life.

Option 3: FCS Curriculum and the Common Core

Sue Murphy

Four FCS Educators working on a Perkin's Innovation Grant 2015-2016, created model curricular units and lessons, connected to the common core, in Food Service, Human Development, Textiles and Design, and Culinary. Learn about how FCS courses naturally connect to common core standards, how to express that in your own written lessons, and the benefits of sharing this information in the educational community.

**MEMBERSHIP MINUTES What is with Your Membership Number?
Keep up with Your Renewal Date.**

I reviewed one of our latest Journals and found an article written by Duane Whitbeck, current AAFCS President, and found it most interesting. In the *Point of View* article he describes a “big picture” view of membership value in our association. He notes that a professional has to see a connection cognitively and socially to a group, i.e. our association or time and energy will be put elsewhere. This is something to consider. How do we as professionals place our time and interests in and outside our careers?

He continues by listing three things every new and existing member needs:

1. A friend in the association with whom he/she can attend and experience events, discuss programs, and reflect on their profession.
2. A role or opportunity to participate in a meaningful way within the association.
3. To be seen as a potential leader and lifelong learner. Every experience has value.

Our Connecticut Affiliate subscribes to these efforts--**big time!** Consider bringing a colleague along to the all-day meeting on Thursday, April 27, 2017 --Spring Conference. It will be held at the Radisson Hotel in Cromwell, CT. It promises to be “thee” experience for FCS and related professionals. Remember, non-members are invited too! See the details in this newsletter.

Remember, you do have opportunity to work with and be a part of the CT Affiliate. The board is volunteer and is made up of working and retired people. Why not try out a committee? This would give you a small group of people to work with on a specific need or project. Usually the work involved can be done at home with no board meetings required. Our President, Lori Peck, would gladly pass your name to a chairperson who heads up a committee. You never work alone! See her e-mail address below.

We are all lifelong learners who grow with each and every experience and there certainly is something to take away from each one. Professionals from all walks of life contribute to their families and communities throughout the year. As they share expertise they learn and grow. Consider participation in your CT Affiliate! In your community!

My article title refers to the membership number. Do keep up with your anniversary date for renewal. Our total number differs so much during the year as current members go into a lapse period and some simply forget to renew or thought they did. Make the connection to your affiliate and renew on a timely basis. Make your affiliate a part of your professional life.

*Stephanie Fians,
Connecticut Membership Chair*

Lori Peck, CT Affiliate President
loripeck@charter.net

1. Journal of Family & Consumer Sciences, Vol. 108, No. 4, 2016. “Growing Membership,” P. 6.

Shhh. . .

The **SILENT AUCTION** at the “Say Yes to FCS” spring conference is our main fund raiser for student scholarships and professional development awards. CT affiliate members, singularly or as a group, donate all the items. So please everyone, donate something. Items donated in the past have been:

- Local businesses and restaurants have been generous with gift cards. Use the CT affiliate letter when you approach businesses and restaurants.
- Themed baskets are bright and colorful. In the past we have had baskets for gardening, travel, sports, health and the beach. Not creative, go to Pinterest.
- House plants, flowering plants and bulbs are always popular.
- That birthday or holiday gift you received just isn’t you. It’s not re-gifting if you give it to the auction.
- FCS are the best bakers. Share your flair with folks that would really appreciate a homemade pie, cake, cookie tray, jelly, etc.
- Tickets to an event. Did you get season tickets to games or the theater and one date you can’t attend?
- Share your talent of knitting, crocheting or embroidery.

The value of items range from \$10 to \$150. Come prepared to place your bids. We accept cash, checks and credit cards. THANK YOU for making the silent auction successful.

Any questions, contact Judy Hinman at jplantman1@att.net

Submitted by Judy Hinman



CONNECTICUT AFFILIATE

44 George Drive
 Vernon, CT 06066

www.ctaafcs.org
www.aafcs.org

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WHERE DO I FIND ITEMS ON THE WEBSITE?

Where do I find items on the website?	Location	Due Date
➤ Winter 2017 Newsletter (Archived Fall 2016 Newsletter)	Links Tab	-
➤ All Day Conference April 27, 2017 Registration Enclosed	Conferences Tab	April 18, 2017
➤ Student Scholarship Application	Scholarship Tab	March 15
➤ Teacher of the Year Application/Nomination	Awards Tab	March 15
➤ Professional of the Year Application/Nomination Form	Awards Tab	April 15
➤ Professional Development Application	Awards Tab	April 15
➤ Contact Information for Connecticut Affiliate Officers	Contact Tab	-



Carole Fromer of South Glastonbury was among those honored as a Legend in Family and Consumer Sciences at the 107th Annual Conference and Expo of AAFCS held in Seattle Washington. During her professional career, Carole worked in fashion and consumer relations in New York City. While on the faculty at the University of Connecticut with the Cooperative Extension System she was State Media Coordinator and a Senior Extension Educator. She earned several national, regional and state awards for her work.

