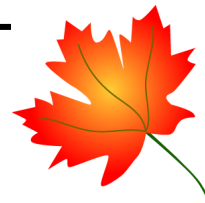


Volume 90**Fall 2014****Number 1****PRESIDENT'S MESSAGE**

Welcome to Fall!!!

As schools open their doors to refreshed teachers and students it is important that we assess the state of our Association. Although we would like to see the membership numbers for the Connecticut affiliate of AAFCS grow - we are thankful that we are holding steady for the moment.

For many of us last year ended on a very somber note with the passing of one of our most vocal FCS advocates. It was with great sadness that we learned that Lois Neumann, a spirited FCS teacher at Bloomfield High School had succumbed to a blood infection. Her love of quilting was quite evident at her calling hours as the funeral home was draped in dozens of her creations.

During the summer FCS teachers were informed of changes at the State Department of Education. Lee Marcoux, the consultant for Business education was also assigned oversight of the Family and Consumer Sciences program. She has been working with FCCLA student leaders and Belle Garafola, the state advisor, to provide a vibrant program for FCCLA students throughout Connecticut.

FCS teacher preparation programs in the state of Connecticut appear to be pieced together by pure determination of a few. At the University of Connecticut we have a career pathway through **Human Development and Family Studies and the Nutritional Sciences department in the College of Agriculture**. Several students that have completed this pathway have sought teacher certification through the online **Great Plains IDEA program**. We are thrilled that our first student teacher from this program will be working with Southington High students this fall. **The University of Saint Joseph** in West Hartford offers a FCS certification / Master's program. Many of the students in this program are hired as FCS long term subs even before they complete the program.

As always the year ahead will be filled with many highlights and some disappointments. I look forward to working with all of the FCS professionals in the state of Connecticut. Our Connecticut affiliate Board consists of a cross section of secondary and university educators, Extension personnel, business oriented members as well as a number of retirees. We are always looking for new people to provide energy and diversity to our meetings and discussion.

Becky Person

AAFCS/CT Affiliate President

NYC Tour Saturday October 4, 2014 ~ 9:30 AM to 7:00 PM

1st stop: Tenement Museum, tour or walk around neighborhood on your own.

2nd stop: Chelsea Market, (home of National Biscuit Company) on your own for Lunch, shopping, walking the high line.

3rd stop: Arthur Avenue, explore the market place and many shops, purchase foods in this Italian neighborhood.

We are taking a bus: feel free to bring a cooler to purchase perishable items especially on Arthur Avenue it is on our way home.

Tenement Museum tour choices: tickets are limited so first come first serve. You may also choose to just explore the neighborhood on your own and not take a tour. Just meet our bus at 2:00 PM to continue to Chelsea Market. ***More information on the website and look for and e-mail blast sent out from the State Department of Education.***

2014-2015 Regional Fall & Winter Workshops ~ Celebrating the Year of the Family

We are off and running with our regional meetings from mid fall 2014 through early spring of 2015.

Our first regional meeting will be on **Thursday, October 16th**, at Manchester High School. Janice Uerz will present a workshop which continues the discussion on digital citizenship that was presented at our Spring Meeting. Beth Daitch, another FCS teacher at Manchester High, will bring the world of interior design to our finger tips. A professional interior designer turned FCS teacher - Beth will show how to incorporate technology into class lessons

Our second regional meeting is scheduled for **Thursday, January 22nd**, with the site and workshop content to be determined. If you are interested in hosting this workshop, please contact Becky Person.

Our third and final regional meeting will be held on **Thursday, March 19th**, at Conard High School in West Hartford with the content to be determined.

Please check the AAFCS/CT website for more information as these regional meetings develop. You will also receive registration forms from Lee Marcoux our state FCS consultant.

Our Spring Meeting is scheduled for **Thursday, May 7th**. So Please Save These Dates!!!