For over fifty years Carole has been continuously active in AAFCS/AHEA. Nationally she has served as President, Board of Directors Secretary, on the Foundation Board of Trustees, Regional Conference co-chair, Council for Accreditation member, chair/member of many committees including strategic planning, communications, nominating, distinguished service award, and development. She was honored as an AHEA Leader and has been a frequent speaker and delegate to the annual conference.

In Connecticut Carole was President, a member of the Board of Directors for many years, served as chair/member of numerous committees, and was chair and a frequent speaker at the state conference. She was honored as Home Economist of the Year. Her biography has been included in the new book "Leaders in Family and Consumer Sciences" published by Kappa Omicron Nu National Honor Society for the Human Sciences.

SAVE THE DATE!!!!!!

CT FCCLA SPRING CONFERENCE

Where: Naugatuck Valley Community College

**750 Chase Parkway,
Waterbury, CT**

When: Friday, March 31st! 8:30am-3:00pm

Cost: \$25 per student or advisor. Includes breakfast, lunch and all workshops and food demonstrations. (\$10 additional for each STAR Event student)

Students must be affiliated to compete in a STAR Event!!!

Connecticut State FCCLA Director: Lee Marcoux

Co State Advisors:

Belle Garafola: bgarafola@ridgefieldps.net

Linda Mushala: lmushala@fairfieldschools.org

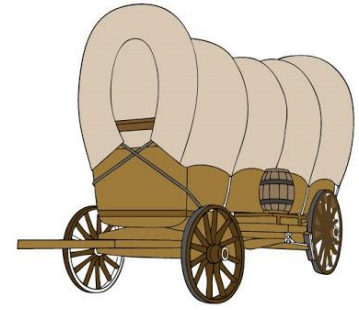
FCCLA NEWS: The State Executive Council which is comprised of FCCLA officers from chapters across the state has been working hard to design workshops and secure speakers for our 2017 Spring Leadership Conference. It takes place on Friday, March 31 at Naugatuck Valley Community College from 8:30am to 2:30pm. Many students are practicing and planning for their Star events and Culinary Competitions. We need your help! We need all our retired members to be judges for Star events. We need teachers to bring students to observe the passion and commitment of their peers. AAFCS/ CT Affiliate has always supported and served our FCCLA students. We can't stop now. Please contact Belle Garafola bgarafola@ridgefieldps.net or call 203-470-2003 or Linda Mushala lmushala@fairfieldschools.org We provide breakfast and lunch. You can leave right after lunch. You get to network with former colleagues and students! Your participation is CRUCIAL to the success of this event! Thank you! Belle Garafola Ridgefield High School Connecticut State FCCLA Co-Advisor



THIS House: 2017

Go West Young Man, Go West!

Somehow, the attitude remains positive! The printed word speaks for itself and the 2017 forecast continues to be good for many population groups in our country who will be house hunting. The homebuilders are not as hopeful as the realtors selling houses today, as they are not seeing the would-be buyers out and about in their offices looking for newly built homes.



Last year some 563,000 new homes were sold at a time when mortgage rates were low and the job market was improving. Currently, the 30-year fixed rate loan is 4.17% (3.65% in '16). This is a concern for first-time buyers, as they need financing in order to buy. Builders are concerned due to the lack of skilled workers and money-worthy land on which to build.

The 2017 year is characterized as a year of *moderation*. The rate of growth in the housing market is strong and the pricing of homes represents decent appreciation in value but still tough for many of the average consumers.

The predictions:

1. Millennials and boomers will move markets—these two age groups will keep demand up for the next ten years! However, the millennials will make up only 33% of the buying market as interest rates are expected to climb. Interestingly, this group wants the move-up housing with many in the higher skilled jobs having saved enough to put down a better down payment. Conversely, 44% of the Generation Y buyers are the ones carrying the student loan debt. It is the most concerning group in the housing market today.
2. Millennials will look west—this is where there continues to be affordable housing. Cities such as Madison, WI, Columbus, OH, Omaha, NE, Des Moines, IA and Minneapolis are desirable for this group.
3. Price appreciation will slow—the forecast is for it to slow to 3.9% growth year over year (4.9% estimate in '16). As the inventory remains tight, the prices will be better than average (supply vs. demand). The market up tick is in Greensboro, NC, Akron, OH, and Baltimore. The downshift will be found in Lakeland, FL, Durham, NC, and Jackson, MS.
4. Fewer homes in a fast moving market—inventory is down 11% year over year in top metro areas. The average time is 68 days to sell in the fast paced metro arena.
5. The West will lead the way—the metro markets in this area will see a price increase of 5.8% and sales increase of 4.7% which is higher than the U.S. overall. Cities such as Los Angeles, Sacramento, and Riverside in CA, Tucson, AZ and Portland, OR lead the list.
6. It's *suburban* living on the rise—a new name for housing arrangements that include town houses, apartments and single family homes all in the same neighborhood. It is where the urban and suburban come together to provide the best of both worlds. In this style of living one can walk to work, enjoy pedestrian access to entertainment, grocery stores, parks and strong public schools. The design is affordable for teachers, firefighters, police and janitors.

The Gen Z will be moving into the market soon! They are teenagers right now but coming of age in 2017 (18th birthday). When their time comes to purchase they will have better job possibilities, higher incomes to cushion student loan debt and expected low interest rates for housing purchases. This group places high value in homeownership.

1. Associated Press-Business, "Optimism among U.S. Homebuilders Weakens", Thursday, February 16, 2017.
2. Rocket Mortgage by Quicken Loans, "The 5 Real Estate Trends that will Shape 2017", Wedgeworth, Cicely, November 30, 2016.
3. MarketWatch, "5 Big Real Estate Trends to Watch in 2017", Goldstein, Daniel, December 4, 2016.

Submitted by Stephanie Fians



American Association of Family and Consumer Sciences/Connecticut Affiliate

Transforming Your Life through FCS – YES! Spring Conference

Thursday, April 27, 2017

Please join your colleagues to examine issues and strategies to meet the supply and demand of FCS educators. Sessions have been planned to provide relevant information on current issues to assist you on how to incorporate practices that transform the FCS fields of study today.

Program of Events

7:30 – 8:00 **Registration** | Healthy Breakfast with the Exhibitors

8:00 – 9:15 **Welcome** by **Lori Peck**, President AAFCS/CT
Keynote ~ Corinne Hoisington
Full-time professor of Information Systems Technology at Central Virginia Community College, Corinne has over 25 years of teaching experience and has keynoted training for corporations, small businesses, conferences, professors, and K-12 teachers.

9:30 – 10:30 **Breakout Session #1**

10:45 – 11:45 **Breakout Session #2**

12:00 – 1:30 **Lunch** | Awards | Meeting | Exhibits | Silent Auction

1:40 – 2:40 **Breakout Session #3**

2:45 – 3:15 **Wrap-up** | Program Evaluation Silent Auction Results Posted

2017 AAFCS/CT Spring Conference Registration Form

PLEASE PRINT

Name:

Phone:

Address:

City:

Zip:

Requesting Certificate of Participation

Yes

No

AAFCS Membership Number:

e-mail address:

Lunch Selection:

Mesquite Grilled Salmon

Chicken Florentine Stuffed with Spinach and Mornay Sauce

Vegetarian Pan Seared Gnocchi with Artichokes, Sundried Tomatoes, Crimini mushrooms and shaved Asiago

Please indicate any Special Dietary Needs: _____

AAFCS Member

\$ 100.00

Please don't wait for a P.O. number – **please register**. The committee would like your information.

Non-Member

\$ 120.00

College or High School Student

\$ 50.00

School Attending: _____

Total Enclosed: \$

Check #

P.O. Pending #

- Please return paper registration form with a **check made payable to AAFCS/CT** postmarked by **April 18, 2017**
- Mail to: Karen Lutkus, 161 Taylor Road, Colchester, CT 06415 or FAX to: 203/255-1006
- Questions regarding the program contact: **Karen Redanz** kredanz94@gmail.com

(please complete the next page or back)

Directions to the *Radisson* Hotel Cromwell, CT

100 Berlin Road Cromwell, CT 06416
Phone 860.635.7768

Traveling North: I-91 to exit 21. Turn left, first driveway on the left.

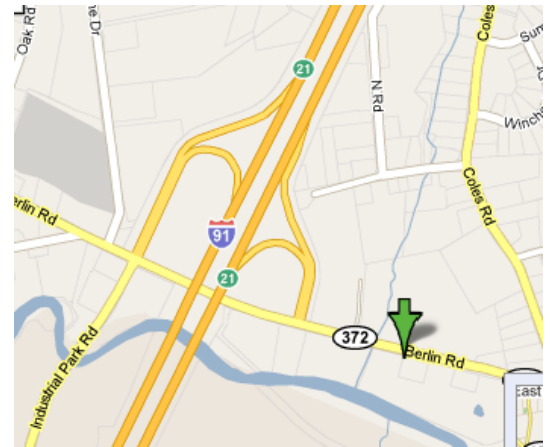
Traveling East: (from Waterbury area) I-84 to exit 27- Rt 641 E Middletown to I-91N to exit 21. Turn left, first driveway on the left.

Traveling West: (from North of Hartford) I-84 to Hartford Interchange to I-91S exit 21. Turn left, first driveway on the left.

Traveling RT 9 either North or South: Take exit 20S to I-91S. Take first exit 21. Turn left, first driveway on the left.

The Radisson Hotel is offering a lower room rate for those wishing to stay overnight.

Reservations need to be completed by March 30th.



Please return paper registration form with check payable to: AAFCS/CT Affiliate.

Please it have postmarked by **April 18, 2017**.

Mail to: **Karen Lutkus**
161 Taylor Road
Colchester, CT 06415

For a fillable PDF or to print an additional registration forms, go to
www.ctaafcs.org

If you can help us with some data entry, please also fill out the registration information using this google form link:

<https://goo.gl/forms/1NeYrrUeBvciHKLU2> and then send the paper registration form in with your payment or PO#. Thank you!

The link is posted on our website: www.ctaafcs.org