Becky Person at becknp@aol.com

The registration form can be found on the AAFCS/CT website: www.ctaafcs.org

105th Annual Conference & Expo held in St. Louis, Missouri June 25 – 28 2014

This year Connecticut was represented by five people, Carole Fromer, Lucille Baver, Faye Griffiths-Smith, Karen Redanz, and Anita Ferron. All total the conference was attended by over 800 members.

This year's theme was Global Gateway to Healthy and Sustainable Families. Our key note speaker Dr. Geraldene Hodelin IFHE Immediate Past President keynote address got us off to a great start thinking about the family. Her keynote address titled "Becoming My Mother", struck a chord with all of us. She stated that becoming a person of worth is an uncharted journey and requires frequent glances in the mirror; who are you, and how do you define yourself. We must all stop, reflect, and learn. She said listen to the stories others as they tell it, not how you want to hear it. If you are going to speak up for others, you must first hear and understand them. Her talk was sprinkled with words of wisdom from her mother such as "raise your children in such a way that others will love them." In the hour and half we journeyed with her through her life and the people that influenced her choices and helped her navigate the challenges one faces in life. Everyone related to moments in time, words of wisdom, laughter at the similar dilemmas paralleled by our own lives.

Each day we had the difficult decision to make as to which of the interesting sessions to attend. The variety was great and all of the sessions I attended were filled with current information that reenergized me to incorporate the knowledge into my lessons for next year. The exhibitors I found very willing to spend time to talk and help you with resources. The ending general session was a forum where we heard from six different people on their perspective of being leaders in their communities and how we can also make a difference.

Our closing keynote speaker Marsha Wallace founder of Dining for Women (DFW) address was "Invest in Women, Change Everything: The Power of women to Create Healthy Societies in the 21st Century". Marsha a nurse from South Carolina read an article in a local newspaper in 2003 talking about how people donated what they would have spent on a meal to support a cause. Motivated by this simple idea she invited friends over to her house for a pot luck meal and each contributed \$35.00 which is what they might spend once a month at a restaurant. This money was to be invested in women. Since then her organization has grown simply by women coming together donating towards a cause and making a difference for other women around the world. She discussed with us how the education of women, the role modeling for other women, the increased health care has effects on the entire family, enabling women to rise above the situations they find themselves in. Her talk was so inspiring I found myself looking on line at Dining for women a nonprofit organization where 85% of the monies collected go to the causes you select. What a great way to end the conference day and look forward to the gala that evening.

MEMBERSHIP MINUTES *New Direction to make for Growth!*

Our National organization begins a new fiscal year in a collaborative form with efforts moved forward to make for successful outcomes. The Academy model known as the *Academy of Family & Consumer Sciences, provides the groundwork to steer the organization via a unified front. “Like” organizations will expand the FCS role to be that voice for individuals, families and communities. The partners involved see the value of collaboration to support advocacy and advance the visibility and value in their own organization(s), and across the family and consumer sciences community. (The FACS-Summer 2014—page 3)

The advocacy role of FCS is not a new one. As professionals we are encouraged to be proactive, that is, educate the public about our field and its value to the community-at-large. Another focus point is to create support of the stakeholder position with those who have similar goals as ours, keep abreast of what is happening on the local, state, and national scene as well as react accordingly. (The FACS-Summer 2014---page 5)

What will make us strong? The membership has a voice as a partner in the collaborative model! *Your* membership in the Academy has its benefits for you as a professional whether working or retired. It continues to provide:

- advocacy tools & resources
- on-line resources via communities, interest groups and directories
- leadership opportunities and support for getting involved
- access to awards, grants and scholarships

If you have been away from the National web site for a period, it is time to check in! Many, many articles highlight member’s accomplishments through the country. It is good to note the “big picture” now and then to stay on top of what is happening. A quick review of the web site via aafcs.org or ctaafcs.org will show you the numerous pluses to *your* membership both on the national and affiliate fronts.

In Connecticut our membership has remained constant since the beginning of the year. We have some who are employed in business & industry, several who are teachers and a fairly large number of retired members in the 114 total membership number. We continue to offer regional meetings throughout the year and the Spring General Membership Meeting in May. Recognition of the Teacher of the Year, Professional of the Year, High School Scholarship winners, Professional Enrichment and membership awards are honors we highlight at this meeting. There are many in our state who continue to be committed to AAFCS ----its mission, vision and goals!

You should know ...

Effective September 1, 2014 there is a dues increase in all membership categories. The new fee is:

- Professional is \$150.00 (includes the former Active, Ellen Richards Sustaining & Associate)
- Emeritus is \$100.00
- Student is \$50.00

The Professional memberships will include access to the webinar offerings. See the next Journal of FCS for the list of updated benefits and services offered by national.

Finally, dues support 23% of the annual operating budget as well as advance awareness of our field to the public and key stakeholders.

Where do you fit in *your* professional organization? Be a part of the voice that can reach far and wide in our communities, country and world.

* Currently referenced as a “next generation” model of collaboration.

Stephanie Fians, *Membership Chair*

L - Kathy Brophy, CT Affiliate Chair for Teacher of the Year and Professional of the Year

R – Pat Ruhanen 2014 AAFCS/CT Affiliate Professional of the Year



SPRING MEETING HIGHLIGHTS A MILESTONE YEAR FOR TWO MEMBERS

The annual Spring Meeting honored two affiliate members who have given many years of experience and commitment to the FCS profession. Their time and energy is invigorating; each continue to dedicate much of their expertise to teaching, family and community in many, many capacities.



Judy Bridges from Bristol, CT was honored as a 25-year member of AAFCS. Judy did her undergraduate studies at Valparaiso University; graduate work at Central Connecticut State University. Her teaching career in Connecticut began at Newington Middle School. She currently is an eighteen year veteran teacher at Wethersfield High School where her program includes Foods, Interior Design, Child Development and the Preschool experience. Judy is a member of the NEA and the AFT organizations. Her hobbies include flower gardening and travel. She resides in Bristol and has two adult children and one grandchild who resides in Dallas Texas.

Janet Gillette is also a 25-year member this year. She and her husband have raised two sons and a daughter and have three grandchildren. Janet received her B.A. degree in Home Economics Education from Salve Regina University in Rhode Island; MAT from Sacred Heart University in Fairfield, CT. She began her teaching career in Everett, MA and then married. She did substitute teaching at Fort Knox High School while her husband was in the military. Soon after the duty the couple became “corporate nomads” and lived in states from Massachusetts to Ontario Canada. Her home state is Rhode Island.

Janet has been at Norwich Free Academy since 1988. Her classes include Foods, Human Development, and Child Growth & Development. She also teaches the UCONN early college experience---Individual & Family Development at Three Rivers Community College in Norwich, CT. Her extracurricular activities have included Sociology Club advisor as well as class advisor at NFA. She has served on the contract negotiating team for NFA.

Awards are a part of her resume too. Janet is a member of Delta Kappa Gamma, a woman’s education society and a nominee for NFA Teacher of the Year. In her spare time Janet travels, enjoys kayaking in Maine, spending time with family, and recently spent time in Barcelona, Spain and southern France.

We wish both professionals continued success in all their endeavors.

Stephanie Fians, *Membership Chair* [pictured above Judy Bridges and Stephanie Fians]

Taylor Maier & Carole Christensen

2014 AAFCS/CT Scholarship Recipient

It is with pleasure that I announce Taylor Maier of Enfield High School as the 2014 Connecticut American Association of Family and Consumer Sciences scholarship recipient. Taylor is a member of the National Honor Society and participates in varsity field hockey, basketball and softball. She has volunteered at the Jack-O-Lantern Fall Festival, Enfield Food Pantry, the Triathlon, and Loaves and Fishes in town. She has completed a variety of Family and Consumer Sciences courses including Parenting and Child Development, Culinary Essentials, Interior Design, and the University of Connecticut’s Independent and Family Development with straight A’s in every one!!!

On Taylor’s college recommendations she is described as a talented, positive, honest motivated, mature and personable young woman which separates her from her peers and makes her a memorable student. On her scholarship essay, she wrote about taking the American Red Cross Babysitting and CPR Course which provided skills to confidently babysit. She then volunteered at the Head Start Pre-school and decided to make her future career teaching young children. She ended the essay so positively saying “teaching children will be a dream come true”.



IFHE Council 2014 London, Ontario ~ reported by Anita Ferron

From July 21 –July 28, 2014 over 240 Home Economists from 24 countries met for a successful council meeting at Brescia University in London, Ontario.

This year our keynote speaker was Renata Kaczmarek who has held the position of the department of Economic & Social Affairs in NY since 2009. While addressing the three themes of the UN (Poverty & Social Exclusion, work life balance, and Intergenerational Relationships), she gave some statistics from around the world. She then discussed initiatives that are currently happening throughout the world. Renata basically stated that

when empowering the family and individuals the community will also thrive and reap the benefits. This is a sentiment that resonates our AAFCS beliefs and was heard throughout the week.

Dr. Geraldene B. Hodelin IFHE Immediate Past President (2012-2014) also stated in her opening address *“ Home Economics integrates well with other subjects in the schools’ curricula in making individuals better able to manage various life situations. It is time to not only return Home Economics to the school curriculum but also make it a required course of study for all students.” She went on to say, “Home Economists should be excellent role models for wise choices and decision making in family management matters like, financial literacy, personal and family economic matters and sustainable income generating ideas and projects.”*

This symposium allowed us to see the common thread of the family, together with the strength of individuals that will cause change in family units and communities around the world. One such talk was a six country study of the elderly in both rural and urban communities. Other topics were about global warming, eco-friendly textiles, orders in home care, family foods, and the economic ups and downs of families in crisis. Although people were from different countries, we all face similar circumstances yet skills learned through Home Economics give strength and stability to the family in order to weather these challenges.

The International Federation of Home Economics is proud to announce that **XXIII. IFHE World Congress 2016** will be held in **Daejeon, Korea July 31 – August 6, 2016. The theme will be "Hope & Happiness: the role of Home Economics in the pursuit of hope & happiness for individuals and communities now and in the future"** Start planning now to attend, membership will have a special four year price. Plan to present and make your trip tax deductible, abstracts will be ready for submission in October 2014. The 2020 world congress will be held in the United States, we have not hosted a world congress since 1988 in Minneapolis. Go to IFHE.org for more information.

IFHE will present at The 65th annual UN DPI/NGO Conference 2015 and Beyond

While attending the International Federation of Home Economics we received the news that our proposal to present at the UN in NYC was accepted. It was truly a special honor since 2014 commemorates the 20th year of the family a true celebration for IFHE. At the world Congress in 1982 Canada proposed that IFHE prepare a policy statement to the UN, a call to action for the International year of the family. This indeed did happen; see the sequence below taken off the DESA site.

The International Year of the Family, 1994, was proclaimed by the United Nations General Assembly, in its resolution 44/82 of 9 December 1989. The theme of the Year is **"Family: resources and responsibilities in a changing world"**. Its motto: "Building the Smallest Democracy at the Heart of Society". Families assume diverse forms and functions from one country to another, and within each national society. These express the diversity of individual preferences and societal conditions. Consequently, the International Year of the Family encompasses and addresses the needs of all families; UN [Department of Economic and Social Affairs \(DESA\)](#)

IFHE has worked with the UN over the past 20 years, with three themes in mind; Poverty & social exclusion, work life balance, and Intergenerational relationships. From August 27 -29 2014 at the UN – NGO (non-governmental organizations) will hold its 65th conference. IFHE will present a workshop “focus on Families to improve sustainable development and eradicate poverty by providing basic conditions and empowerment.” On Wednesday, August 27, there will be 9 of us representing the International Federation of Home Economics.

Our Moderator will be Janice Maison, former director, Food policy, Ministry of Health, Guyana
There will be four speakers

Janine Duncan: Associate Professor, Family & Consumer Sciences, Fontbonne University, Saint Louis Missouri

June Matthews: Associate Professor, Food & nutritional Sciences Brescia University College at Western University, Ontario

Valencia Browning – Keen: DPD Director, Academy of Nutrition and Dietetics- accredited program, Sam Houston State University Texas

Daniel Baldwin: Graduate teacher St Bernard's College, Melbourne Australia, member of IFHE Young Professionals Network.

The workshop will focus on basic conditions and empowerment for families to address their basic needs and reach their full potential, improve their wellbeing and contribute to sustainable development and eradication of poverty through sustainable lifestyles. It will showcase grass-roots projects to empower families for sustainable development & poverty eradication.

Presenting at the UN and working with other NGO's will give worldwide exposure to Home Economists. Dr. Geraldene Hodelin stated that "Partnership with other disciplines and organized groups that are sympathetic to the mandate of our discipline is a convincing way of linking the needs and support for families to other aspects of life in the community." This I understand is a core belief of "Home Economics" or Family Consumer Sciences and can be accomplished in your own community.

Fall Newsletter – Policy and Legislation *Judy Hinman, Chair*

CT Legislation

The FCS consultant is Lee Marcoux, email her at Lee.Marcoux@ct.gov, phone 860-713-6768. Her desk is beside Lori Matyjas, the consultant for medical careers & Perkins funding, email her at Lori.Matyjas@ct.gov; phone 860-713-6785.

Public Act #11-232 strengthens a school's laws on bullying and harassment. Remember when there were only notes and pushing, not electronic messages?

National changes to watch

NY and CA are considering eliminating tenure. The purpose would help lower the budget and ineffective teachers. A team of Brown and Boies is looking into tenure vs. non-tenure teachers, teacher dismissal procedures and unequal spending per student in cities/towns in the same state.

Curricula

As you make changes to your curricula, consider how you could incorporate "Taking it to the Streets". Marilyn Swierk, past AAFCS president, began this campaign 4 years ago. As a FCS professional we can help individuals, families and communities through our resources and encouragement. The 2014 issue was the "Impact of the Economy on the Family". Resources and project ideas are available on the AAFCS website under the advocacy menu. For information, Marilyn can be contacted at msinnovate@aol.com.

2014 is the 20th anniversary of the International Year of the Family. Share with colleagues how you could make this your Taking it to the Streets campaign. The new face of hunger is the struggling suburban household. These households are white, with 1 working adult, and have children who may not get to school every day. The Federal Reserve Bank of Boston said "the lack of awareness of suburban poverty on the part of service organizations leaves those who are struggling basically hidden in the shadows." Are more students enrolled in the schools' breakfast and lunch programs? Do you see positive changes in menu offerings? Do you see changes in student performance as a result of having a balanced breakfast and lunch?

Beginning Sept. 1, 2014, a new benefit as a professional member of AAFCS will include free access to webinar offerings. These virtual development resources have been highly rated to keep you up-to-date with professionals across the United States.

Electronics

Does your school policy allow the use of iPhone as a resource, not just texting and calls? Can Facebook, LinkedIn, tweeter and other apps assist you this year?

Sharon A. Baillie, 2011 National FCS Teacher of the Year, suggested free online tools for creating visuals, quizzes, games, etc. to increase student engagement and interest in your content area. To find the app, you may also need to do a Google search and type the words "app store" after the app name. She suggested the following.

Purpose Games offers you an online platform for creating games that are text or image based with content that you provide. Students identify items by matching words to a picture. Website: www.purposegames.com/game/tools-fcs6a-game.

Super Teacher Tools offers a series of games and interactive activity templates for Jeopardy, Who Wants to Be a Millionaire, Speed Match, Board Game, as well as random name picker. Website: <http://superteachertools.com/jeopardy/usergames/Nov201047/game1290735981>.

Quizlet is a site that offers you a way to enter a set of data and then manipulate as a flashcard set, or share it online. It takes your word list and creates games and there are data sets already created that you can use or you can choose to create your own. Website: <http://quizlet.com/33157218/nutrition-flash-cards/.php>.

Classtools is a site that offers templates and interactive tools for your classroom, there are also graphic organizers, and other items that can help you make your lessons engaging for your students. Each game set makes 5 different games with one word list. Website: www.classtools.net/widgets/quiz_4/edcEV.htm



Lois Elaine (Hansen) Neumann, 57, of Granby, beloved wife for 24 years of Kurt and loving and proud mother of Carly and Amy, passed away on Saturday, June 14, 2014 at Hartford Hospital. Born in Hartford on March 7, 1957, Lois was raised in Granby and Canton. She graduated from Canton High School in 1975. A champion of education and learning, Lois's lifelong pursuit of knowledge included a Bachelor's degree from the University of Connecticut in 1979, a Master's degree in Consumer Economics from Cornell University in 1982, teaching certification, and the pursuit of a second Master's degree from the University of New England. Lois

taught Family and Consumer Sciences at Bloomfield High School for the past 11 years. She loved her students and supported them in every way she could. She was a tireless mentor, advocate and support network for her students, co-workers, family, friends and all who knew her. She excelled at everything she put her mind and hands to: cooking, sewing, reading, etc. She had an insatiable curiosity about the world and was an expert at facts and trivia alike. Lois's quick wit and sense of humor, willingness to help, and love of life made her the friend everyone should have. An accomplished quilter since college, Lois joyfully shared her passion and talent for quilting by teaching quilting classes and making and giving quilts. Whether donating quilts, participating in community events, supporting local committees, involving her students in volunteer service activities or sewing banners for the local church, Lois was an involved member of her community. She was always willing to lend a helping hand and was at her best when she was helping others. Most of all, Lois will be remembered as a loving wife and mother whose central focus and pride and joy were her two daughters. Besides her husband of 24 years, Kurt, she leaves two daughters, Carly Elizabeth of Cuba, NY and Amy Grace of Granby; her father, Frederick P. Hansen of Middle Haddam; a sister, Meg Cooley and her husband Ken of Farmington; a nephew, Ben Cooley of Farmington; two nieces, Sara Eggers and her husband Gary of Kansas City, MO and Jennifer Zanelli and her husband Troy of Meridian, ID; a special aunt whom she was named after, Lois Longley of Granby; a cousin Ed Longley and his family of Granby; many great nieces and nephews and a myriad of family and friends near and far. Her family will receive friends on Saturday, June 21, 3-7 p.m., at the Hayes-Huling & Carmon Funeral Home, 364 Salmon Brook Street, Granby. A memorial service will be held on Sunday, June 22, 2 p.m. at the First Congregational Church of Granby, 219 North Granby Road, Granby. Burial will be private in Granby Cemetery. Lois's family has requested that memorial donations be made to Connecticut Children's Medical Center, 282 Washington St., Hartford, CT 06106 or by visiting, www.connecticutchildrensfoundation.org or to St. Francis Foundation, Attn: NICU, 95 Woodland St., Hartford, CT 06105 or by visiting, www.saintfrancisdonor.com.

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➤ Teacher of the Year Application/Nomination	Awards Tab	March 15
➤ Professional of the Year Application/Nomination Form	Awards Tab	April 15
➤ Professional Development Application	Awards Tab	April 15
➤ Contact Information for Connecticut Affiliate Officers	Contact Tab	-